UNIVERSITY HIGH SCHOOL ATHLETICS 2020 Summer Camps

University High School Athletics is proud to announce their annual Summer Skills Camp Programs. The University Athletic Department continues to credit much of its athletic success to its strong summer programs. Many of the Trojan athletic teams have captured league and CIF championships. This athletic opportunity comes from a strong commitment by both our athletes and our coaching staff. The camps are designed to teach skills in each sport as well as proper conditioning and strength techniques.

Summer Athletic Skills Camps are open to all University H.S. athletes, are purely recreational and completely voluntary. Daily attendance aids in development but is not required. Participation in the camps is not offered for credit and is not a prerequisite for equal access to participate in athletics during the school year. **Not all sports offered during the school year run summer programs.**

See the Full List of Summer Camps on p. 2

HOW TO PARTICIPATE

IMPORTANT NOTE: Until social distancing guidelines are lifted, this year's clearance and registration process will be completed online to avoid person to person contact and mitigate the spread of COVID-19.

STEP 1. Get Cleared. All students must be cleared by the Uni Athletics Office prior to participating in camp.

Clearance Instructions

- Beginning May 1, 2020 set up a 2020-2021 athlete account at <u>www.athleticclearance.com</u> & fill out all required information.
- Upload a Sports Physical dated <u>AFTER May 1, 2020</u> (IUSD-Required Physical Form available <u>online.</u>)
- Print the Confirmation Message, physically have both athlete and parent sign and date the form. Submit this form **prior** to the first day of camp using one of the following methods:
 - Option 1. Drop the form in the Athletics dropbox at the front desk in UHS's main office between 8a-2p Option 2. Email the signed form to meredithkohl@iusd.org
- Athletes must have "Cleared" status on www.athleticclearance.com for each sport they will be participating in. Detailed instructions are available at http://universityhigh.iusd.org/athletics.

STEP 2. Register & Pay for Camp. We will open registration online in the weeks to come. Please check the Uni Athletics home page for the precise date.

Registration Instructions

- Visit University High School's online <u>Webstore</u>. Navigate to the Webstore from *Uni's homepage***Universityhigh.iusd.org → STUDENTS dropdown → Webstore or from QUICKLINKS, select WEBSTORE.
- Review the instructions at the top of the Webstore home page to create an account or log in.
- In the "Product Categories" dropdown menu, select "Athletics" or use the search bar to select your sport.
- Complete the payment process. Payments must be made no later than the first day of camp.

IUSD does not discriminate in enrollment in or access to any athletics program available. Admission to these programs is based on age appropriateness, team roster space, aptitude and meeting academic and behavioral eligibility requirements. The lack of English skills shall not be a barrier to admission to or participation in the District's activities and programs. See Bd Policy 5145.5 Nondiscrimination for more information and who to contact.

^{**}Refunds will ONLY be issued if Summer Camps are cancelled.

University HS Athletic Summer Camps - 2020

INCOMING ATHLETES AND PARENTS ARE PROHIBITED FROM HAVING ANY CONTACT WITH COACHES PRIOR TO MAY 1st



ADDITIONAL INFORMATION MAY BE FOUND ON UNIVERSITY HIGH SCHOOL ATHLETICS WEBSITE

http://universityhigh.iusd.org/athletics

Baseball

Coach: Steve Hindman stevehindman@iusd.org

Cost: TBD

Dates: June 22 – July 17 (M-F)

Times: 1:00a – 4:00p

Location: UHS Baseball Fields

Basketball (Boys)

Coach: Beau Budde beaubudde@iusd.org

Cost: \$275

Dates: June 22 – July 24 (M-F) **Time:** Varsity: 7:30a – 10:00a Lower Levels: 10a-12p **OR** 12p-2:00p

Location: UHS Main Gym

Basketball (Girls)

Coach: Fidel Vargas fidelvargas@iusd.org

Cost: \$275

Dates: June 22 – July 23 (M-Th) Time: Varsity: 9:30a – 12:00p Lower Levels: 12:30p – 2:30p Location: UHS Small Gym

Cross Country

Coaches: Eric Davies (Boys)
ericdavies@iusd.org
Courtney Mosey (Girls)
courtneymosey@iusd.org

Cost: \$130 **Dates:** June 22 – July 27 (M–F)

Time: 6:30a – 8:30a

Location: Meet at UHS Racquetball courts

<u>Football</u>

Coach: Chris Hernandez chrishernandez@iusd.org

Cost: \$275

Dates: June 22 – July 24 (M-F) *No camp: July 6 – July 10

Time: 5:00p – 8:00p (4:30p – 6:30p F) **Location:** UHS Stadium Field

Lacrosse (Boys)

Coach: Andreas Gaynor andreasgaynor@iusd.org

Cost: \$175

Dates: July 13 – July 23 (M-Th)

Time: 8:00a – 10:00a

Location: UHS Stadium Field

<u>Lacrosse (Girls)</u>

Coach: Martin Stibolt martinstibolt@iusd.org

Cost: \$175

Dates: June 22 – July 2 (M-Th)

Time: 2:00p - 4:00p

Location: UHS Stadium Field

Soccer (Boys)

Coaches: Martin Carrington martincarrington@iusd.org Cole Fipps colefipps@iusd.org

Cost: \$175

Dates: June 22 - July 2 (M-Th)

Time: 8:00a – 10:00a Location: UHS Stadium Field

Tennis

Coach: John Kessler johnkessler@iusd.org

Cost: \$275

Dates: June 22 – July 23 (M-Th)

Times: 2:00p – 3:30p **OR** 3:30p – 5:00p

Location: UHS Tennis Courts

Volleyball (Boys)

TBD

Details will be posted online as soon as they are available.

Volleyball (Girls)

Coach: Garry Currier garrycurrier@iusd.org

Cost: \$225

Dates: June 22 – July 10 (M-F) **Times:** F/S: 1:00p – 3:00p

VR, JV, Returning F/S: 3:30p - 6:00p

Location: UHS Main Gym

Swim (Boys & Girls)

Boys Coach: Ryan Vande Wydeven ryanvandewydeven@iusd.org

Cost: \$275

Dates: July 6 – July 31 (M-Th) **Times:** 10:00a – 12:00p **Location:** UHS Pool

Water Polo (Boys & Girls)

Coach: Jesse Briggs jessebriggs@iusd.org

Cost: \$175

Dates: June 22 – July 17 **Boys:** M & W, **Girls:** T & Th **Time:** 6:30p – 8:30p

Location: UHS Pool, Weight Room

Wrestling

Coach: John Farah johnfarah@iusd.org

Cost: \$175

Dates: July 27 – Aug. 14 (M-F)

Time: 9:00a – 11:00a Location: UHS Small Gym

Soccer (Girls) Summer League

Optional & Open to All

Coach: Terryn Soelberg terrynsoelberg@iusd.org

Cost: \$250; paid by mailed check

Dates: July 15 – July 31

Game Start Times: 8a – 1p

Location: UHS Stadium & Field #5