



Class of 2028 Spring Freshman Parent Coffee

A copy of this presentation and handout can be found on our website:
www.universityhigh.iusd.org/counseling



MR. SCHOCH
A - Col



MS. ADDESSI
Com - Hsu



MS. DEAN
Hu - Lop



Meet the Counselors



MRS. CHUNG
Lor - Pie



MRS. STRAUSHEIM
Pil - Tha



MRS. ADAMS
The - Z

WHEN CAN STUDENTS SEE THEIR COUNSELOR?

WALK-IN BASIS

Before school from 8-8:30 am, during snack, and lunch



OFFICE HOURS

Students must sign up in 5 Star (Tuesdays-Fridays)

BY APPOINTMENT

Open periods (1st, 2nd, 5th, 6th)

After School (7th and 8th period)

Appointments can be made here: <https://linktr.ee/unicounseling>



EMAIL

This is the easiest way for students to contact their counselor to ask questions



Ms. Moran
Counseling Secretary

Today's Agenda:

- Graduation & A-G Requirements
- Transcript Review
- Sophomore Course Selection
- Health and Wellness
- Summer School
- California Colleges
- College & Career Resources

High School Diploma vs. “A-G” Requirements

<i>CONTENT AREA</i>	<u>HS DIPLOMA REQUIREMENTS</u>	<u>A-G REQUIREMENTS</u> (CSU/UC Requirements)
Grade Requirement	D- or higher	C- or higher
English	4 years	4 years
Mathematics	3 years <i>Must include Math 2</i>	3 years required, (4 years recommended) <i>Requires successful completion of Math 3</i>
Science	3 years <i>1 year life science</i> <i>1 year physical science</i> <i>1 year physics based science</i>	2 years required, 3 recommended <i>1 year physical and</i> <i>1 year biological science</i>
Social Science World History US History Economics Political Science	3 years (1 year) (1 year) (1 semester) (1 semester)	2 years (1 year) (1 year)
World Language/Fine Arts/CTE	1 year	2 years World Language (3 years recommended) <u>AND</u> 1 year Visual/Performing Arts
Physical Education	2 years	
Health	1 semester	
Electives	60 additional credits = <u>225 credits total</u>	1 year from approved a-g course list

Transcript Analysis

Grade 9 Fall 2024-2025					
University High School					
p	1073	English 1A	A-	5.00	5.00
p	2322	Spanish 2A	B-	5.00	5.00
p	3047	Math IA	A-	5.00	5.00
*	40039	PE Course 1A	A	5.00	5.00
p	52633	H NextGen Bio A	A-	5.00	5.00
p	6253	M World Hist A	B	5.00	5.00
Credit Att: 30.00 Cmp: 30.00 AGPA: 3.6000					
--WORK IN PROGRESS--					
University High School					
p	1075	English 1B		5.00	0.00
p	2323	Spanish 2B		5.00	0.00
p	3048	Math IB		5.00	0.00
*	40040	PE Course 1B		5.00	0.00
p	52634	H NextGen Bio B		5.00	0.00
p	6254	M World Hist B		5.00	0.00
	98030	Flex Time		0.00	0.00
	9820	Homeroom		0.00	0.00
Total Credit: 30.00					

P: College-Prep
+: Weighted
*****: Non-Academic

Academic GPA:
 Only College Prep Courses

Total GPA:
 Non-academic AND College Prep Courses

	Weighted	Non-Wgtd
Academic GPA	3.6000	3.6000
Total GPA	3.6667	3.6667
Credit Attempted:	30.00	
Credit Completed:	30.00	

*Grades post in January, June, and end of summer school

Transcript Analysis

Grade 9 Fall 2023-2024					
University High School					
p	1073	English 1A	B-	5.00	5.00
p	2212	Latin 1A	D	5.00	5.00
p	3047	Math IA	B-	5.00	5.00
*	40039	PE Course 1A	B	5.00	5.00
p r	52635	NextGen Bio A	D	5.00	0.00
p	6253	M World Hist A	C+	5.00	5.00
Credit Att: 30.00 Cmp: 25.00 AGPA: 2.2500					
Grade 9 Spring 2023-2024					
University High School					
p	1075	English 1B	B+	5.00	5.00
p	2213	Latin 1B	C-	5.00	5.00
p	3048	Math IB	B-	5.00	5.00
*	40040	PE Course 1B	A	5.00	5.00
p	52636	NextGen Bio B	B-	5.00	5.00
p	6254	M World Hist B	B	5.00	5.00
Credit Att: 30.00 Cmp: 30.00 AGPA: 2.8000					
Grade 10 Summer 2023-2024					
San Joaquin High - Summer					
p	5135	Living Earth A	B	5.00	5.00

- R: Repeat
- Credits are pulled from GPA, but grade remains on transcript
- Repeated course now calculated into GPA
 - Only D or F grades can be repeated for GPA improvement

Summer School 2025

June 16 - July 25

Summer School Options:

- **Learning Recovery**
 - Monday-Friday @ WHS
- **Virtual Enrichment**
 - Health, Driver's Ed
 - Live instruction through Zoom twice per week
- **All details are in summer school course catalog**

Registration Information for Virtual Enrichment

- April 28th from 4-6 PM @ CHS

Registration Information for Learning Recovery

- Counselors will put recommended courses in Aeries
- Courses can be viewed/adjusted in May

IPSF Summer Enrichment Program

- **Sample of High School Classes:**

- ACT Prep
- PSAT Prep
- SAT Prep
- Jump Start Math I
- Jump Start Math II
- Jump Start Math III
- Personal Finance
- Creative Writing
- Culinary Arts
- Digital Design with Canva
- Public Speaking, Debate, and Communication
- English Immersion
- Art Workshop & many more!

- **Please note: classes are subject to change. For a full list of classes, please visit the ipsf.net website**

Session A: June 16 - July 3

Session B: July 8 - July 25

Location: Northwood High School



Online Registration:

Opens April 8th

<https://ipsf.net/>

**These courses are for enrichment only and will not earn high school credit. These courses are also fee-based.*


What's Next?

**Course
selections:**

April 14th
(World History Classes)

**Sophomore
Planning
Conferences**
(January-March 2026)

Sophomore Year Schedule

- **English** (English 2, Honors English 2)
- **History** (US History, AP US History)
- **Science** (Next Gen. Chemistry, Honors Next Gen. Chemistry)
- **Math** (Math 2, Math 3, Pre-Calc, etc.)
- **PE** (PE 2, Sport, Dance)
- **Elective** 

i.e. World Language, Visual/Performing Arts, CTE

- **Optional open elective**

Open Electives

Musical Wheel

Intro to Musical Theater

Musical Theater Performance

Broadway Bound

Drama 1, 2, and Adv.

Technical Theater, Int. & Adv.

Adv. Theater Production

Dance Tech. 1, 2 & Production

UHS Choir

Canta Bella

Madrigals

UNlson Choir

Pop/Rock Acapella Choir

String Orchestra

Concert Orchestra

Philharmonic Orchestra

Symphony Orchestra

Concert Band

Symphonic Band

Wind Symphony

Wind Ensemble

Guitar Studio 1 & 2

Music Technology

Marching Band

Color Guard

Songwriting

Improvisation

Art Studio, Int. & Adv.

Art of Fashion

Printmaking

Graphic Design & Adv.

Ceramics, Int. & Adv.

Visual Imagery & Adv.

Photojournalism

Video Production & Adv.

Journalism & Adv. Journalism

ASB

10th Grade Prerequisites

AP US History

- **Prerequisites:** Met and earned all World History Honors Distinction Requirements in both semesters OR earned an overall course grade of 92% and a Writing Assessment Grade of 90%
- Refer to the criteria for Honors/AP social science courses in the Course of Study

Honors English 2

- Based on performance in English 1
- Please refer to the expectation for English Honors/AP placement for further guidance

Honors Next Gen Chemistry Must meet the following criteria:

- 90% or higher in both semesters of Math I
- 90% or higher in Next Gen Biology (both semesters) or 80% or higher in Honors Next Gen Biology (both semesters)
- Teacher Appraisal

Ways Parents Can Support Students



Encourage Balance



Praise Effort & Hard Work



Help Them Recognize Things Beyond Their Control

Develop strong coping skills



Point Out Resiliency

Remember past and lessons learned



Encourage Self-Care

- Getting an appropriate amount of sleep
- Eating a balanced diet
- Participating in hobbies & leisure activities



Help Them Make a Plan & Seek Support

Mental Health Support Team

The following support is available on campus for all students



School Counselors

See alpha breakdown

Provide mental health and wellness, academic, and college and career support for all students



Project Success Support Specialist

Matthew Castillo

Provides small group support to build resiliency skills



Mental Health Specialists

Dr. Tohidian

Collaborate with school counselors to provide additional mental health support, crisis response services, and community referrals to students and families (Care Solace/Hazel Health)

Personal and Social Resources



Care Solace & Hazel Health

- Care Solace: concierge service to connect families with mental health support outside of school
- Hazel Health: Free short-term virtual therapy for IUSD students (approx. 8-10 sessions)
- School Counselors or MHS can refer students

The Well Space

- Room 218
- Open to students before school, snack, lunch and for short periods of decompression time during class

Suicide and Crisis Lifeline: 988

- Available 24 hours
- Free and confidential support for people in distress
- Prevention and crisis resources for you or your loved ones

Say Something Anonymous Reporting System

- Available 24 hours
- Submit secure and anonymous safety concerns
- Help identify and intervene upon at-risk individuals before they hurt themselves or others

Meet the College & Career Support Staff



Mrs. Rohrer Ng
College & Career
Coordinator



Mr. Hernandez
ROP Specialist



California Colleges

www.californiacolleges.edu

**California's official
college and career
planning platform**

- College Search
- A-G Progress
- Career Exploration
- Personality Inventories
- Financial Aid Info

College & Career Center



Welcome to the UHS College & Career Center!

Felicia Rohrer Ng, College & Career Coordinator (feliciang@iusd.org)

Jose Hernandez, ROP Career Specialist (josehernandez2@iusd.org)

RECENT FLYERS

Career Exploration Experience

About Us
The CEO Leadership Alliance Orange County represents CEOs from prominent Orange County companies who are working together to build a thriving OC for all.

Why Participate?
During this experience, you will:

- Learn about careers at local companies
- Develop your technical and professional skills
- Invest in building your social capital

Schedule
6/10/24-7/18/24

- Bootcamp
- Training
- Micro-Internship

Current Juniors 16+ are eligible to apply!

Spots are limited! Apply by February 16, 2024

Career Paths

- Business & Finance
- Engineering & Design
- Fleet or Facilities Maintenance
- Healthcare and/or Medical Devices
- Information Technology
- Marketing (Including Social Media)

COLLEGE RESOURCES

 UHS College Visits	 IVC	 2 & 4 Year Colleges
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SCHOLARSHIPS AND FINANCIAL AID

 UHS Program Nominations	 Scholarships	 Financial Aid
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TESTING

 UHS AP Website	 SAT	 ACT
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Look for announcements on [CCC Canvas Page](#)

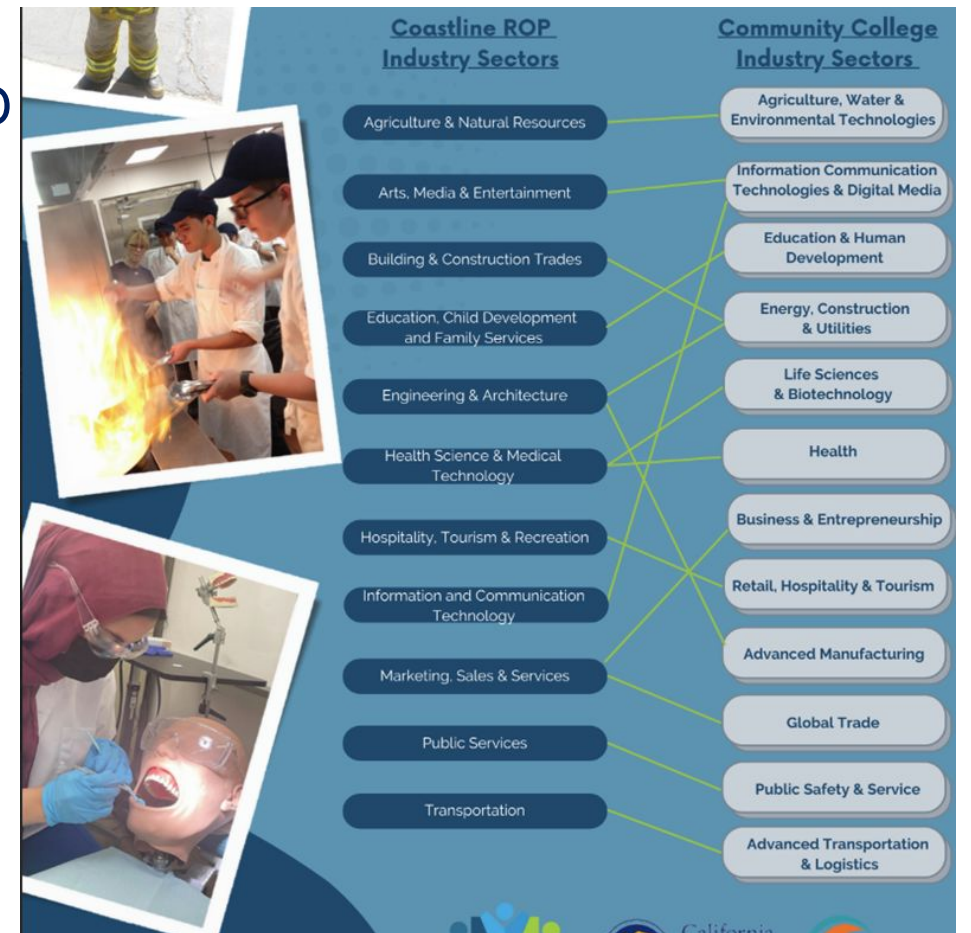
College & Career Center

- Career Fair (March 26 @ lunch)
- Work Permits
- Resumes & Interviewing
- Community Service
- Summer Opportunities
- Program Nominations
- College Visits & Applications
- Workshops
- Standardized Test Information
- Fee Waivers
- Scholarships & Financial Aid



Coastline Regional Occupational Program(ROP)

- [Fall 2025 Registration](#) TBD
- Summer 2025 Registration held in April-Dates TBD
- UC/CSU – Transferable courses “G”
- Community College Articulations
- After-bell CTE provider
- Contact Jose Hernandez:
josehernandez2@iusd.org



Questions



Please click on the link below or scan the QR code:

<https://tinyurl.com/4473cb9s>

