



Freshman Parent Coffee Class of 2025

**A copy of this presentation and handout can be found on our website:
www.universityhigh.iusd.org/counseling**



MR. SCHOCH
A - Cho



MS. ADDESSI
Chr - Hil



MS. DEAN
Hin - Le



Meet the Counselors



MR. PERFETTO
Li - O



MRS. STRAUSHEIM
P - Sul



MRS. ADAMS
Sum - Z

Today's Agenda:

Graduation & a-g Requirements

Transcript Review

Sophomore Course Selection

Health and Wellness

Summer School Information

Naviance Overview

College & Career Resources

High School Diploma vs. “a-g” Requirements

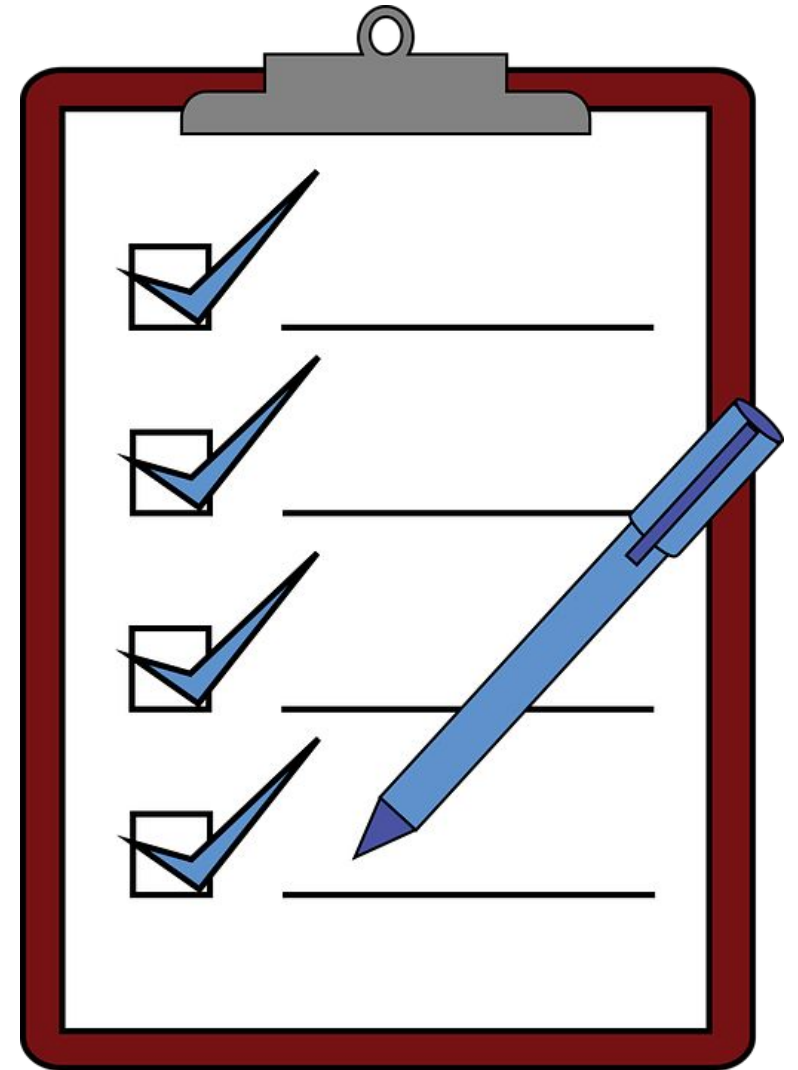
CONTENT AREA	<u>HS DIPLOMA REQUIREMENTS</u>	<u>a-g REQUIREMENTS</u>
Grade Requirement	D- or higher	C- or higher
English	4 years	4 years
Mathematics	2 years Must include Math 1	3 years required, (4 years recommended) <i>Requires successful completion of Math 3</i>
Science	2 years	2 years required, 3 recommended <i>1 year physical and 1 year biological science</i>
Social Science World History US History Economics Political Science	3 years (1 year) (1 year) (1 semester) (1 semester)	2 years (1 year) (1 year)
World Language/Fine Arts/CTE	1 year	2 years World Language (3 years recommended) <u>AND</u> 1 year Visual/Performing Arts
Physical Education	2 years	
Health	1 semester	
Electives	70 additional credits = 215 credits total	1 year from approved a-g course list

Transcript Review

Official Semester Grades

- January, June, and end of summer school

All grades appear on your students' transcript, even if they are repeated for a better grade!



Transcript Analysis

- “p” = College Prep
- * = Non-academic Course

Academic GPA = Only College Prep Courses
Total GPA = Non-academic AND College Prep Courses

Crs-ID	Course Title	Mark	Att/Cmp
Grade 9 Fall 2018-2019			
University High School			
p 1092	H English 1A	B	5.00 5.00
p 2322	Spanish 2A	A-	5.00 5.00
p 3049	Math IIA	B	5.00 5.00
* 4769	TS B Tennis Q2	A-	2.50 2.50
* 4924	OSS Quarter 1	A+	2.50 2.50
p 52635	NextGen Bio A	B	5.00 5.00
p 6268	H Globl Persp A	B	5.00 5.00
Credit Att: 30.00 Cmp: 30.00 AGPA: 3.2000			
Grade 9 Spring 2018-2019			
University High School			
p 1093	H English 1B	B	5.00 5.00
p 2323	Spanish 2B	B	5.00 5.00
p 3050	Math IIB	B	5.00 5.00
* 4774	TS B Tennis Q3	A-	2.50 2.50
* 4775	TS B Tennis Q4	A-	2.50 2.50
p 52636	NextGen Bio B	B-	5.00 5.00
p 6269	H Globl Persp B	B-	5.00 5.00
Credit Att: 30.00 Cmp: 30.00 AGPA: 3.0000			



	Weighted	Non-Wgtd
Academic GPA	3.1000	3.1000
Total GPA	3.2500	3.2500
Credit Attempted:	60.00	
Credit Completed:	60.00	

Transcript Analysis

Crs-ID	Course Title	Mark	Att/Cmp		
Grade 9 Fall 2018-2019					
University High School					
p 1092	H English 1A	B	5.00	5.00	
p 2012	French 1A	B	5.00	5.00	
p 3047	Math 1A	B	5.00	5.00	
* 4603	TS B Bsktbll Q1	A	2.50	2.50	
* 4604	TS B Bsktbll Q2	A	2.50	2.50	
p 52635	NextGen Bio A	C	5.00	5.00	
p 6268	H Globl Persp A	C	5.00	5.00	
Credit Att: 30.00 Cmp: 30.00 AGPA: 2.6000					
Grade 9 Spring 2018-2019					
University High School					
p 1093	H English 1B	B	5.00	5.00	
p 2013	French 1B	D	5.00	5.00	
p 3048	Math 1B	C	5.00	5.00	
* 4605	TS B Bsktbll Q3	A	2.50	2.50	
* 4606	TS B Bsktbll Q4	A	2.50	2.50	
p r 52636	NextGen Bio B	D	5.00	0.00	
p 6269	H Globl Persp B	C+	5.00	5.00	
Credit Att: 30.00 Cmp: 25.00 AGPA: 2.0000					
Grade 10 Summer 2018-2019					
p 5305	Biology B	A	5.00	5.00	
Credit Att: 5.00 Cmp: 5.00 AGPA: 4.0000					


- “r” = repeat
- Credits are pulled from GPA, but grade remains on transcript
- Repeated course now calculated into GPA
only D or F grades can be repeated for GPA improvement

What's Next?

Course
selections:
April 18th

Sophomore
Planning
Conferences

Sophomore Year Schedule

- **English** → (English 2, Honors English 2)
- **History** → (US History, AP US History)
- **Science** → (Next Gen. Chemistry, Honors Next Gen. Chemistry)
- **Math** → (Math 2, Math 3, Pre-Calc, etc.)
- **PE** (PE 2, Sport, Dance, Marching Band) **or Elective**
- **Elective** 

i.e. World Language, Visual/Performing Art, CTE
- **Optional open elective**

Open Electives

Adv. Theater Productions

UHS Choir

Canta Bella

Madrigals

UNlson Choir*

Pop/Rock Acapella Choir*

Drama 1, 2, and Adv.

Technical Theater and Adv.

Concert Orchestra

Philharmonic Orchestra

Symphonic Orchestra

Symphonic Band

Wind Symphony

Wind Ensemble

Marching Band

Color Guard

ASB

Journalism & Adv. Journalism

Photojournalism

Advanced Video Production

10th Grade Course Selection

AP US History

- **Prerequisites:** $\geq 88\%$ in Global Perspectives by the end of the 3rd quarter, and maintain a high level of achievement for the remainder of the course.
- Refer to the criteria for Honors/AP social science courses in the Course of Study

Honors English 2

- Based on performance in English 1, teacher recommendation, and student's goals
- Students should be speaking with their current English teachers regarding placement

Honors Chemistry-requires concurrent enrollment in Enhanced Math II or higher

- Greater than or equal to 85% on EOC
- 90% or higher in Next Gen Biology (both semesters) or 80% or higher in Honors Next Gen Biology (both semesters)
- Teacher Appraisal

**must meet 2 out of the 3 criteria listed*

School/Life Balance



- Time Management
 - Be careful not to overschedule yourself!
 - Consider rigor of courses, study time/homework, and other extracurricular activities
- Stress Management
 - Some stress is normal - know your limits!
 - We all experience stress in different ways
 - Coping Skills
- Sleep
 - Teenagers should get 8-10 hours of sleep

Personal and Social Resources

The following support is available on campus for all students



School Counselors

** see alpha breakdown **

Provides mental health and wellness, academic, and college and career support for all students



Project Success Support Specialist

Ariana Caronna

Provides small group counseling and individual support to build resiliency skills



Mental Health Specialists

Dr. Tohidian & Mrs. Kerr

Collaborate with school counselors to provide additional mental health support, crisis response services, and resource linkages to students and families

Personal and Social Resources

Family Resource Center

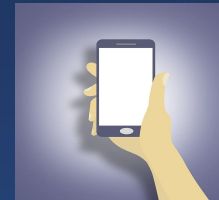
- Private Referrals
- Parent Enrichment Workshops
 - Offered through the Irvine Parent Education Program
- Short Term Mental Health Services
 - Space is limited

More info: iusd.org → Irvine Family Resource Center

Care Solace

- Concierge service for all IUSD families to connect with mental health services
- Connect with your counselor or Dr. Tohidian for a referral

What can you do if you have a concern about your student or another student?



Call us - we cannot help if we are not aware

The logo features the words "SAY SOMETHING" in large, bold, white letters inside a green speech bubble shape. Below it, in smaller white letters, is "ANONYMOUS REPORTING SYSTEM". Underneath the logo, the text "SEE IT. REPORT IT." is displayed in large, bold, white letters. At the bottom, a paragraph of smaller white text reads: "Say Something Anonymous Reporting System allows you to submit secure & anonymous safety concerns to help identify and intervene upon at-risk individuals BEFORE they hurt themselves or others." The entire graphic is set against a teal background with faint, stylized figures of people.

SAY SOMETHING
ANONYMOUS REPORTING SYSTEM

SEE IT. REPORT IT.

Say Something Anonymous Reporting System allows you to submit secure & anonymous safety concerns to help identify and intervene upon at-risk individuals BEFORE they hurt themselves or others.

CRISIS HOTLINES

1-800-273- TALK

1-877-7-CRISIS

Summer School

June 9- July 21

Summer School Options:

- **K-12 Summer Learning Recovery Academy**
 - Remediation courses
 - In-Person @ UHS
- **Acceleration and Enrichment Academy**
 - Graduation requirements (i.e. health, PE, art)
 - Virtual

Registration Information:

April 12-April 24 @8pm

(See IUSD.org for more info)

What to sign up for:

- **Remediation or Graduation Requirements**
- **An email will be sent from your student's counselor with recommended courses, needed for remediation, to sign up for in April**



UNIVERSITY
HIGH SCHOOL

TRANSLATE

TEXT SIZE A 15PX A

STAFF INTRANET

PARENT PORTAL

ABOUT

OUR STAFF

STUDENTS

PARENTS

ACADEMICS

ARTS

ATHLETICS



Find Naviance on the
“Students” tab

Alumni

Admission

Calendars & Events

Canvas

Library & Media Center

Naviance

Parking Lot Procedures

Seniors

Sword & Shield

Transcripts


Uni Vision



Naviance Sign-in Page

SIGN ON.

Welcome Student!



Login to Naviance

CONTINUE WITH SINGLE SIGN ON

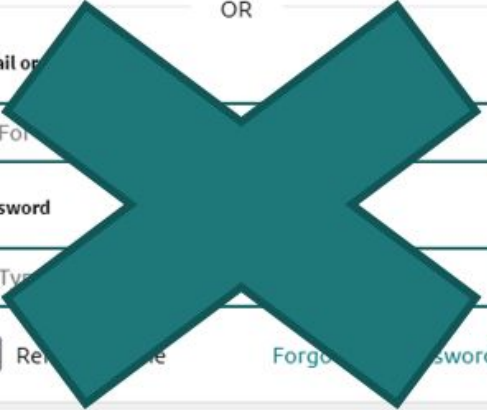
OR

Email or Phone Number

Password

☐ Remember me [Forgot Password?](#)

CONTINUE



Next, enter your IUSD username and password. Click Sign in.

IUSD Sign On Portal

Sign in with your organizational account

Sign in

**Continue with single
sign-in**

**Enter IUSD username
and PW**

Student

[Home](#)[Courses](#)[Colleges](#)[Careers](#)[About Me](#)[My Planner](#)

o Addressi!

Colleges



Type a college name



ABOUT ME

[Home](#)

DEMO ADDESSI

[My Account](#)[My Stuff](#)[My Assessments](#)[My Surveys](#)[Postsecondary Plans](#)Find assessments under the "About Me" tab

My Favorites



COLLEGES

I'm thinking about



COLLEGES

I'm applying to



COURSES

I'm thinking about



CAREERS AND CLUSTERS

I'm thinking about

e

Home Trojans! The UHS Counseling Department is excited about providing you Naviance! This program will allow you explore your future in a variety of ways. fun investigating!

[and more](#)

Student

[Home](#)[Courses](#)[Colleges](#)[Careers](#)[About Me](#)[My Planner](#)

Address!

Colleges



Type a college name

Complete Assessments[Back](#) **My Assessments**[Strengths Explorer](#)[Career Interest Profiler](#)[Career Cluster Finder](#)

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fun investigating!

[more](#)

My Favorites



COLLEGES

I'm thinking about



COLLEGES

I'm applying to



COURSES

I'm thinking about



CAREERS AND CLUSTERS

I'm thinking about

Naviance Assessments

- **Strengths Explorer*** - *9th grade student completed in class*
 - Uncover talents and reveal potential strengths.
- **Cluster Finder*** - *9th grade students completed in homeroom*
 - Discover what career clusters may be a good match based on activities that interest you, personal qualities, and subjects you enjoy studying.
- **Career Interest Profiler** - *students will complete in 10th grade*
 - Online career interest assessment based on Holland's Interest Codes



College and Career Center

- College visits
- Work permits
- Practice tests
- Naviance Assessment for 9th Graders
- Career speaker series
- UNI scholarship application
- College and Career Center monthly newsletters
- College and Career Center Website:
 - <https://universityhigh.iusd.org/ccc>



ANGELA GATLIN
College & Career
Coordinator
angelagatlin@iusd.org



Coastline ROP



- **Regional Occupational Program**
- **Free Career Technical Education Provider**
- **After-bell | Off-campus**
- **Flexible classes | YL or semester long**
- **Satisfies UC | CSU elective requirement**
- **Explore career paths & industry sectors**
- **Internships available to 16+**
- **Sample of courses for [Fall 2022](#)**
- **Fall 2022 [registration](#)**
- **Upcoming Sophomores**
- **Resources on [ROP Google classroom](#)**



Hasan Asrar
hasanasrar@iusd.org
1(949)936-7633
M-F 8:30-1:30pm

Stay Informed



Check the Counseling Class of 2025 Canvas Page



Follow us on Instagram @unicounselors



Visit universityhigh.iusd.org/counseling



Access Naviance



Make sure your email address is updated in Aeries!

Questions?

Please go to this link <https://forms.gle/g6e5V6Kw1znY8La48> or scan the QR code below to ask your question.

