

University High School Senior Parent Coffee

Class of 2023

*Please visit the UHS Counseling Webpage by going to “Counseling” on the UHS Website or at <http://universityhigh.iusd.org/counseling> as well as the UHS Counseling Canvas page

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Please note that this alpha breakdown will be used for all senior student needs for the 2022-2023 school year

Important Websites/Resources

COLLEGE AND CAREER CENTER

Felicia Rohrer Ng– Coordinator (email: feliciang@iusd.org)

*Visit the College & Career Center website for information on colleges, UHS college visits, financial aid, scholarships and more. (<http://universityhigh.iusd.org/cc> or go to “Counseling” then “College & Career” on the UHS Website)

COLLEGE WEBSITES

- www.universityofcalifornia.edu (UC system)
- www2.calstate.edu (Cal State University system)
- www2.assist.org (Explore college majors at UC, Cal State, and Community Colleges)
- www.commonapp.org (Common Application)
- www.californiacolleges.edu (Links and resources for all Colleges and Universities in CA)

TESTING WEBSITES

SAT I Reasoning Test

*<http://www.collegeboard.com/>

SAT Test Date	Registration Deadline	Late Fee Deadline
Oct. 1	Sep. 2	Sept. 20
Nov. 5	Oct. 7	Oct. 25
Dec. 3	Nov. 3	Nov. 22

ACT Test

* <http://www.actstudent.org/>

ACT Test Date	Registration Deadline	Late Fee Deadline
Oct. 22	Sep. 16	Sept. 30
Dec. 10	Nov. 4	Nov. 11

*Please note that many universities are now test-optional and may not require SAT or ACT scores. If scores are required, students must send official test scores to colleges through these websites**

Financial Aid Websites:

<http://www.fafsa.ed.gov/> (application for financial aid)

<http://www.fastweb.com/> (scholarship search)

<http://www.calgrants.org/> (information on Cal Grants)

SENDING OFFICIAL TRANSCRIPTS

UC and CSU do not require transcripts until you have been accepted and plan to attend (final transcript only). For schools with a portal for counselors to upload information (i.e. CommonApp, Coalition, SendEDU, MIT, Georgetown, etc.) counselors will send your official transcript (make sure that you are inviting your counselor to upload your transcript in this scenario). If schools do not provide an option for counselors to submit transcripts for you, you will be responsible for sending your own transcript. Please either see Mrs. Buckland to obtain an official copy to be mailed or visit Parchment [here](#) to send electronically and track your transcript.

UNI High School Graduation Requirements

Credit Requirement – 215 credits

A semester course = 5 credits

Typically a student earns: 30 credits/semester; 60 credits/year

All students are required to complete the following:

- A. English – Forty (40) credits
- B. Social Science - Thirty (30) credits (Global/World, US History, Political Science, and Economics).
- C. Health – Five (5.0) credits
- D. Science - Twenty (20) credits
- E. Mathematics - Twenty (20) credits including Math 1.
- F. Physical Education - Twenty (20) credits
- G. Visual Performing Art - Ten (10) credits of either a visual or performing art OR World Language OR CTE (Career Technical Education)

College Eligibility Requirements

“a – g” MINIMUM Subject Requirements for UC/CSU schools

All students are required to complete the following requirements with a “C-” or higher in order to be UC / CSU eligible:

- A. History** - 2 years of history/social science, including:
 - 1 year of World History (Global)
 - 1 year of US History or ½ a year of US History and ½ a year of Civics (Econ) or Government (Poli. Sci.)
- B. English** – 4 years required of college preparatory English
- C. Mathematics** – 3 years required, 4 recommended including:
 - 1 year of Math 1, 1 year of Math 2, & 1 year of Math 3
- D. Science** – 2 years of laboratory science required, 3 years recommended including: 1 year of Biology & 1 year of Chemistry
- E. World Language** – 2 years required, 3 recommended
- F. Visual and Performing Art** – 1 year required
 - 1 yearlong Visual or Performing Art course
 - Examples: Dance, Drama, Art, Music, etc.
- G. College Preparatory Elective** – 1 year in addition to those required in “A – F” categories (i.e. History, Social Science, Math, World Language, etc.)

**** Please note that due to Covid-19, the CSU and UC systems have suspended the letter grade requirement for A-G courses completed between Spring 2020 through Summer 2021 for all students. A mark of “CR” in an A-G course from these terms will satisfy requirements.**

NEED HELP WITH YOUR COLLEGE APPLICATIONS?

Application Workshops: Get help with any of your college applications on Thursdays during office hours (9:50am-10:45am) with Ms. Rohrer Ng and a Counselor in the MPR

Thurs. Oct. 6	Thurs. Oct. 13	Thurs. Oct. 20
Thurs. Oct. 27	Thurs. Nov. 3	Thurs. Nov. 10
Thurs. Nov. 17		

CAL STATE UPDATES

<http://www2.calstate.edu/apply>

- Testing
 - CSU has suspended the use of ACT/SAT examinations in determining admissions
- Admissions
 - Graduates of California high schools will be eligible for admission by earning a 2.50 or greater “a-g” GPA
 - A GPA between 2.00 and 2.49 may be evaluated for admission based upon supplemental factors
 - Campuses and programs designated as impacted may utilize higher “a-g” GPA thresholds for applicants, as well as identify supplemental criteria in making admission decisions
- Credit/No Credit
 - CSU will consider course grades of “credit” or “pass” as fulfilling “a-g” requirements for those courses completed during Winter, Spring, Summer, or Fall 2020 and during Winter, Spring or Summer 2021 terms.
 - All other coursework must have a grade of C- or higher
 - Grades of credit/no credit will not be included in the calculation of high school GPA.

NON-IMPACTED CAMPUS	IMPACTED CAMPUS	ALL PROGRAMS IMPACTED
Will admit all <i>eligible</i> students *Some majors impacted	Local Region students admitted first *Out of region selected by EI Rank *Some majors impacted	Local region <i>not</i> guaranteed admission **pref. consideration for local region *ALL MAJORS IMPACTED
Bakersfield	Chico	Fresno
Channel Islands	East Bay	Fullerton
Dominguez Hills	Maritime	Long Beach
Humboldt	Monterey Bay	Los Angeles
Stanislaus	Northridge	San Diego
	Pomona	San Jose
	San Francisco	San Luis Obispo
	Sacramento	
	San Bernardino	
	San Marcos	
	Sonoma	

- This data comes from the 21-22 CSU admission cycle

UC INFORMATION

<http://universityofcalifornia.edu>

Statistics of UNI Acceptances to UCs - Class of 2022

UC Campus	Berkeley	Davis	Irvine	LA	Merced	Riverside	SD	SB	S. Cruz
Admits	38	44	61	26	23	73	35	54	27
Avg. GPA	4.41	4.28	4.35	4.50	3.96	4.06	4.43	4.35	4.04
GPA Range	3.88 - 4.75	3.51 - 4.57	3.70 - 4.69	4.20 - 4.69	3.15 - 4.57	3.26 - 4.69	4.05 - 4.64	3.36 - 4.75	3.37 - 4.57

COMPREHENSIVE REVIEW FACTORS

<https://admission.universityofcalifornia.edu/how-to-apply/applying-as-a-freshman/how-applications-are-reviewed.html>

- 1) **GPA** – Weighted, academic GPA in all completed "a-g" courses (10-11th grade for eligibility)
- 2) **QUALITY OF COURSES** - Number of, content of and performance in academic courses beyond the minimum "a-g" requirements.
- 3) **HONORS & AP COURSES** - Number of and performance in UC-approved honors and APs
- 4) **ELC** - Identification by UC as being ranked in the top 9 percent of your high school class at the end of your junior year (Eligible in the Local Context, or ELC).
- 5) **SENIOR YEAR COURSES** - Quality of your senior-year program as measured by the type and number of academic courses in progress or planned.
- 6) **QUALITY OF ACADEMIC PERFORMANCE** relative to the educational opportunities available in your high school.
- 7) **OUTSTANDING ACADEMIC PERFORMANCES** in one or more academic subject areas.
- 8) **OUTSTANDING ACADEMIC ACCOMPLISHMENTS** in one or more special projects in any academic field of study.
- 9) **IMPROVEMENT** - Recent, marked improvement in academic performance as demonstrated by academic GPA and the quality of coursework completed or in progress.
- 10) **SPECIAL TALENTS, ACHIEVEMENTS, AWARDS** in a particular field, such as visual and performing arts, communication or athletic endeavors; special skills, such as demonstrated written and oral proficiency in other languages; special interests, such as intensive study and exploration of other cultures; experiences that demonstrate unusual promise for leadership, such as significant community service or significant participation in student government; or other significant experiences or achievements that demonstrate the student's promise for contributing to the intellectual vitality of a campus.
- 11) **SPECIAL PROJECTS** - Completion of special projects undertaken in the context of your high school curriculum or in conjunction with special school events, projects or programs.
- 12) **OVERCOMING SPECIAL CIRCUMSTANCES** - Academic accomplishments in light of your life experiences and special circumstances.
- 13) **LOCATION** of your secondary school and residence.

Preparing for College and Career - Senior Year Checklist

Remember – Review your class schedule and make sure you will not be overwhelmed.

Continue to focus on your academic classes. **Yes! Senior grades count.**

September

Review class schedule, *double check graduation and college admissions requirements*. See your counselor if you have any concerns.
Sign up for and attend College Visits - contact Ms. Ng
Actively seek and apply for private and institutional scholarships.
Use Naviance College Match to find colleges.
Begin college applications. Set up username and login information.
Sign up for ACT, SAT if you plan to take them. *All testing should be completed by November. Some colleges will allow for the December test. **note: most schools are now test-optional or test-blind***
Begin/continue writing college essays.
Letters of recommendation: download Counselor Recommendation Packet on Canvas. Ask teachers for their process.

October

Create calendar and keep track of deadlines for applications and financial aid submissions.
Sign up for AP Exams (contact Ms. Ng with questions)
Start UC and CSU applications.
Continue editing your college essays. Have someone that doesn't know you well read it. What did he or she learn about you?
Continue to sign up for and attend College Visits - contact Ms. Ng
Research scholarships - visit the College & Career Center and CCC Website.
Early Decision/Early Action deadline is usually November 1st. Double check the college websites for specific deadlines. (Email completed counselor recommendation packet to your counselor by October 1 if applying EA/ED—including December 1 deadlines!)
Start reviewing financial aid. Visit the FAFSA website and apply for an FSA ID. Contact Ms. Ng in the College and Career Center for questions and information.

November

UC/CSU applications due November 30th - try to submit before Thanksgiving
Attend Application Workshops Thursdays during office hours with Ms. Ng and school counselors
If you need a counselor recommendation, email your completed packet by Nov. 12 for RD. **WE WILL NOT COMPLETE RECOMMENDATIONS OVER WINTER BREAK!**
Take SAT/ACT if you plan to; Send your ACT, SAT scores if you plan to. *Even if you sent your scores in 11th grade, re-send.*
Make sure you are taking care of yourself: exercise, eat healthy foods and get extra sleep. If you are feeling overwhelmed, talk to friends, parents and your counselor.

December

Last month to take SAT or ACT if you plan to submit your scores.
If you haven't already, send in your private school applications for Regular Decision - many are due January 1st
Continue reviewing financial aid options. Visit the FAFSA website and apply for an FSA ID. Contact Ms. Ng in the College and Career Center for questions and information.
Make time to relax over winter break.

January

If you were accepted for Early Decision, you must withdraw your remaining applications.

Continue applying for financial aid.

Counselors will complete mid-year reports, but remember to continuously check your email for any correspondence from colleges.

February

Send an official transcript of first semester senior grades, if not on common app. UC/CSU don't require unless you are specifically asked.

Focus on your academics. You only have one semester left!

Continue to apply for scholarships

Complete FAFSA - deadline is March 2, 2023!

Double check housing deadlines and requirements.

March

Continue to apply for housing and double check specific guidelines for each school.

Attend IVC, OCC or Saddleback Senior days.

Study for AP Exams.

April

Attend Community College night at UNI.

Update FAFSA once your tax returns are complete

Visit colleges you are considering over Spring Break

Return your intent to register to your chosen school before May 1, 2023!

May

Take AP Exams.

Complete Senior Survey through Naviance account

Take Placement test(s) at the college you are going to attend if required. (Your college will notify you via e-mail).

Double check qualifications with NCAA website if you want to play a sport in a 4-year college. Athletes must be certified by the NCAA.

June

Take Final Exams!

Graduation!!!

Send final transcript to UC/CSU or Non-Common App schools after final grades come out. Send your transcript through www.parchment.com or see Mrs. Buckland. (If you don't send your transcript you will be denied admission). Your counselor will send final transcripts for Common App schools.

California Community Colleges

Cost		
Local Community College Tuition*	Avg. California State University Tuition + Fees*	University of California Tuition + Fees*
\$1,146 per year	\$7,613 per year	\$15,352 per year

*Cost does not include room and board or books and supplies

* Promise Program = First Two Years Free for CA Residents*

Transfer-Ability

University of California

Transfer Admission Guarantee (TAG) Program:

6 UC campuses (see chart below) offer guaranteed admission to California community college students who meet the GPA and other guidelines specific to that campus, by participating in a TAG program.

GPA of Students Admitted to UC System (Non-Selective Majors)				
	High School (middle 25-75%)	Community College (average)	TAG Program?	TAG GPA
UC Berkeley	4.17 - 4.31	3.65-3.95		N/A
UC Davis	4.06 - 4.30	3.48	✓	3.2 - 3.5
UC Irvine	4.08 - 4.29	3.51	✓	3.4
UC Los Angeles	4.21 - 4.33	3.80-4.00		N/A
UC Merced	3.50 - 4.08	3.24	✓	2.8 - 3.0
UC Riverside	3.81 - 4.20	3.25	✓	2.7 - 3.3
UC San Diego	4.12 - 4.30	3.64		N/A
UC Santa Barbara	4.15 - 4.31	3.54	✓	3.4
UC Santa Cruz	3.94 - 4.25	3.35	✓	3.0

California State University Upper-Division Transfer Requirements

You will need at least 60 semester or 90 quarter transferable units completed by the time you enter a CSU. To make admission decisions, CSU admissions offices look at 3 factors:

- Your college grades
- The college coursework you have completed, especially in general education
- Whether you are in good standing at the last college or university you attended

IVC Information:

- IVC Information Night (TBD)
- IVC Freshman Advantage Program (Deadline: May 9, 2023)
- IVC counselor support
 - Irvine Valley College Counselor, Marcy Mendoza, is available to speak to you via telephone or online chat. She will be available in the College and Career Center for application help at lunch every other Monday starting September 19th. If you have any questions about your Matriculation, Transfer, K-12 Special Admissions, or

anything else please send an email to mmendoza94@ivc.edu. Mrs. Mendoza will then reply to you within 24-business hours to schedule an appointment.

○ **Please include the following in your email:**

- *Full name:*
- *IVC Student ID# (if you have one):*
- *High School:*
- *Short details of what you need support with:*

- No placement tests! Use transcript for placement. Ask your counselor for a copy if needed.

Promise Program

- Free tuition available for 2 years at California Community Colleges
 - Must be CA resident and first time college student
 - Must complete FAFSA or CA Dream Act Application
 - Must complete Promise Program application

Tips for Parents of College Bound Students about the College Application Process

● **Communicate**

- It is a family decision on several levels.
- Set limits at the beginning that are important to your family. (e.g. cost, distance from home, etc.)
- Be honest about your aims and aspirations for your child. Agree to disagree.

● **Be realistic**

- Look for the right fit. The *chemistry* between the child and the college is critical.
- Check many sources, especially on the internet. Go beyond *US News & World Report* and other media sources. Double check the accuracy of the information.

● **Be optimistic**

- This should be an exciting time for the family so embrace the experience and explore ALL options.

● **Be supportive and caring**

- Celebrate your child's accomplishments.
- Listen to what your child is saying. Listen to what your child is NOT saying (often fears are not verbalized).
- Let your child take ownership of the process. Find a comfortable place between running the college search process and remaining at a comfortable distance.
- **"We"** are not applying to college. Your child is. Remember this is your child's journey, not yours.

"A Plus Schools for B Students"

Below is a list of great colleges and universities that have high acceptance rates (above 60%) and strong ratings in the 2022 *US News Best Colleges* rankings. From *US News and World Report 2022*

Abilene Christian University (TX)	Michigan Technological U. (MI)	University of Illinois-Chicago (IL)
Adelphi University (NY)	Misericordia University (PA)	University of Iowa (IA)
Andrews University (MI)	Mississippi State Univ. (MS)	University of Kansas (KS)
Arizona State U. (AZ)	Montana State University (MT)	University of Kentucky (KY)
Auburn University (AL)	North Dakota State Univ. (ND)	University of Louisville (KY)
Belmont University (TN)	Nova Southeastern Univ. (FL)	University of Maine (ME)
Bethel University (MN)	Ohio University (OH)	U. of Maryland Baltimore County (MD)
Biola University (CA)	Oklahoma State University (OK)	U. of Mass-Boston (MA)
Bowling Green University (OH)	Oregon State University (OR)	U. of Mass- Lowell (MA)
Bradley University (IL)	Pace University (NY)	University of Mississippi (MS)
Chapman University (CA)	Quinnipiac University (CT)	University of Missouri (MO)
Chatham University (PA)	Regis University (CO)	U. of Nebraska - Lincoln (NE)
College of St. Scholastica (MN)	Robert Morris University (PA)	University of Nevada- Reno (NV)
Colorado State University (CO)	Samford University (AL)	U. of New Hampshire (NH)
DePaul University (IL)	Seattle University (WA)	U. of N. Carolina- Charlotte (NC)
DeSales University (PA)	Seton Hall University (NJ)	U. of N. Carolina- Wilmington (NC)
Duquesne University (PA)	Shenandoah University (VA)	University of North Dakota (ND)
Elon University (NC)	Simmons University (MA)	University of North Texas (TX)
Florida Atlantic University (FL)	St. John Fisher University (NY)	University of Oklahoma (OK)
Florida Inst. of Technology (FL)	St. John's University (NY)	University of Rhode Island (RI)
Florida Int'l University (FL)	SUNY- Albany (NY)	University of San Francisco (CA)
George Fox University (OR)	SUNY- Buffalo (NY)	University of St. Thomas (TX)
George Mason University (VA)	Tennessee Tech. University (TN)	University of St. Thomas (MN)
Gonzaga University (WA)	Texas Tech University (TX)	University of The Pacific (CA)
Grand Valley State Univ. (MI)	The Catholic U. of America (DC)	University of Toledo (OH)
Hofstra University (NY)	Thomas Jefferson Univ. (PA)	University of Vermont (VT)
Iowa State U. of Sci and Tech (IA)	U. of Alabama-Birmingham (AL)	U. of Wisconsin- La Crosse (WI)
Kansas State University (KS)	University of Arizona (AZ)	University of Wyoming (WY)
Lipscomb University (TN)	University of Arkansas (AR)	Valparaiso University (IN)
Louisiana State University (LA)	University of Cincinnati (OH)	Virginia Commonwealth U. (VA)
Louisiana Tech University (LA)	Univ. of Colorado-Boulder (CO)	Western Michigan Univ. (MI)
Loyola University of Chicago (IL)	University of Dayton (OH)	Western New England U. (MA)
Loyola Univ. New Orleans (LA)	University of Delaware (DE)	Wilkes University (PA)
Marquette University (WI)	University of Detroit Mercy (MI)	Xavier University (OH)
Mercer University (GA)	University of Hawaii-Manoa (HI)	
Miami University (OH)	University of Houston (TX)	
Michigan State University (MI)	University of Idaho (ID)	