Class of 2027 Spring Freshman Parent Coffee

A copy of this presentation and handout can be found on our website: www.universityhigh.iusd.org/counseling



MR. SCHOCH **A - Cor**



ms. addessi Cos - Hom



ms. dean Hon - Lim

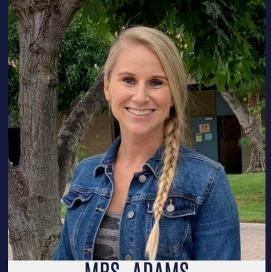


Meet the Counselors





mrs. strausheim **Ped - Tan**



mrs. adams Tang - Z

Today's Agenda:

- Graduation & A-G Requirements
- Transcript Review
- Sophomore Course Selection
- Health and Wellness
- Summer School Information
- Naviance Overview
- College & Career Resources

High School Diploma vs. "a-g" Requirements

CONTENT AREA	HS DIPLOMA REQUIREMENTS (Class of 2027 and beyond)	<u>a-g REQUIREMENTS</u>
Grade Requirement	D- or higher	C- or higher
English	4 years	4 years
Mathematics	3 years Must include Math 1 and Math 2	3 years required, (4 years recommended) Requires successful completion of Math 3
Science	3 years	2 years required, 3 recommended 1 year physical and 1 year biological science
Social Science World History US History Economics Political Science	3 years (1 year) (1 year) (1 semester) (1 semester)	2 years (1 year) (1 year)
World Language/Fine Arts/CTE	1 year	2 years World Language <i>(3 years recommended)</i> <u>AND</u> 1 year Visual/Performing Arts
Physical Education	2 years	
Health	1 semester	
Electives	60 additional credits = 225 credits total	1 year from approved a-g course list

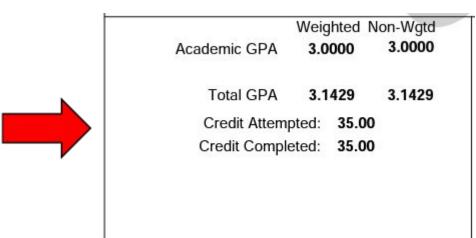
Transcript Analysis

			Grade 9 Fall 2022-2	2023			
			University High Scl	hool			
I	р	1073	English 1A	В	5.00	5.00	
1	р	2501	Chinese 1A	B-	5.00	5.00	
I	р	3047	Math IA	B-	5.00	5.00	
*		4596	TS G Bsktbl Q1	A+	2.50	2.50	
*:		4597	TS G Bsktbl Q2	A-	2.50	2.50	
1	р	52635	NextGen Bio A	в	5.00	5.00	
1	р	6253	M World Hist A	B-	5.00	5.00	
1	р	7710	Drama 1A	Drama 1A B			
	C	credit Att:	35.00 Cmp: 35.00	AGPA	: 3.000	0	
			WORK IN PROGR	ESS	1		
			University High Scl	hool			
1	р	1075	English 1B		5.00	0.00	
I	р	2502	Chinese 1B		5.00	0.00	
1	р	3048	Math IB		5.00	0.00	
*		4598	TS G Bsktbl Q3		2.50	0.00	
*		4599	TS G Bsktbl Q4		2.50	0.00	
1	р	52636	NextGen Bio B		5.00	0.00	
1	р	6254	M World Hist B		5.00	0.00	
	р	7711		5.00	0.00		
		9820	Homeroom	0.00	0.00		
			Total Credit: 35.0	00			

P: College-Prep+: Weighted*: Non-Academic

Academic GPA: Only College Prep Courses

Total GPA: Non-academic AND College Prep Courses



*Grades post in January, June, and end of summer school

Transcript Analysis

Crs-ID			Course Title Mark A			Cmp			
Grade 9 Fall 2021-2022									
University High School									
pr1073 English1A D 5.00 0.									
Г	р	2012	French 1A	B-	5.00	5.00			
	р	3051	Enh Math IIA	В	5.00	5.00			
*		40039	PE Course 1A	Α	5.00	5.00			
	р	52635	NextGen Bio A	в	5.00	5.00			
	р	6250	Global Persp A	В	5.00	5.00			
	р	7649	UHS Choir A	A+	5.00	5.00			
Credit Att: 35.00 Cmp: 30.00 AGPA: 3.2000									
Grade 9 Spring 2021-2022									
University High School									
	р	1075	English 1B	А	5.00	5.00			
	р	2013	French 1B	в	5.00	5.00			
	р	3052	Enh Math IIB	B-	5.00	5.00			
*		40040	PE Course 1B	А	5.00	5.00			
	р	52636	NextGen Bio B	C-	5.00	5.00			
	р	6252	Global Persp B	B+	5.00	5.00			
	р	7650	UHS Choir B	А	5.00	5.00			
Credit Att: 35.00 Cmp: 35.00 AGPA: 3.1667									
Grade 10 Summer 2021-2022									
San Joaquin High - Summer									
	р	1082	English 1C	A-	5.00	5.00			

• **R**: Repeat

- Credits are pulled from GPA, but grade remains on transcript
- Repeated course now calculated into GPA
 - *only D or F grades can be repeated for GPA improvement*

Summer School 2024

June 13 - July 26

Summer School Options:

- K-12 Summer Learning Recovery Academy
 - Remediation courses
 - In-Person @ IHS
- Acceleration and Enrichment Academy
 - Graduation requirements (i.e. health)
 - \circ Virtual

Registration Information:

April 9th @ 8:00 AM - April 19th @8pm (See IUSD.org for more info)

What to Sign up for:

- Remediation or Graduation Requirements
- An email will be sent from your student's counselor with recommended courses, needed for remediation, to sign up for in April

IPSF Summer Enrichment Program

High School Classes:

- ACT Prep \bigcirc
- PSAT Prep 0
- SAT Prep 0
- **AP Biology Preview** \bigcirc
- **AP Chemistry Preview** \bigcirc
- **AP Calculus Preview** 0
- Jump Start Math I \bigcirc
- Jump Start Math II \bigcirc
- Jump Start Math III Ο
- **Ballroom Dance** 0
- **Creative Writing** \bigcirc
- Digital Design with Adobe Express \bigcirc
- **English Immersion** Ο
- Fine Art & Concept Design & many more! 0

Please note: classes are subject to change. For a full list of classes, please visit the ipsi.net website

Session A: June 13 - July 3 Session B: July 9 - July 26 Location: Woodbridge High School

> **Online Registration: Opens March 20th**

INCOMING GRADES 9-12

What's Next?

Course selections:

April 15th (English Classes) Sophomore Planning Conferences (January-March 2025)

Sophomore Year Schedule

- **English** (English 2, Honors English 2)
- **History** (US History, AP US History)
- Science (Next Gen. Chemistry, Honors Next Gen. Chemistry)
- Math (Math 2, Math 3, Pre-Calc, etc.)
- **PE** (PE 2, Sport, Dance, Marching Band)
- Elective

i.e. World Language, Visual/Performing Arts, CTE

Optional open elective

Open Electives

Musical Wheel Intro to Musical Theater **Musical Theater Performance Broadway Bound** Drama 1, 2, and Adv. Technical Theater, Int. & Adv. **Adv. Theater Production** Dance Tech. 1, 2 & Production **UHS Choir** Canta Bella **Madrigals UNIson Choir Pop/Rock Acapella Choir**

String Orchestra Concert Orchestra Philharmonic Orchestra Symphony Orchestra **Concert Band** Symphonic Band Wind Symphony Wind Ensemble Guitar Studio 1 & 2 Music Technology **Marching Band Color Guard**

Art Studio, Int. & Adv. **Art of Fashion Printmaking & Sculpture** Graphic Design & Adv. Ceramics, Int. & Adv. Visual Imagery & Adv. Photojournalism Video Production & Adv. Journalism & Adv. Journalism ASB

10th Grade Prerequisites

AP US History

- Prerequisites: Met and earned all World History Honors Distinction Requirements in both semesters OR earned an overall course grade of 92% and a Writing Assessment Grade of 90%
- Refer to the criteria for Honors/AP social science courses in the Course of Study

Honors English 2

- Based on performance in English 1
- Please refer to the expectation for English Honors/AP placement for further guidance

Honors Next Gen Chemistry Must meet the following criteria:

- 90% or higher in both semesters of Math I
- 90% or higher in Next Gen Biology (both semesters) or 80% or higher in Honors Next Gen Biology (both semesters)
- Teacher Appraisal

Ways Parents Can Support Students



Encourage Balance



Praise Effort & Hard Work



Help Them Recognize Things Beyond Their Control

Develop strong coping skills



Point Out Resiliency Remember past and lessons learned



Encourage Self-Care

- Getting an appropriate amount of sleep
- Eating a balanced diet
- Participating in hobbies & leisure activities



Help Them Make a Plan & Seek Support

Personal and Social Resources

The following support is available on campus for all students



School Counselors

See alpha breakdown Provide mental health and wellness, academic, and college and career support for all students



Project Success Support Specialist Anela Rhodeman

Provides small group support to build resiliency skills



Mental Health Specialists

Dr. Tohidian and Mrs. Butler Collaborate with school counselors to provide additional mental health support, crisis response services, and resource linkages to students and families

Personal and Social Resources









IUSD Family Counseling Center

- Short-term evidence-based mental health services for students and families
- Group counseling
- Psycho-educational workshops
- Referrals to community agencies and other programs

The Well Space

- Room 218
- Open to students before school, snack, office hours, lunch and for short periods of decompression time during class

Suicide and Crisis Lifeline: 988

- Available 24 hours
- Free and confidential support for people in distress
- Prevention and crisis resources for you or your loved ones

Say Something Anonymous Reporting System

- Available 24 hours
- Submit secure and anonymous safety concerns
- Help identify and intervene upon at-risk individuals before they hurt themselves or others





Find Naviance on the "Students" tab

Calendars & Events

Canvas

Library & Media Center

<u>Naviance</u>

Seniors

Parking Lot Procedures

Sword &

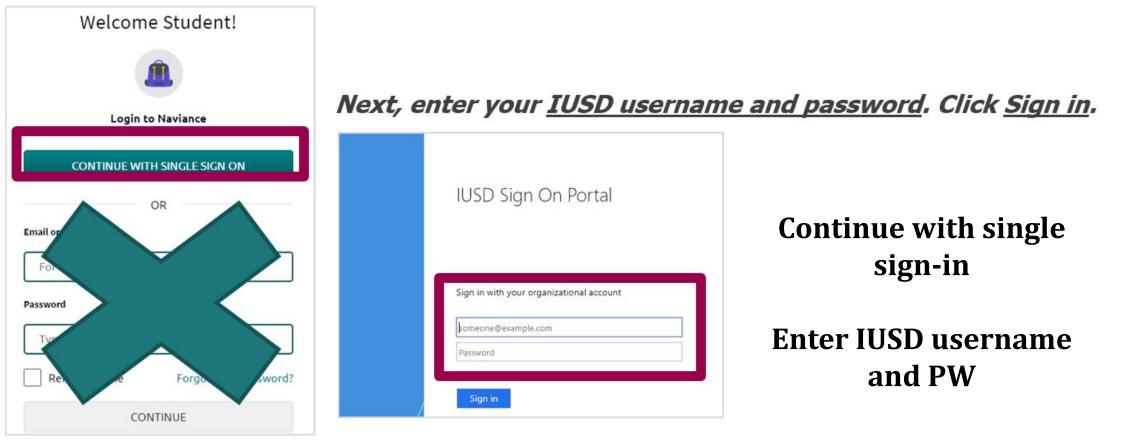
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Naviance Sign-in Page

<u>SIGN ON.</u>



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		Intelligences	®									
		Learning and	Producti	vity®								
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platform that help and prepare for po complete multiple support college an for these importan support from your	dary goals. Stude vel tasks within t readiness for all Some Naviance t	nts have the he Naviand students. H asks will b	e opportuni ce platform 3e on the lo e completed	ity to that okout 1 with	\$	COLLEGES I'm applying	to				_	
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Naviance Assessments

- Strengths Explorer*- Optional for 9th graders to complete at home
 - Uncover talents and reveal potential strengths.
- Career Cluster Finder*- 9th grade students will complete in class
 - Discover what career clusters may be a good match based on activities that interest you, personal qualities, and subjects you enjoy studying.
- Career Interest Profiler students will complete in 10th grade
 - Online career interest assessment based on Holland's Interest Codes



Meet the College & Career Support Staff



Mrs. Rohrer Ng College & Career Coordinator





Mr. Hernandez ROP Specialist

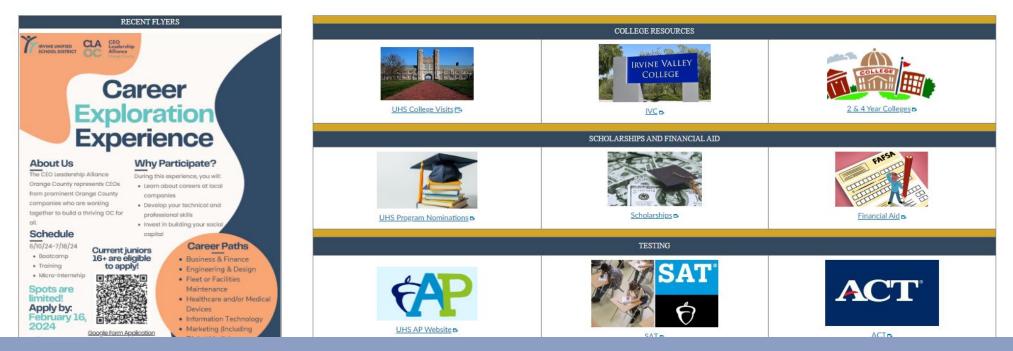


College & Career Center



Welcome to the UHS College & Career Center!

Felicia Rohrer Ng, College & Career Coordinator (<u>feliciang@iusd.org</u>) Jose Hernandez, ROP Career Specialist (<u>josehernandez2@iusd.org</u>)



Look for announcements on <u>CCC Canvas Page</u>

College & Career Center

- Career Fair (March 27 @ lunch)
- Work Permits
- Resumes & Interviewing
- Community Service
- Summer Opportunities
- College Visits & Applications
- Workshops
- Program Nominations
- Standardized Test Information
- Fee Waivers
- Scholarships & Financial Aid



Coastline Regional Occupational Program(ROP)

Fall 2024 Registration March 11-15

- Summer 2024 Registration held in April-Dates TBD
- UC/CSU Transferable courses "G"
- Community College Articulations
- After-bell CTE provider
- Contact Jose Hernandez: josehernandez2@iusd.org





How to Contact Your Student's School Counselor







Call us on the phone



Schedule an appointment to meet via Zoom



Schedule an appointment to meet in person



