

University High School Senior Meeting 2018

****Please visit the UHS Counseling Webpage by going to “Academics” and then “Counseling”**

****If applying to Private Schools, pick up a Counselor Rec. Packet from Mrs. Coggins in the Counseling Office**

COLLEGE AND CAREER CENTER

Angela Gatlin – Coordinator (email: angelagatlin@iusd.org)

Visit the College & Career Center website for information on colleges, UHS college visits, financial aid, scholarships and more. (<http://www.universityhigh.org/ccc> or go to “Academics” and then “College and Career”)

COLLEGE WEBSITES

<http://universityofcalifornia.edu> (UC system)

<http://csumentor.edu> (Cal State University system)

www.assist.org (Explore college majors at UC, Cal State, and Community Colleges)

<https://www.commonapp.org> (Common Application)

<http://www.californiacolleges.edu/> (Links and resources for ALL Colleges and Universities in CA)

<http://www.collegeboard.com/> (Explore colleges, majors, careers and search for scholarships)

NAVIANCE

For data collection purposes, please add all colleges you are applying to your Naviance account.

- Login to Naviance (Username: 18lastnamefirstname). Password (9 digit permanent ID)
- Click on the “Colleges” tab then “Colleges I’m Applying To”
- Add ALL schools, including UC’s and CSU’s.

PRIVATE COLLEGES & LETTERS OF RECOMMENDATION

If you are applying to private schools and need a counselor recommendation letter:

- Pick up a “Counselor Recommendation Packet” from the Counseling Office
- Follow all instructions in the packet
- Once complete, schedule your letter of recommendation meeting with Mrs. Robles in the Counseling Office.

***If you are using the Common Application, counselors are submitting everything online. To ensure we are able to send a letter of recommendation on your behalf, please add your counselor’s information to your Common App account.**

- On your Common App account, click on “colleges” to assign recommenders
- Sign the FERPA (We recommend you waive your right to see your letter of recommendation)
- Include your counselor’s information (Title: Counselor, Email: firstnamelastname@iusd.org)

SENDING OFFICIAL TRANSCRIPTS

Pay for transcripts with Monica Yang in the Records Office or through www.parchment.com. (Send official transcripts directly to colleges). Cost is \$5.00 per transcript or \$5.25 on Parchment.

- You must bring your receipt showing payment of transcripts to your counselor recommendation meeting

TESTING WEBSITES

SAT I Reasoning Test and SAT II Subject Tests

***<http://www.collegeboard.com/>**

SAT Test Date	Registration Deadline	Late Fee Required
Oct. 7	Sep. 8	Sep. 19
Nov. 4	Oct. 5	Oct. 17
Dec. 2	Nov. 2	Nov. 14

ACT Test

*** <http://www.actstudent.org/>**

ACT Test Date	Registration Deadline	Late Fee Required
Oct. 28	Sep. 22	Oct. 6
Dec. 9	Nov. 3	Nov. 17

***You must send official test scores to colleges through these websites**

FINANCIAL AID WEBSITES

<http://www.fafsa.ed.gov/> (application for financial aid)

<http://www.fastweb.com/> (scholarship search)

<http://www.calgrants.org/> (information on Cal Grants)

Preparing for College and Career - Senior Year Checklist

Review your class schedule and make sure you will not be overwhelmed.

Continue to focus on your academic classes. **Yes! Senior grades count.**

September

- Review class schedule, *double check graduation and college admissions requirements*. See your counselor if you have any concerns.
- Sign up for and attend College Visits - see Ms. Gatlin.
- Actively seek and apply for private and institutional scholarships.
- Use Naviance College Match to find colleges that fit what you're looking for.
- Begin college applications. Set up username and login information.
- Sign up for ACT, SAT 1 and/or SAT subject tests. **All testing should be completed by November.**
- Begin/continue writing college essays.

October

- Letters of recommendation: Pick up your Counselor's Rec Packet from Mrs. Coggins in the Counseling Office. **If you are applying early decision or early action, complete this ASAP and make an appointment.**
- **Create calendar and keep track of deadlines for applications and financial aid submissions.**
- Start UC and CSU applications.
- Continue editing your college essays. Have someone that doesn't know you well read it. What did he or she learn about you?
- Continue to sign up for and attend College Visits - see Ms. Gatlin
- Research scholarships - visit the College & Career Center.
- **Early Decision/Early Action deadline is usually November 1st.** Double check the college websites for specific deadlines.
- **Financial Aid Night - Oct. 26 6:00-8:00 PM (MPR)**
- **Mock Admissions Workshop - Oct. 30 6:00-8:00 PM (MPR)**

November

- **UC/CSU applications due November 30th - try to submit before Thanksgiving**
- **Attend Application Workshops Wednesdays afterschool with Ms. Gatlin in the MPR.**
- If you need a letter of recommendation from teachers or your counselor make an appointment. **WE WILL NOT WRITE LETTERS OVER WINTER BREAK!**
- Send your transcript to the colleges through www.parchment.com.
- **Take SAT/ACT - Nov is last month for many colleges - check deadlines!**
- Send your ACT, SAT 1 and SAT 2 tests scores to all schools you are applying to. *Even if you sent your scores in 11th grade, re-send.*
- Make sure you are taking care of yourself: exercise, eat healthy foods and get extra sleep. If you are feeling overwhelmed, talk to friends, parents and your counselor.

December

- **Last month to take SAT or ACT. We recommend you complete your testing in November, if possible.**
- **If you haven't already, send in your private school applications for Regular Decision - many are due January 1st**
- Start reviewing financial aid. Visit the FAFSA website and apply for a pin number. Contact Ms. Gatlin in the College and Career Center for questions and information.
- Make time to relax over winter break.

January

- Send SAT/ACT scores you took in Dec.
- If you were accepted for Early Decision withdraw your application from remaining colleges.
- Begin applying for financial aid.
- **Counselors will complete mid-year reports, but remember to continuously check your email for any correspondence from colleges.**

February

- **Send an official transcript of first semester senior grades, if required. UC/CSU don't require unless you are specifically asked.**
- Focus on your academics. You only have one semester left.
- Sign up for AP Exams.
- Continue to apply for scholarships
- **Complete FAFSA - deadline is March 1, 2017!**
- Sign up for IVC and OCC placement exams with Ms. Gatlin, in the College/Career Center. The tests are given here at UNI.
- Double check housing deadlines and requirements.

March

- Continue to apply for housing and double check specific guidelines for each school.
- Take IVC and OCC Placement exams.
- Attend IVC, OCC or Saddleback Senior days.
- Study for AP Exams.
- Attend Career Speaker Series to learn about various occupations.

April

- Attend Community College night at UNI.
- Update FAFSA once your tax returns are complete
- Visit colleges you are considering over Spring Break - attend Admit Days.
- **Return your intent to register to your chosen school before May 1, 2018!**

May

- Take AP Exams.
- Complete Senior Survey through Naviance account
- Take Placement test(s) at the college you are going to attend. (Your college will notify you via e-mail).
- Double check qualifications with NCAA website if you want to play a sport in a 4-year college. Athletes must be certified by the NCAA.

June

- Take Final Exams!
- Graduation!!!
- **Send final transcript to the school you will be attending in the fall after final grades come out. Send your transcript through www.parchment.com (If you don't send your transcript you will be denied admission).**

NEED HELP WITH YOUR COLLEGE APPLICATIONS?

Application Workshops: Get help with any of your college applications afterschool on Wednesdays from 2:30-3:30 in the MPR. Ms. Gatlin will be there:

Wed Oct. 11

Wed Oct. 18

Wed Oct. 25

Wed Nov. 1

Wed Nov. 8

Wed Nov. 15

CAL STATE INFORMATION

www.csumentor.edu

- California residents need a minimum ELIGIBILITY INDEX (EI) of **2900** using the SAT combined score for critical reading and math sections or **694** using the ACT.
- Impacted Campuses will have higher Eligibility Indexes for out of region students, and Impacted Programs will have higher Eligibility Indexes for students applying to those programs
- You should compute your GPA using grades earned in "a-g" courses completed in 10th and 11th grade.

HOW TO CALCULATE YOUR ELIGIBILITY INDEX (EI)

SAT Scores:	ACT Scores:
(Your GPA) x 800 + Your SAT Total	(Your GPA) x 200 + (10 x ACT Comp)
>>> My index is:_____	>>> My index is:_____

IMPACTED – More eligible students than enrollment spaces available – select by EI rank

NON-IMPACTED CAMPUS	IMPACTED CAMPUS	ALL PROGRAMS IMPACTED
will admit all <i>eligible</i> students Minimum EI 2900 or 694 *Some majors impacted	Local Region students admitted first *Out of region selected by EI Rank *Some majors impacted	Local region <i>not</i> guaranteed admission *pref. consideration for local region *ALL MAJORS IMPACTED
Bakersfield (3.2 GPA)	Chico (3.4 GPA) (3400 min.)	Fresno (3.33 GPA) (3800 min.)
Channel Islands (3.22 GPA)	Humboldt (3.2 GPA) (N/A)	Fullerton (3.53 GPA) (3450/826 min.)
Dominguez Hills (3.12 GPA)	Los Angeles (3.19 GPA) (3134/752 min.)	Long Beach (3.5 GPA) (3200 min.)
East Bay (3.1 GPA)	Monterey Bay (3.3 GPA) (N/A)	San Diego (3.7 GPA) (4000+)
Maritime (3.36 GPA)	Northridge (3.2 GPA) (N/A)	San Jose (3.38 GPA) (3900/940 min.)
Stanislaus (3.36 GPA)	Pomona (2.9 out of 4.0 GPA) (3820 avg.)	San Luis Obispo (3.92 GPA) (N/A)
	Sacramento (3.27 GPA) (3568/861 min.)	
	San Bernardino (3.23 GPA) (N/A)	
	San Francisco (3.2 GPA) (3200/817 avg.)	
	San Marcos (3.19 GPA) (3700/844 avg.)	
	Sonoma (3.22 GPA) (3200 min.)	

- The CSU eligibility indexes from above are all averages from 2016

UC INFORMATION

<http://universityofcalifornia.edu>

Statistics of UNI Acceptances to UCs - Class of 2017

UC Campus	Berkeley	Davis	Irvine	LA	Merced	Riverside	SD	SB	S. Cruz
Admits	46	58	97	40	22	80	86	80	64
Avg. GPA	4.43	4.10	4.10	4.40	3.72	3.85	4.23	4.01	3.90
GPA Range	4.57 – 3.88	4.48 – 3.43	4.57 – 3.14	4.57 – 4.07	4.33 – 3.02	4.40 – 3.05	4.57 – 3.86	4.51 – 3.54	4.47 - 3.28
Avg SAT	1540	1440	1470	1550	1340	1350	1500	1380	1370
SAT Range	1600-1320	1600-1020	1600 – 1130	1600 – 1450	1540 – 1140	1570 – 1020	1600 – 1280	1600 – 1200	1550 - 1120
Avg ACT	34	34	33	35	29	30	34	33	31
ACT Range	36 - 31	36 - 23	36 - 19	36 - 32	35 -19	35 - 19	36 - 30	36 - 25	36 - 25

14 COMPREHENSIVE REVIEW FACTORS

<http://www.universityofcalifornia.edu/admissions/freshman/how-applications-reviewed/index.html>

- 1) **GPA** – Weighted, academic GPA in all completed "a-g" courses (10-11th grade for eligibility)
- 2) **TEST SCORES** - Scores on the ACT w/ Writing or SAT Reasoning Test. (SAT Subject Tests are not required but are recommended by some majors on some campuses. Go to: <http://www.universityofcalifornia.edu/admissions/freshman/requirements/examination-requirement/SAT-subject-tests/index.html> for each campus' recommendations)
- 3) **QUALITY OF COURSES** - Number of, content of and performance in academic courses beyond the minimum "a-g" requirements.
- 4) **HONORS & AP COURSES** - Number of and performance in UC-approved honors and AP's
- 5) **ELC** - Identification by UC as being ranked in the top 9 percent of your high school class at the end of your junior year (Eligible in the Local Context, or ELC).
- 6) **SENIOR YEAR COURSES** - Quality of your senior-year program as measured by the type and number of academic courses in progress or planned.
- 7) **QUALITY OF ACADEMIC PERFORMANCE** relative to the educational opportunities available in your high school.
- 8) **OUTSTANDING ACADEMIC PERFORMANCES** in one or more academic subject areas.
- 9) **OUTSTANDING ACADEMIC ACCOMPLISHMENTS** in one or more special projects in any academic field of study.
- 10) **IMPROVEMENT** - Recent, marked improvement in academic performance as demonstrated by academic GPA and the quality of coursework completed or in progress.
- 11) **SPECIAL TALENTS, ACHIEVEMENTS, AWARDS** in a particular field, such as visual and performing arts, communication or athletic endeavors; special skills, such as demonstrated written and oral proficiency in other languages; special interests, such as intensive study and exploration of other cultures; experiences that demonstrate unusual promise for leadership, such as significant community service or significant participation in student government; or other significant experiences or achievements that demonstrate the student's promise for contributing to the intellectual vitality of a campus.
- 12) **SPECIAL PROJECTS** - Completion of special projects undertaken in the context of your high school curriculum or in conjunction with special school events, projects or programs.
- 13) **OVERCOMING SPECIAL CIRCUMSTANCES** - Academic accomplishments in light of your life experiences and special circumstances.
- 14) **LOCATION** of your secondary school and residence.

Rocketing Past the Blunders

By Marc Silver

Some College Application Tips from US News and World Report

1. **Sanitize your email address.** Spicychick@gmail is not a good choice. You can't go wrong with your name; it helps colleges find your records.
2. **Keep nicknames private.** Some schools ask what you'd like to be called. They don't mean "Peanut;" they want to know if you go by "James" instead of "Jae Yoon."
3. **Follow Directions.** If a school says it wants letters of recommendations from 11th and 12th grade teachers only, that's what they want.
4. **Recruit enthusiastic recommenders.** Find those who will sing your praises with gusto.
5. **Extracurricular Activities: Don't overdo it.** Be honest about your hours because they will wonder when you have time for school or sleep.
6. **Shun jargon.** What's FBLA or SAC Liaison? Explain acronyms of clubs and titles.
7. **Explain changes.** Explain why you quit your sport after two years or are no longer in Band.
8. **Know thy college.** In an interview or essay say something specific about the school, a noted professor who teaches a subject you're interested in, internship opportunities at a neighboring medical center, etc.
9. **Keep schools straight.** Check over your essays to make sure you haven't specified wrong schools.
10. **Think twice before tugging at heartstrings.** You're not going to be admitted because your parent lost a job, or you had to move schools. Unless you can use a sorrowful story to reveal something about yourself, it is a tale best not told.
11. **Keep it clean.** Admissions officers view profanity as a deliberate attempt to be noticed and not in a good way.
12. **Schools H8 2 C text talk.** Make sure you are using proper English and not abbreviations or text talk.
13. **Explain easy courses.** You took Honors English through 10th grade then slid down to CP. Explain how you "wanted to focus on your real love – science."
14. **Own up to bad behavior.** Don't lie about school punishments/suspensions. The school is duty bound to report discipline issues. What does matter is your take on the experience. Accept responsibility; show contrition or lessons learned.
15. **Optional essays aren't optional.** Take advantage of them and don't opt out. They could be the place to explain bad grades or other glitches in your resume.
16. **Be electronically savvy.** Check email daily. If colleges don't send confirmation emails, email them after a week to see if they received your application.
17. **Handwriting counts.** If applying on paper, make sure they can read your handwriting.
18. **Don't assume your counselor will handle it.** Counselors are not always included in the correspondence so let counselors know if anything is missing on their part.
19. **Don't be cocky.** Don't assume you are a lock ANYWHERE.
20. **Eschew artiness.** College deans will surely groan if your essay is a poem.

TIPS FOR YOUR COLLEGE ESSAY

1. **ANSWER THE QUESTION** – Make sure you address all parts of the prompt.
2. **BE YOURSELF AND BE THE STAR** – Admissions officers want to hear *your* voice, see *your* writing ability and learn about YOU. They want to know your thoughts, feelings and what you took away from your experience. Avoid “thesaurizing” your essay. Think of it as a journal entry with good grammar and spelling.
3. **SPELLING AND GRAMMAR DO COUNT** – Make sure you type your essays in Microsoft Word where you can spell-check it first. Have someone else read and revise it and then copy and paste the final draft into the application. Do not write your essay in the application – there is no spell-check.
4. **BE ORIGINAL** – Try to avoid clichés and quotes. Divorces, grandparents’ deaths, winning the big game, or break-ups tend to be common topics. Try to write about something unique to only you.
5. **CONSIDER A SMALLER CANVAS** – It doesn’t take a big event to write a compelling essay. One student wrote about how he got to know his patrons serving them breakfast at his weekend job, while another student wrote about why an Iron Maiden poster graces her bedroom wall.
6. **APPEAL TO THE 5 SENSES** – Use imagery and clear vivid prose to paint a picture or set the stage.
7. **PROVE IT** – If you want to convey that you are a leader, or determined, or motivated – PROVE IT! Give specific, detailed examples of actions – demonstrate how you showed leadership or what you did to persevere. Then make sure to express what you took away from the experience
8. **GRAB YOUR READER** – Admissions officers read thousands of essays, so grab their interest right away with an intriguing introduction. Raise questions, appeal to their emotions, make them want to keep reading. Here are some examples of interesting first lines (these are actual first lines from essays of students admitted to Stanford):

- *Some fathers might disapprove of their children handling noxious chemicals in the garage.*
- *I change my name each time I place an order at Starbucks.*
- *I'll never forget the day when my childhood nightmares about fighting gigantic trolls in the Lord of the Rings series became a reality. Sword in hand and clad in medieval samurai armor, I dragged myself into the battleground as I faced my opponent, a warmongering giant.*

CA Community College Transfer Programs

Cost

Community College Tuition*	California State University Tuition*	University of California Tuition*
\$1,326 per year	\$5,742 per year	\$13,900 per year

*Cost does not include room and board or books and supplies

Transfer-Ability

- University of California**

Transfer Admission Guarantee (TAG) Program:

6 UC campuses (see chart below) offer guaranteed admission to California community college students who meet the GPA and other guidelines specific to that campus, by participating in a TAG program.

Average GPA of Students Admitted to UC System (Non-Selective Majors)				
	High School	Community College	TAG Program?	TAG GPA
UC Berkeley	4.22	3.77		N/A
UC Davis	4.10	3.48	✓	3.2-3.3
UC Irvine	4.07	3.51	✓	3.4
UC Los Angeles	4.21	3.71		N/A
UC Merced	3.67	3.24	✓	2.8-3.0
UC Riverside	3.80	3.25	✓	3.0-3.2
UC San Diego	4.15	3.64		N/A
UC Santa Barbara	4.08	3.54	✓	3.2-3.4
UC Santa Cruz	3.90	3.35	✓	N/A

California State University Upper-Division Transfer Requirements

You will need at least 60 semester or 90 quarter transferable units completed by the time you enter a CSU. To make admission decisions, CSU admissions offices look at 3 factors:

- Your college grades
- The college coursework you have completed, especially in general education
- Whether you are in good standing at the last college or university you attended

COMMUNITY COLLEGE INFORMATION

“Community College Information Night” (Date TBD)

IVC Freshman Advantage Program

IVC and OCC Placement Testing:

- Testing will take place at UHS in February/March 2017 (Dates TBD)
- See Ms. Gatlin in January/February for exact dates, locations, and to sign up
- Tests will be in English and Math. Study and review math as this test will determine what level of math class you can take.

Senior Days:

- IVC Senior Day: March 2017 (Date TBD)
- OCC Senior Day: March 2017 (Date TBD)

Saddleback Senior Day: March 2017 (Date TBD)

