University High School Junior Parent Coffee 2018

| Last Name | School Counselor | <u>Phone</u> | <u>Email</u> | |
|------------|--------------------|--|------------------------------|--|
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| Hua - Lee | Mrs. Krueger | 949-936-7613 | christinekrueger@iusd.org | |
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| Nas – Shen | Mrs. Strausheim | 949-936-7746 | angeliquestrausheim@iusd.org | |
| Sher - Z | Mrs. Adams (Grace) | 949-936-7634 <u>jamieadams@iusd.or</u> | | |

UNI High School Graduation Requirements

All students must complete 215 credits including the following with a "D" or better:

- A. History 3 years (30 credits): Global Perspectives, US History and Political Science/Economics
- **B.** English 4 years (40 credits)
- C. Math 2 years (20 credits) including Math I
- **D. Science** 2 years (20 credits)
- E. World Language OR Visual/Performing Art 1 year (10 credits)
- **F.** Physical Education 2 years (20 credits)
- **G.** Health 1 semester (5 credits)

UC/CSU College Eligibility Course Requirements

"A - G" MINIMUM Subject Requirements for CSU and UC schools

All students required to complete the following with a "C" or higher to be eligible:

- **A. History** 2 years including:
 - 1 year of World History (Global)
 - 1 year of US History or ½ a year of US History and ½ a year of Political Science
- B. English 4 years required of College Preparatory (CP) English
- **C. Mathematics** 3 years required, 4 recommended including:
 - 1 year of Math I, 1 year of Math II & 1 year of Math III
- **D. Science** 2 years of laboratory science required (1 year Life Sci. & 1 year Physical Sci.) 3 years recommended:

<u>CSU</u>: <u>UC</u>:

1 year of Earth Systems Science 1 year of Biology

1 year of Biology 1 year of Advanced Science (Chemistry, Physics, APES)

- **E. World Language** 2 years required, 3 recommended
- F. Visual or Performing Art 1 year required
 - 1 yearlong Visual or Performing Art course
 - (Examples: Dance, Drama, Art, Music, etc.)
- **G. College Preparatory Elective** 1 year required
 - 1 year in addition to those required in "A F."

(Examples: History, Social Science, Math, World Language, etc.)

NAVIANCE

- Counseling program to help students and parents with career and college planning
- Programs include:
 - Personality inventory
 - Career inventory
 - Resume builder
 - College search engine

COLLEGE & CAREER CENTER

- Angela Gatlin Coordinator (angelagatlin@iusd.org) (949) 936-7632
- Madison Thomsen ROP Coordinator (madisonthomsen@iusd.org) (949) 936-7633
- Visit http://www.universityhigh.org/ccc for important dates, college visits, scholarship info and more!

BOOKS

Fiske Guide to Colleges by: Edward Fiske

The best college guide you can buy that addresses the real issues of 175 of the best colleges.

Harvard Schmarvard by: Jay Matthews

Offers info on the top 100 outstanding but underappreciated colleges, surviving the application process and more.

Colleges that Change Lives by: Loren Pope

An analysis of 40 distinctive small colleges that seem to meet the needs of students quite well, none of which in CA.

Panicked Parents' Guide to College Admissions by: Sally Rubenstone and Sidonia Dalby

Full of realistic and practical tips regarding college selection, application and interviews.

Rugg's Recommendations on the Colleges by: Frederick E. Rugg

Provides the most comprehensive guide on recommended undergraduate programs in each major.

<u>What Colleges Don't Tell You (and Other Parents Don't Want You to Know)</u> by: Elizabeth Wissner-Gross Contains useful information from an "educational strategist" that assists parents in decoding the college admission process.

Acceptance Rates

*US News & World Report Fall 2016

Out of State Public Schools

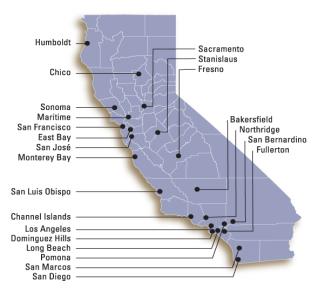
| School | Accept.Rate | | |
|--------------|-------------|--|--|
| Brown | 9% | | |
| Columbia | 6% | | |
| Cornell | 14% | | |
| Dartmouth | 11% | | |
| Duke | 9% | | |
| Georgetown | 16% | | |
| Harvard | 5% | | |
| MIT | 8% | | |
| NYU | 33% | | |
| Princeton | 7% | | |
| Rice | 14% | | |
| U of Chicago | 8% | | |
| U Penn | 9% | | |
| Yale | 6% | | |

Out of State Private Universities

| Accept.Rate |
|-------------|
| 83% |
| 25% |
| 51% |
| 56% |
| 61% |
| 76% |
| 84% |
| 67% |
| 66% |
| 29% |
| 78% |
| 26% |
| 39% |
| 45% |
| |

California Private Schools

| School | Accept. Rate |
|----------------------|--------------|
| Cal Tech | 8% |
| Chapman | 47% |
| Claremont McKenna | 9% |
| Concordia | 86% |
| Loyola Marymount | 51% |
| Occidental | 45% |
| Pepperdine | 38% |
| Pitzer College | 13% |
| Pomona College | 9% |
| Santa Clara | 49% |
| Stanford | 5% |
| Univ. of the Pacific | 65% |
| Univ. of San Diego | 52% |
| USC | 17% |



Cal State Universities (CSU)

Non-Impacted Campuses: Dominguez Hills, Channel Islands, Bakersfield, East Bay, Maritime, Stanislaus

<u>Local Campus:</u> Fullerton- No longer guaranteed admission

· CSU Website: www.calstate.edu/apply

· Eligibility Index: http://www.csumentor.edu/planning/high_school/cal_residents.asp

University of California (UC)

Statistics of UNI Acceptances for the Class of 2017

| UC Campus | Berkeley | Davis | Irvine | LA | Merced | Riverside | San Diego | SB | S. Cruz |
|-----------|----------|-------|--------|------|--------|-----------|-----------|------|---------|
| Admits | 46 | 58 | 97 | 40 | 22 | 80 | 86 | 80 | 64 |
| Avg. GPA | 4.43 | 4.1 | 4.1 | 4.4 | 3.72 | 3.85 | 4.23 | 4.1 | 3.9 |
| Avg. ACT | 34 | 34 | 33 | 35 | 29 | 30 | 34 | 33 | 31 |
| Avg. SAT | 1535 | 1440 | 1470 | 1550 | 1340 | 1350 | 1500 | 1380 | 1370 |

· UC Website: http://www.universityofcalifornia.edu/

Comprehensive Review Factors for UC Applicants:

- GPA

- Personal Statement

- Test Scores

- Extracurricular Activities

- A - G Courses

- Special Talents/Achievements/Awards

- AP/Honors Courses

- Family/Community Context (e.g. First Generation College)
- Quality of Senior Year Courses

Private Colleges/Universities

- <u>Letters of Recommendation</u> Students will need to fill out a *Counselor Recommendation Packet* (from the Counseling Office in Fall of senior year) and request letters of recommendation from teachers (give advanced notice and ask what materials they need)
 - https://www.commonapp.org (Common Application)

College Admission Testing

SAT I Reasoning Test & SAT II Subject Tests http://www.collegeboard.com/

SAT
Test DateTest OfferedRegistration
DeadlineMay 5SAT 1 & Subj. TestsApril 6June 2SAT 1 & Subj. TestsMay 3

ACT Test http://www.actstudent.org/

| ACT Test Date | Registration Deadline |
|------------------|--------------------------|
| April 14 | March 9 |
| June 9 | May 4 |
| July 14 | June 15 |

^{*}Combo SAT/ACT Practice Test at UHS on Sat. April 21st (registration is March 19th-30th at the SAC)

Community Colleges

- · For more info about transferring to a 4-Year University and TAG/TAP Programs visit:
 - IVC Transfer Center: http://students.ivc.edu/transfercenter/Pages/default.aspx
 - OCC Transfer Center: http://www.orangecoastcollege.edu/student_services/counseling/transfer_center/Pages/default.aspx

<u>Preparing for College and Career – Junior Year</u> What PARENTS Can Do:

- 1. Encourage your student to continue focusing on academic classes.
- 2. Support your student's extracurricular activities. Encourage to explore and pursue interests.
- 3. If your student is an athlete being recruited to 4-Year Colleges: Register with the NCAA online (www.eligibilitycenter.org) and check courses to make sure he/she is NCAA eligible.
- 4. Begin to discuss senior year class schedule:
 - Review transcripts with your student and ensure he/she finishes all requirements
 - o Consider Regional Occupational Program (ROP) classes
 - Remind your student to maintain strong academic courses
- 5. Help your student prepare for College Entrance Exams this Spring:
 - ACT or SAT Discuss what date he/she will take exam and sign-up online ASAP. We recommend testing in the Spring of Junior year – see dates above. Students can re-test in Fall 2016.
 - <u>SAT Subject Exams</u> Optional for UC admission. We still recommend taking Subject exams as each private school has different requirements; please double check with admissions websites.
 Sign-up online ASAP.
- 6. Research colleges and careers:
 - Discuss your student's interests, abilities and preferences.
 - o Utilize college resources (Naviance, online resources, College & Career Center)
 - Remember the fit is the most important factor.
 - Visit colleges and take campus tours (during Spring Break or Summer)
- 7. Discuss the cost of college and encourage him/her to start researching and applying for scholarships that are available. Have your student visit the College & Career Center website for more scholarship information.
- 8. Help your student plan summer activities: volunteer work, internships, jobs, community college classes, college visits, etc. Students can also begin brainstorming college essays, creating a resume, or starting Counselor Recommendation packets.