## Class of 2027 Spring Freshman Parent Coffee

A copy of this presentation and handout can be found on our website: www.universityhigh.iusd.org/counseling



MR. SCHOCH **A - Cor** 



ms. addessi Cos - Hom



ms. dean Hon - Lim

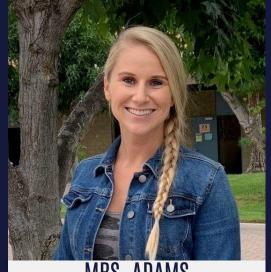


### Meet the Counselors





mrs. strausheim **Ped - Tan** 



mrs. adams Tang - Z

# Today's Agenda:

- Graduation & A-G Requirements
- Transcript Review
- Sophomore Course Selection
- Health and Wellness
- Summer School Information
- Naviance Overview
- College & Career Resources

### High School Diploma vs. "a-g" Requirements

CONTENT AREA	HS DIPLOMA REQUIREMENTS (Class of 2027 and beyond)	<u>a-g REQUIREMENTS</u>
Grade Requirement	D- or higher	C- or higher
English	4 years	4 years
Mathematics	3 years Must include Math 1 and Math 2	3 years required, (4 years recommended) Requires successful completion of Math 3
Science	3 years	2 years required, 3 recommended 1 year physical and 1 year biological science
Social Science World History US History Economics Political Science	3 years (1 year) (1 year) (1 semester) (1 semester)	2 years (1 year) (1 year)
World Language/Fine Arts/CTE	1 year	2 years World Language <i>(3 years recommended)</i> <u>AND</u> 1 year Visual/Performing Arts
Physical Education	2 years	
Health	1 semester	
Electives	60 additional credits = 225 credits total	1 year from approved a-g course list

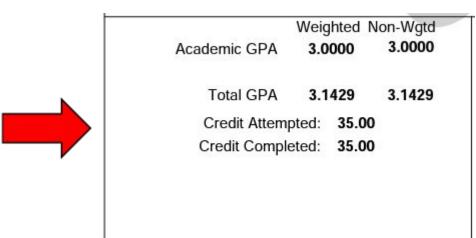
# **Transcript Analysis**

			Grade 9 Fall 2022-2	2023			
			University High Scl	hool			
I	р	1073	English 1A	В	5.00	5.00	
1	р	2501	Chinese 1A	B-	5.00	5.00	
I	р	3047	Math IA	B-	5.00	5.00	
*		4596	TS G Bsktbl Q1	A+	2.50	2.50	
*:		4597	TS G Bsktbl Q2	A-	2.50	2.50	
1	р	52635	NextGen Bio A	в	5.00	5.00	
1	р	6253	M World Hist A	B-	5.00	5.00	
1	р	7710	Drama 1A	Drama 1A B			
	C	credit Att:	35.00 Cmp: 35.00	AGPA	: 3.000	0	
			WORK IN PROGR	ESS	1		
			University High Scl	hool			
1	р	1075	English 1B		5.00	0.00	
I	р	2502	Chinese 1B		5.00	0.00	
1	р	3048	Math IB		5.00	0.00	
*		4598	TS G Bsktbl Q3		2.50	0.00	
*		4599	TS G Bsktbl Q4		2.50	0.00	
1	р	52636	NextGen Bio B		5.00	0.00	
1	р	6254	M World Hist B		5.00	0.00	
	р	7711		5.00	0.00		
		9820	Homeroom	0.00	0.00		
			Total Credit: 35.0	00			

P: College-Prep+: Weighted\*: Non-Academic

Academic GPA: Only College Prep Courses

#### **Total GPA:** Non-academic AND College Prep Courses



\*Grades post in January, June, and end of summer school

# **Transcript Analysis**

Crs-ID			Course Title Mark A			Cmp			
Grade 9 Fall 2021-2022									
University High School									
pr1073 English1A D 5.00 0.									
Г	р	2012	French 1A	B-	5.00	5.00			
	р	3051	Enh Math IIA	В	5.00	5.00			
*		40039	PE Course 1A	Α	5.00	5.00			
	р	52635	NextGen Bio A	в	5.00	5.00			
	р	6250	Global Persp A	В	5.00	5.00			
	р	7649	UHS Choir A	A+	5.00	5.00			
Credit Att: 35.00 Cmp: 30.00 AGPA: 3.2000									
Grade 9 Spring 2021-2022									
University High School									
	р	1075	English 1B	А	5.00	5.00			
	р	2013	French 1B	в	5.00	5.00			
	р	3052	Enh Math IIB	B-	5.00	5.00			
*		40040	PE Course 1B	А	5.00	5.00			
	р	52636	NextGen Bio B	C-	5.00	5.00			
	р	6252	Global Persp B	B+	5.00	5.00			
	р	7650	UHS Choir B	А	5.00	5.00			
Credit Att: 35.00 Cmp: 35.00 AGPA: 3.1667									
Grade 10 Summer 2021-2022									
San Joaquin High - Summer									
	р	1082	English 1C	A-	5.00	5.00			

• **R**: Repeat

- Credits are pulled from GPA, but grade remains on transcript
- Repeated course now calculated into GPA
  - \*only D or F grades can be repeated for GPA improvement\*

## Summer School 2024

June 13 - July 26

### Summer School Options:

- K-12 Summer Learning Recovery Academy
  - Remediation courses
  - In-Person @ IHS
- Acceleration and Enrichment Academy
  - Graduation requirements (i.e. health)
  - $\circ$  Virtual

### **Registration Information:**

April 9th @ 8:00 AM - April 19th @8pm (See IUSD.org for more info)

### What to Sign up for:

- Remediation or Graduation Requirements
- An email will be sent from your student's counselor with recommended courses, needed for remediation, to sign up for in April

### **IPSF Summer Enrichment Program**

#### **High School Classes:**

- ACT Prep  $\bigcirc$
- PSAT Prep 0
- SAT Prep 0
- **AP Biology Preview**  $\bigcirc$
- **AP Chemistry Preview**  $\bigcirc$
- **AP Calculus Preview** 0
- Jump Start Math I  $\bigcirc$
- Jump Start Math II  $\bigcirc$
- Jump Start Math III Ο
- **Ballroom Dance** 0
- **Creative Writing**  $\bigcirc$
- Digital Design with Adobe Express  $\bigcirc$
- **English Immersion** Ο
- Fine Art & Concept Design & many more! 0

Please note: classes are subject to change. For a full list of classes, please visit the ipsi.net website

Session A: June 13 - July 3 Session B: July 9 - July 26 Location: Woodbridge High School

> **Online Registration: Opens March 20th**

**INCOMING GRADES 9-12** 

# What's Next?

## Course selections:

April 15th (English Classes) Sophomore Planning Conferences (January-March 2025)

## Sophomore Year Schedule

- **English** (English 2, Honors English 2)
- **History** (US History, AP US History)
- Science (Next Gen. Chemistry, Honors Next Gen. Chemistry)
- Math (Math 2, Math 3, Pre-Calc, etc.)
- **PE** (PE 2, Sport, Dance, Marching Band)
- Elective

i.e. World Language, Visual/Performing Arts, CTE

Optional open elective

## **Open Electives**

**Musical Wheel** Intro to Musical Theater **Musical Theater Performance Broadway Bound** Drama 1, 2, and Adv. Technical Theater, Int. & Adv. **Adv. Theater Production** Dance Tech. 1, 2 & Production **UHS Choir** Canta Bella **Madrigals UNIson Choir Pop/Rock Acapella Choir** 

**String Orchestra Concert Orchestra** Philharmonic Orchestra Symphony Orchestra **Concert Band** Symphonic Band Wind Symphony Wind Ensemble Guitar Studio 1 & 2 Music Technology **Marching Band Color Guard** 

Art Studio, Int. & Adv. **Art of Fashion Printmaking & Sculpture** Graphic Design & Adv. Ceramics, Int. & Adv. Visual Imagery & Adv. Photojournalism Video Production & Adv. Journalism & Adv. Journalism ASB

# 10<sup>th</sup> Grade Prerequisites

### **AP US History**

- Prerequisites: Met and earned all World History Honors Distinction Requirements in both semesters OR earned an overall course grade of 92% and a Writing Assessment Grade of 90%
- Refer to the criteria for Honors/AP social science courses in the Course of Study

### Honors English 2

- Based on performance in English 1
- Please refer to the expectation for English Honors/AP placement for further guidance

#### Honors Next Gen Chemistry Must meet the following criteria:

- 90% or higher in both semesters of Math I
- 90% or higher in Next Gen Biology (both semesters) or 80% or higher in Honors Next Gen Biology (both semesters)
- Teacher Appraisal

## Ways Parents Can Support Students



**Encourage Balance** 



**Praise Effort & Hard Work** 



Help Them Recognize Things Beyond Their Control

Develop strong coping skills



#### **Point Out Resiliency** Remember past and lessons learned



**Encourage Self-Care** 

- Getting an appropriate amount of sleep
- Eating a balanced diet
- Participating in hobbies & leisure activities



Help Them Make a Plan & Seek Support

## **Personal and Social Resources**

The following support is available on campus for all students



### **School Counselors**

\*See alpha breakdown\* Provide mental health and wellness, academic, and college and career support for all students



## Project Success Support Specialist Anela Rhodeman

Provides small group support to build resiliency skills



### **Mental Health Specialists**

*Dr. Tohidian and Mrs. Butler* Collaborate with school counselors to provide additional mental health support, crisis response services, and resource linkages to students and families

## Personal and Social Resources









#### IUSD Family Counseling Center

- Short-term evidence-based mental health services for students and families
- Group counseling
- Psycho-educational workshops
- Referrals to community agencies and other programs

### The Well Space

- Room 218
- Open to students before school, snack, office hours, lunch and for short periods of decompression time during class

#### Suicide and Crisis Lifeline: 988

- Available 24 hours
- Free and confidential support for people in distress
- Prevention and crisis resources for you or your loved ones

#### Say Something Anonymous Reporting System

- Available 24 hours
- Submit secure and anonymous safety concerns
- Help identify and intervene upon at-risk individuals before they hurt themselves or others





#### Find Naviance on the "Students" tab

Calendars & Events

Canvas

Library & Media Center

<u>Naviance</u>

Seniors

Parking Lot Procedures

Sword &

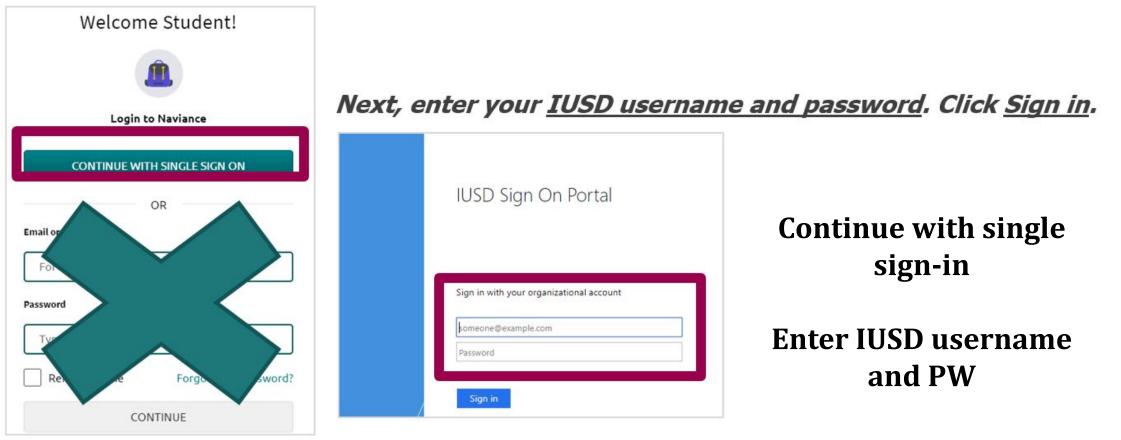
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# Naviance Sign-in Page

#### <u>SIGN ON.</u>



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## Naviance Assessments

- Strengths Explorer\*- Optional for 9th graders to complete at home
  - Uncover talents and reveal potential strengths.
- Career Cluster Finder\*- 9th grade students will complete in class
  - Discover what career clusters may be a good match based on activities that interest you, personal qualities, and subjects you enjoy studying.
- Career Interest Profiler students will complete in 10th grade
  - Online career interest assessment based on Holland's Interest Codes



### Meet the College & Career Support Staff



Mrs. Rohrer Ng College & Career Coordinator





Mr. Hernandez ROP Specialist

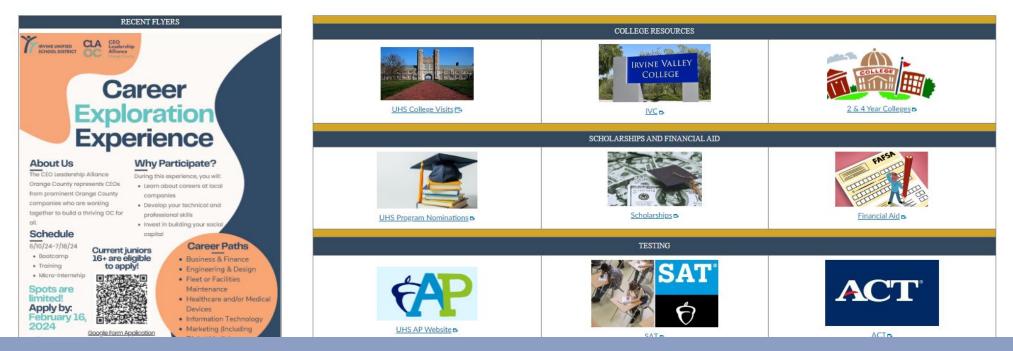


## **College & Career Center**



#### Welcome to the UHS College & Career Center!

Felicia Rohrer Ng, College & Career Coordinator (<u>feliciang@iusd.org</u>) Jose Hernandez, ROP Career Specialist (<u>josehernandez2@iusd.org</u>)



Look for announcements on <u>CCC Canvas Page</u>

## **College & Career Center**

- Career Fair (March 27 @ lunch)
- Work Permits
- Resumes & Interviewing
- Community Service
- Summer Opportunities
- College Visits & Applications
- Workshops
- Program Nominations
- Standardized Test Information
- Fee Waivers
- Scholarships & Financial Aid



## Coastline Regional Occupational Program(ROP)

### Fall 2024 Registration March 11-15

- Summer 2024 Registration held in April-Dates TBD
- UC/CSU Transferable courses "G"
- Community College Articulations
- After-bell CTE provider
- Contact Jose Hernandez: josehernandez2@iusd.org





## How to Contact Your Student's School Counselor







Call us on the phone



Schedule an appointment to meet via Zoom



Schedule an appointment to meet in person



