



9th Grade Guidance Lesson



MR. SCHOCH
A - Dan



MS. ADDESSI
Dao - Jon



MRS. JACOBSON
Ju - Mel



Meet your Counselors



MRS. STRAUSHEIM
Mem - Sc



MRS. ADAMS
Se - Z



MS. KENNEY

When Can I See My Counselor?

Counselors are available on a **walk-in basis** before school, during snack, lunch, or after school

See Ms. Cochran if you'd like to schedule an appointment with your counselor →



How Your Counselor Can Help

ACADEMIC PLANNING

Is it good to ask your friends for advice?

COLLEGE/CAREER PLANNING

Letters of recommendation, Standardized Testing Information

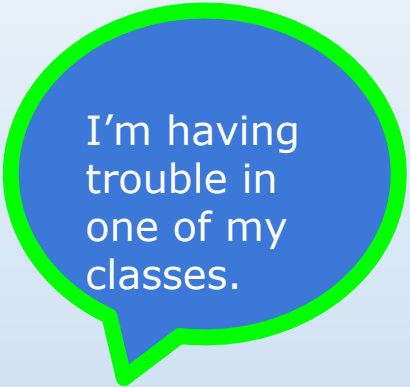
PERSONAL/SOCIAL SUPPORT

Mental Health, Confidentiality, Resource Referral

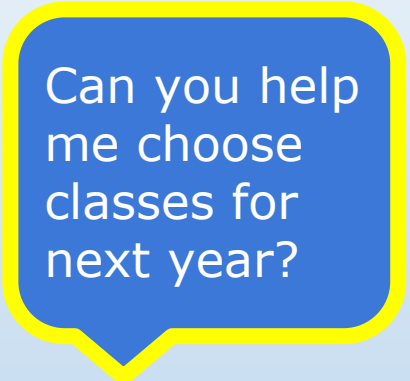
ASSIST WITH QUESTIONS

PARENT PRESENTATIONS AND MEETINGS

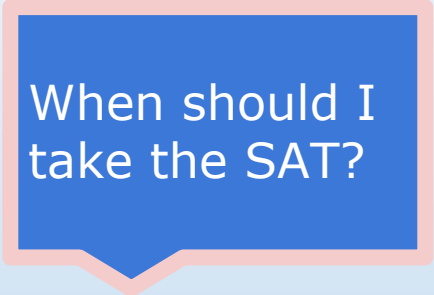
What Questions Do You Have?




I'm having trouble in one of my classes.



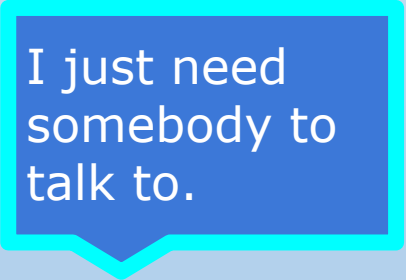
Can you help me choose classes for next year?



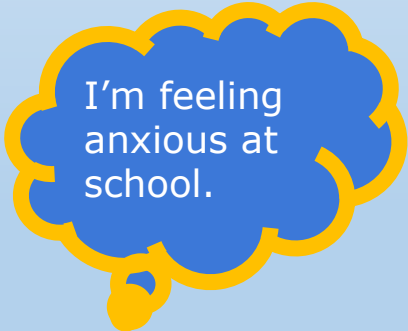
When should I take the SAT?



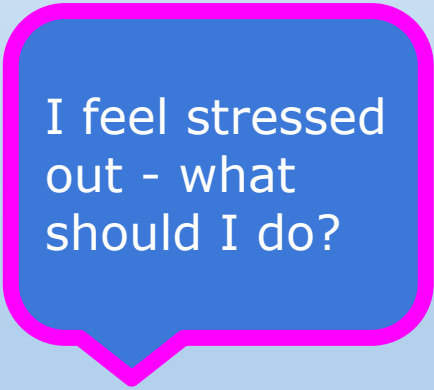
I am having a hard time at home.



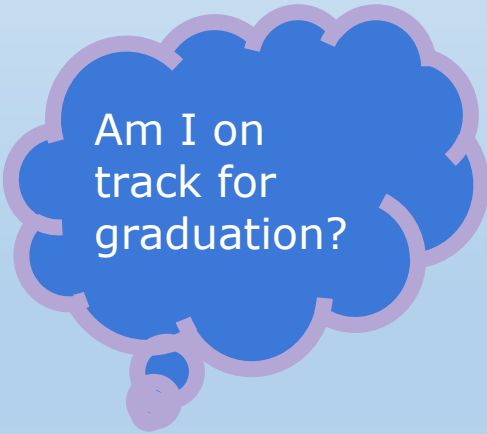
I just need somebody to talk to.



I'm feeling anxious at school.



I feel stressed out - what should I do?



Am I on track for graduation?

Your counselor can help!

Health and Wellness

- Balance
- Stress Management
 - Some stress is normal - know your limits!
 - We all experience stress in different ways
 - Ways to cope with stress - challenge vs. threat response
- Sleep
- Mental Health
 - Sadness vs. Depression

If you feel like you need help with anything related to your health and wellness, see your counselor - we can help!

Earning High School Credits

How many credits will you get for passing a class for one semester?

5 Credits

What is the minimum grade needed to pass a class?

“D-”. An “F” receives no credit

A student taking 6 classes per year...

6 Classes x 5 Credits per semester = 30 credits per semester

2 Semesters x 30 credits per semester = 60 credits per year

60 credits x 4 years = 240 credits possible



High School Diploma vs. “a-g” Requirements		
CONTENT AREA	<u>HS DIPLOMA REQUIREMENTS</u>	<u>a-g REQUIREMENTS</u>
Grade Requirement	D- or higher	C- or higher
English	4 years	4 years
Mathematics	2 years Must include Math 1	3 years required, (4 years recommended) <i>Requires successful completion of Math 3</i>
Science	2 years	2 years required, 3 recommended <i>1 year physical and 1 year biological science</i>
Social Science World History US History Economics Political Science	3 years (1 year) (1 year) (1 semester) (1 semester)	2 years (1 year) (1 year)
World Language/Fine Arts/CTE	1 year	2 years World Language (3 years recommended) <u>AND</u> 1 year Visual/Performing Arts
Physical Education	2 years	
Health	1 semester	
Electives	70 additional credits = 215 credits total	1 year from approved a-g course list

Academic Eligibility for a UC/CSU school



Meet the “a-g” Requirements

Take the SAT/ACT Exam

GPA Requirement:

UC: 3.0 Minimum/ CSU: 2.0 Minimum

Grade Point Average (GPA)

A = 4.00 worth 4 points

B = 3.00 worth 3 points

C = 2.00 worth 2 points

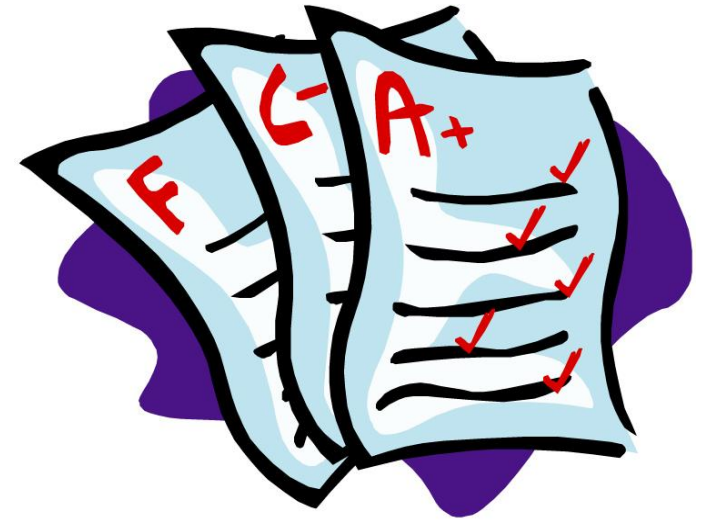
D = 1.00 worth 1 point

F = 0.00 worth 0 points

- Add them up and divide by total grades
- All AP courses, some Honors courses (Enhanced Math 3 and 4, Chemistry, and a 4-year of your World Language are weighted



What's my GPA?



English	A
Math	B
History	A
Spanish	C
Chemistry	D
P.E.	A

Total GPA

Total points (18)/Total
classes (6)=

3.0

Transcript Review

Official Semester Grades

- January, June, and end of summer school

All grades appear on your transcript, even if you repeat for a better grade!



Crs-ID	Course Title	Mark	Att/Cmp	Crs-ID	Course Title	Mark	Att/Cmp
Grade 9 Fall 2016-2017				p 5303	Biology A	5.00	0.00
University High School				p 5305	Biology B	5.00	0.00
p r 1073	English 1A	D+	5.00 0.00	p 6311	US History A	5.00	0.00
p 2312	Spanish 1A	A-	5.00 5.00	p 6312	US History B	5.00	0.00
p 3047	Math IA	B	5.00 5.00	9820	Homeroom	0.00	0.00
* 4013	PE Coed A	A	5.00 5.00	9820	Homeroom	0.00	0.00
p 5708	EarthSys Sci A	C	5.00 5.00	* 9857	No Per 0	0.00	0.00
p 6250	Global Persp A	C-	5.00 5.00	* 9857	No Per 0	0.00	0.00
Credit Att: 30.00 Cmp: 25.00 AGPA: 2.7500				Total Credit: 57.50			

Grade 9 Spring 2016-2017			
University High School			
p 1075	English 1B	C	5.00 5.00
p 2313	Spanish 1B	B+	5.00 5.00
p 3048	Math IB	C-	5.00 5.00
* 4716	TS Track Q3	A	2.50 2.50
* 4717	TS Track Q4	A	2.50 2.50
p 5709	EarthSysSci B	C	5.00 5.00
p 6252	Global Persp B	C-	5.00 5.00

Credit Att: 30.00 Cmp: 30.00 AGPA: 2.2000			
Grade 10 Summer 2016-2017			
Woodbridge Summer School			
p 1082	English 1C	B	5.00 5.00

Credit Att: 5.00 Cmp: 5.00 AGPA: 3.0000			
--WORK IN PROGRESS--			
University High School			

p 1103	English 2A		5.00 0.00
p 1104	English 2B		5.00 0.00
p 2322	Spanish 2A		5.00 0.00
p 2323	Spanish 2B		5.00 0.00
p 3049	Math IIA		5.00 0.00
p 3050	Math IIB		5.00 0.00
* 4716	TS Track Q3		2.50 0.00
* 4717	TS Track Q4		2.50 0.00
* 4925	OSS Quarter 2		2.50 0.00

Course Tags: * = Non Academic + = Honors (weighted) p = College Prep r = Repeated																																																																			
<div>Weighted Non-Wgtd</div> <div>Acad GPA (9-12) 2.5000 2.5000</div> <div>Acad GPA (10-12) 3.0000 3.0000</div> <div>Total GPA (9-12) 2.7500 2.7500</div> <div>Credit Attempted: 65.00</div> <div>Credit Completed: 60.00</div>		<div>CREDIT SUMMARY</div> <table><thead><tr><th>Subject Area</th><th>Credit Req'd</th><th>Compl</th><th>Needed</th></tr></thead><tbody><tr><td>English</td><td>40.00</td><td>10.00</td><td>30.00</td></tr><tr><td>Algebra 1</td><td>10.00</td><td>10.00</td><td>-</td></tr><tr><td>Mathematics</td><td>10.00</td><td>-</td><td>10.00</td></tr><tr><td>Life Science</td><td>5.00</td><td>-</td><td>5.00</td></tr><tr><td>Physical Science</td><td>5.00</td><td>5.00</td><td>-</td></tr><tr><td>Science Electives</td><td>10.00</td><td>5.00</td><td>5.00</td></tr><tr><td>American Govt.</td><td>5.00</td><td>-</td><td>5.00</td></tr><tr><td>U.S. History</td><td>10.00</td><td>-</td><td>10.00</td></tr><tr><td>Health</td><td>5.00</td><td>-</td><td>5.00</td></tr><tr><td>Physical Education</td><td>20.00</td><td>10.00</td><td>10.00</td></tr><tr><td>Lang Fine Arts CTE</td><td>10.00</td><td>10.00</td><td>-</td></tr><tr><td>World Cultures</td><td>10.00</td><td>10.00</td><td>-</td></tr><tr><td>Economics</td><td>5.00</td><td>-</td><td>5.00</td></tr><tr><td>General Electives</td><td>70.00</td><td>-</td><td>70.00</td></tr><tr><td>* TOTALS *</td><td>215.00</td><td>60.00</td><td>155.00</td></tr></tbody></table>		Subject Area	Credit Req'd	Compl	Needed	English	40.00	10.00	30.00	Algebra 1	10.00	10.00	-	Mathematics	10.00	-	10.00	Life Science	5.00	-	5.00	Physical Science	5.00	5.00	-	Science Electives	10.00	5.00	5.00	American Govt.	5.00	-	5.00	U.S. History	10.00	-	10.00	Health	5.00	-	5.00	Physical Education	20.00	10.00	10.00	Lang Fine Arts CTE	10.00	10.00	-	World Cultures	10.00	10.00	-	Economics	5.00	-	5.00	General Electives	70.00	-	70.00	* TOTALS *	215.00	60.00	155.00
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<div>District Enter: 7/20/2015</div> <div>School Enter: 8/24/2016</div> <div>Class of 2020</div>																																																																			

- ✓ “p” = college prep
- ✓ “+” = bonus point
- ✓ “r” = repeated
- ✓ Credit Summary
- ✓ GPA
- ✓ “F” grade = 0 credits

Getting Connected

Students are encouraged to join a club, sport, or volunteer

There are over 100 clubs to choose from!

Community service is NOT required for graduation.



Eligibility for Athletics, ASB, Pep Squad, Color Guard, Marching Band, Tech Staff and Drama

2.0 GPA

Pass 4 classes

Students may use
Probation for 1
quarter during
their 4 years in high
school

Winter Sports Eligibility
2.0 (1st Quarter)

Spring Sports Eligibility
2.0 (at semester)



Summer School

General Info:

- Earn credits toward graduation
 - PE, Health, Art
 - Repeat D or F grades
- In person registration in April
 - Duration: 6 weeks, Monday-Friday

What to Sign Up For:

- Remediation or Graduation Requirements only
- An email will be sent from your counselor with recommended courses to sign up for, if needed, in the beginning of April

Using Naviance

- **What is Naviance/Family Connections?**
- **How will students use it throughout high school?**
- **Explore strengths and interests using assessments.**
 - Activities
 - Personal Qualities
 - School Subjects





UNIVERSITY
— HIGH SCHOOL —

TRANSLATE

TEXT SIZE A 15PX A

STAFF INTRANET

PARENT PORTAL

ABOUT

OUR STAFF

STUDENTS

PARENTS

ACADEMICS

ARTS

ATHLETICS



Find Naviance on the
“Students” tab

Alumni

Admission

Calendars & Events

Canvas

Library & Media Center

Naviance

Parking Lot Procedures

Seniors

Sword & Shield

Transcripts

Uni Vision



Generously Sponsored By:



Welcome to Naviance Student

Email or Username

Password

☒ Remember me

[Forgot your password?](#)

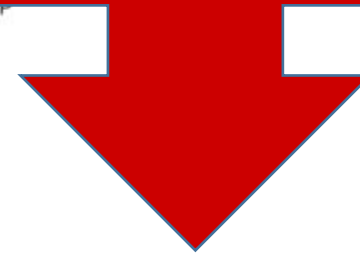
Login

Username

Your grad year + Last Name + First Name
i.e. "22SmithJohn"

Password

Your long ID number



Are you new here?

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University High School

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Colleges



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Find assessments under
the "About Me" tab

My Favorites



COLLEGES

I'm thinking about



COLLEGES

I'm applying to



COURSES

I'm thinking about



CAREERS AND CLUSTERS

I'm thinking about

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Department is excited about providing you
Naviance! This program will allow you
explore your future in a variety of ways.
fun investigating!

[and more](#)

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Colleges



Type a college name

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[more](#)

My Favorites



COLLEGES

I'm thinking about



COLLEGES

I'm applying to



COURSES

I'm thinking about



CAREERS AND CLUSTERS

I'm thinking about

Naviance Resources

- **Organizational tools**
 - Goal setting, to-do lists
- **Assessments**
 - **Strengths Explorer**
 - uncover your talents/ potential strengths
 - **Cluster Finder**
 - discover what career clusters may be a good match based on activities that interest you, personal qualities, and subjects you enjoy studying
- **Explore Careers**
- **College Search/ Admissions Data**



What's Next?

Course
selections
in April

Sophomore
Planning
Conferences

Reminder!

Take a moment to complete the
post-survey...

<https://goo.gl/forms/Tor2LrSxQbSRUp8q>

2

Questions?



JEOPARDY

- <https://jeopardylabs.com/play/freshman-jeopardy38>