



# **Class of 2029**

## **Spring Freshman Parent Information Meeting**

A copy of this presentation and handout can be found on our website:  
[www.universityhigh.iusd.org/counseling](http://www.universityhigh.iusd.org/counseling)

# MEET THE COUNSELORS



**MR. SCHOCH**  
A – Col



**MS. ADDESSI**  
Com – Hu



**MS. DEAN**  
Hua – Lu



**MS. RAMIREZ**  
Ly – Por



**MRS. STRAUSHEIM**  
Pos – Tip



**MRS. CHUNG**  
Tir – Z

# HOW CAN I ACCESS MY SCHOOL COUNSELOR?

## WALK-IN BASIS

Before school from 8-8:30 am,  
during snack, or lunch

## BY APPOINTMENT

Open periods (1st, 2nd, 5th, 6th)  
After School (7th and 8th period)  
Appointments can be made here:  
<https://linktr.ee/unicounseling>

## EMAIL YOUR COUNSELOR

This is the easiest way to  
contact your counselor to ask  
questions

## OFFICE HOURS

Students must sign up in  
5 Star



**Ms. Moran**

Counseling Secretary

# Today's Agenda:



**Graduation & A-G  
Requirements**



**Summer School**



**Transcript Review**



**California Colleges**



**Sophomore Course  
Selection**



**College & Career  
Resources**



**Health and Wellness**

# High School Diploma vs. "A-G" Requirements

<i>CONTENT AREA</i>	<u>HS DIPLOMA REQUIREMENTS</u>	<u>A-G REQUIREMENTS</u> (CSU/UC Requirements)
<b>Grade Requirement</b>	<b>D- or higher</b>	<b>C- or higher</b>
<b>English</b>	<b>4 years</b>	<b>4 years</b>
<b>Mathematics</b>	<b>3 years</b> <i>Must include Math 2</i>	<b>3 years required, (4 years recommended)</b> <i>Requires successful completion of Math 3</i>
<b>Science</b>	<b>3 years</b> <i>1 year life science</i> <i>1 year physical science</i> <i>1 year physics based science</i>	<b>2 years required, 3 recommended</b> <i>1 year physical and</i> <i>1 year biological science</i>
<b>Social Science</b> World History US History Economics Political Science	<b>3 years</b> <b>(1 year)</b> <b>(1 year)</b> <b>(1 semester)</b> <b>(1 semester)</b>	<b>2 years</b> <b>(1 year)</b> <b>(1 year)</b>
<b>World Language/Fine Arts/CTE</b>	<b>1 year</b>	<b>2 years World Language (3 years recommended)</b> <b>AND</b> <b>1 year Visual/Performing Arts</b>
<b>Physical Education</b>	<b>2 years</b>	
<b>Health</b>	<b>1 semester</b>	
<b>Electives</b>	<b>60 additional credits = <u>225 credits total</u></b>	<b>1 year from approved a-g course list</b>

# Transcript Analysis

Grade 9 Fall 2024-2025					
University High School					
p	1073	English 1A	A-	5.00	5.00
p	2322	Spanish 2A	B-	5.00	5.00
p	3047	Math IA	A-	5.00	5.00
*	40039	PE Course 1A	A	5.00	5.00
p	52633	H NextGen Bio A	A-	5.00	5.00
p	6253	M World Hist A	B	5.00	5.00
Credit Att: 30.00 Cmp: 30.00 AGPA: 3.6000					
--WORK IN PROGRESS--					
University High School					
p	1075	English 1B		5.00	0.00
p	2323	Spanish 2B		5.00	0.00
p	3048	Math IB		5.00	0.00
*	40040	PE Course 1B		5.00	0.00
p	52634	H NextGen Bio B		5.00	0.00
p	6254	M World Hist B		5.00	0.00
	98030	Flex Time		0.00	0.00
	9820	Homeroom		0.00	0.00
Total Credit: 30.00					

**P:** College-Prep  
**+**: Weighted  
**\***: Non-Academic

**Academic GPA:**  
 Only College Prep Courses

**Total GPA:**  
 Non-academic AND College Prep Courses

	Weighted	Non-Wgtd
Academic GPA	<b>3.6000</b>	<b>3.6000</b>
Total GPA	<b>3.6667</b>	<b>3.6667</b>
Credit Attempted:	<b>30.00</b>	
Credit Completed:	<b>30.00</b>	

\*Grades post in January, June, and end of summer school

# Transcript Analysis

Grade 9 Fall 2023-2024					
University High School					
p	1073	English 1A	B-	5.00	5.00
p	2212	Latin 1A	D	5.00	5.00
p	3047	Math IA	B-	5.00	5.00
*	40039	PE Course 1A	B	5.00	5.00
p r	52635	NextGen Bio A	D	5.00	0.00
p	6253	M World Hist A	C+	5.00	5.00
Credit Att: 30.00 Cmp: 25.00 AGPA: 2.2500					
Grade 9 Spring 2023-2024					
University High School					
p	1075	English 1B	B+	5.00	5.00
p	2213	Latin 1B	C-	5.00	5.00
p	3048	Math IB	B-	5.00	5.00
*	40040	PE Course 1B	A	5.00	5.00
p	52636	NextGen Bio B	B-	5.00	5.00
p	6254	M World Hist B	B	5.00	5.00
Credit Att: 30.00 Cmp: 30.00 AGPA: 2.8000					
Grade 10 Summer 2023-2024					
San Joaquin High - Summer					
p	5135	Living Earth A	B	5.00	5.00

- R: Repeat
- Credits are pulled from GPA, but grade remains on transcript
- Repeated course now calculated into GPA
  - Only D or F grades can be repeated for GPA improvement

# Summer School 2026

JUNE 15 - JULY 17



## SUMMER SCHOOL OPTIONS



### Learning Recovery

- Hybrid @ Northwood HS
- Counselors will put recommendations in Aeries



### Virtual Enrichment

- Health, PE, Driver's Ed
- Live instruction through zoom twice per week



## REGISTRATION INFORMATION

(VIRTUAL ENRICHMENT ONLY)

In person, April 21st from 4-6 PM @  
Creekside Education Center  
(Scan QR code below for more info)

## RESOURCES & FORMS



COURSE OF STUDY



HEALTH REGISTRATION FORM



# IPSF Summer Enrichment



Online Registration  
Opens March 19th at 9am  
<https://ipsf.net/>

## Sample of High School Classes:



### Academic Prep

ACT Prep  
PSAT Prep  
SAT Prep



### Math Jump Start

Math I, II, III



### Arts & Creativity

Creative Writing  
Culinary Arts  
Digital Design  
Art Workshop  
English Immersion



### Life Skills & Comm

Personal Finance  
Public Speaking  
Debate, and  
Communication



**Session A:** June 22- July 10  
**Session B:** July 13 - July 31



**Location:** Portola High School

\*These are fee-based courses for enrichment only and will not earn high school credit.  
For a full list of classes and changes, please visit the ipsf net website.

# IVC/IUSD SUMMER PROGRAM

For enrollment, visit: <https://www.ivc.edu/admissions/k12/iusd>

For dual enrollment questions, please contact Kevin O'Connell at [kevinocConnell@iusd.org](mailto:kevinocConnell@iusd.org)

Will not count for high school credit or be on high school transcript, but count for college credit on IVC transcript



## Psyc 1

Introduction to Psychology



## Bio 1

The Life Sciences & Lab



## CIM 110

Information Technology Essentials



## CIM 117

Social Media Marketing



## AJ 2

Intro to Administration of Justice



## MUS 28

History of Rock Music



## MGT 1

Introduction to Business



## IMA 22

Basic Game Design



## Coun 6

Academic, Career, and Life Success



## Arth 20

Art Appreciation



## MGT 5

Personal Financial Planning



## Astr 20

General Astronomy

# What's Next?

**Course  
selections:**

April 13th  
(Biology Classes)

**Sophomore  
Planning  
Meetings**  
(February 2027)

# Sophomore Year Schedule



## English

(English 2, Honors English 2)



## Math

(Math 2, Math 3, Pre-Calc, etc.)



## History

(US History, AP US History)



## PE

(PE 2, Sport, Dance, Marching Band, Color Guard)



## Science

(Next Gen. Chemistry, Honors Next Gen. Chemistry)



## Elective

i.e. World Language,  
Visual/Performing Arts, CTE



**Optional open elective**

# Open Electives

## Musical Wheel

Intro to Musical Theater  
Musical Theater Performance  
Broadway Bound  
Drama 1, 2, and Adv.  
Technical Theater, Int. & Adv.  
Adv. Theater Production  
UHS Choir  
Canta Bella  
Madrigals  
UNison Choir  
Pop/Rock Acapella Choir

## String Orchestra

Concert Orchestra  
Philharmonic Orchestra  
Symphony Orchestra  
Concert Band  
Symphonic Band  
Wind Symphony  
Wind Ensemble  
Guitar Studio 1 & 2  
Music Technology  
Songwriting  
Improvisation

## Art Studio, Int. & Adv.

Art of Fashion  
Printmaking  
Graphic Design & Adv.  
Ceramics, Int. & Adv.  
Visual Imagery & Adv.  
Photojournalism  
Video Production & Adv.  
Journalism & Adv. Journalism

ASB



# 10<sup>th</sup> GRADE PREREQUISITES



## AP US History

- **Prerequisites:** Met and earned all World History Honors Distinction (in both OR earned an overall course grade of 92% and a Writing Assessment Grade of 90%.
- Refer to the criteria for Honors/AP social science courses in the Course of Study.



## Honors English 2

- Based on performance in English 1
- Please refer to the expectations for English Honors/AP placement for further guidance.



## Honors Next Gen Chemistry

- Must meet the following criteria:
  - 90% or higher in both semesters of Math I
  - 90% or higher in Next Gen Biology (both semesters) or 80% or higher in Honors Next Gen Biology (both semesters)
  - Teacher Appraisal

# Ways Parents Can Support Students



## Encourage Balance



## Praise Effort & Hard Work



## Help Them Recognize Things Beyond Their Control

Develop strong coping skills



## Point Out Resiliency

Remember past and lessons learned



## Encourage Self-Care

- Getting an appropriate amount of sleep
- Eating a balanced diet
- Participating in hobbies & leisure activities



## Help Them Make a Plan & Seek Support

# Mental Health Support Team

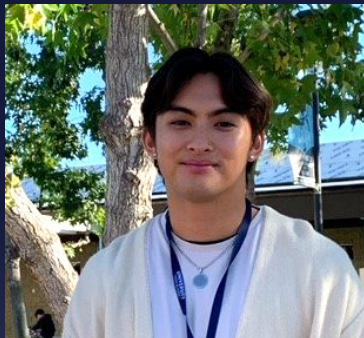
The following support is available on campus for all students



## School Counselors

*\*See alpha breakdown\**

Provide mental health and wellness, academic, and college and career support for all students



## Project Success Support Specialist

*Mr. Matthew Castillo*

Provides small group support to build resiliency skills



## Mental Health Specialist

*Ms. Ashley Yoo*

Collaborates with school counselors to provide additional mental health support, crisis response services, and community referrals to students and families (Care Solace/Hazel Health)



# Personal and Social Resources



## Care Solace & Hazel Health

- Care Solace: concierge service to connect families with mental health support outside of school
- Hazel Health: Free short-term virtual therapy for IUSD students (approx. 8-10 sessions)
- School Counselors or MHS can refer students

## The Well Space

- Room 218
- Open to students before school, snack, lunch and for short periods of decompression time during class

## Suicide and Crisis Lifeline: 988

- Available 24 hours
- Free and confidential support for people in distress
- Prevention and crisis resources for you or your loved ones

## Say Something Anonymous Reporting System

- Available 24 hours
- Submit secure and anonymous safety concerns
- Help identify and intervene upon at-risk individuals before they hurt themselves or others

# Meet the College & Career Support Staff



Mrs. Rohrer Ng  
College & Career  
Coordinator



Mr. Hernandez  
ROP Specialist



Connect with us!  
[Linktr.ee/coastlinerop](https://linktr.ee/coastlinerop)

# College & Career Center



Welcome to the UHS College & Career Center!

Felicia Rohrer Ng, College & Career Coordinator ([feliciang@iusd.org](mailto:feliciang@iusd.org))

Jose Hernandez, ROP Career Specialist ([josehernandez2@iusd.org](mailto:josehernandez2@iusd.org))

RECENT FLYERS

**Career Exploration Experience**

**About Us**  
The CEO Leadership Alliance Orange County represents CEOs from prominent Orange County companies who are working together to build a thriving OC for all.

**Why Participate?**  
During this experience, you will:

- Learn about careers at local companies
- Develop your technical and professional skills
- Invest in building your social capital

**Schedule**  
6/10/24-7/18/24

- Bootcamp
- Training
- Micro-Internship

**Current Juniors 16+ are eligible to apply!**

**Career Paths**

- Business & Finance
- Engineering & Design
- Fleet or Facilities Maintenance
- Healthcare and/or Medical Devices
- Information Technology
- Marketing (Including Social Media)

**Spots are limited! Apply by February 16, 2024**

Google Form Application

COLLEGE RESOURCES

 <a href="#">UHS College Visits</a>	 <a href="#">IVC</a>	 <a href="#">2 &amp; 4 Year Colleges</a>
--	-------------------------	---

SCHOLARSHIPS AND FINANCIAL AID

 <a href="#">UHS Program Nominations</a>	 <a href="#">Scholarships</a>	 <a href="#">Financial Aid</a>
---	----------------------------------	-----------------------------------

TESTING

 <a href="#">UHS AP Website</a>	 <a href="#">SAT</a>	 <a href="#">ACT</a>
------------------------------------	-------------------------	-------------------------

Look for announcements on [CCC Canvas Page](#)

- COLLEGE & CAREER -

# Meet the CC Ambassador Team



 Follow Us @  
[uhc.ccc.ambassadors](https://www.instagram.com/uhc.ccc.ambassadors)



Instagram



Newsletter



New Events: Volunteer Fair & Alumni Panel, Career Speakers

# College & Career Center



Career Fair



Work Permits



Resumes & Interviewing



Community Service



Summer Opportunities



Program Nominations



College Visits & Applications



Workshops



Standardized Test Information



Fee Waivers



Scholarships & Financial Aid



# Coastline ROP



- [Fall 2026 Registration](#)
- Summer 2026 Registration held in April-Dates TBD
- UC/CSU – Transferable courses “G”
- Community College Articulations
- Internships
- After-bell CTE provider
- Contact Jose Hernandez:  
[josehernandez2@iusd.org](mailto:josehernandez2@iusd.org)



## IUSD COPY - Summer School 2026

Holidays for all classes: Juneteenth (June 19), Independence Day (July 4)

Students Served	Mode	Dates	Hours	Courses	Class Max	Registration Process	Teacher
Regional	Hybrid: Onsite & Virtual	6/8 – 7/23 M-TH	12 hours weekly	Professional Internship CEO Leadership Alliance	12	Google Form	Mayuri Desai Belen Clara
Regional	Virtual Asynchronous	6/8- 7/23 M-Th	12 hours weekly	Careers in Artificial Intelligence (5.0)	35	CourseStorm	Kathryn Saucedo
Regional	Virtual Asynchronous	6/8- 7/23 M-Th	12 hours weekly	Mental Health (5.0)	35	CourseStorm	Matthew Santos
Regional	Virtual Asynchronous	6/8- 7/23 M-Th	12 hours weekly	Climate Sustainability (5.0) MAx	35	CourseStorm	Alyson Kim
Regional	Virtual Asynchronous	6/8-7/23 M-Th	12 hours weekly	Entrepreneurship 1 (5.0)	35	CourseStorm	Brandee Ramirez
Regional	Virtual Asynchronous	6/8 7/23 M-Th	12 hours weekly	Entrepreneurship 2 (5.0)	35	CourseStorm	Brandee Ramirez
Regional	Virtual Asynchronous	6/8 7/23 M-Th	12 hours weekly	Supply Chain Management 1 (5.0)	35	CourseStorm	Tim Perez
Regional	Virtual Asynchronous	6/8- 7/23 M-Th	12 hours weekly	Supply Chain Management 2 (5.0)	35	CourseStorm	Tim Perez
Regional	Virtual Asynchronous	6/8-7/23 M-Th	12 Hours Weekly	Digital Media Arts Internship (5.0) Credits	25	CourseStorm	Lindsay Yang
Regional	Virtual In-Person	6/16-8/6 T & Th	9:00 am - 11:00 am Plus 1.5 hrs/wk hwk	CyberForward (5.0)	35	CourseStorm	Claudia Amador
Regional	Onsite - CROP Presidio - P3	6/8-7/23 M-Th	8:30 am-12:30 pm	Medical Careers & Health Systems (10) Credits	25	CourseStorm	Farshid Oshidari
IUSD	Hybrid: Onsite & Virtual	6/8-7/23 M-Th	12 hours Weekly	Professional Internship Deloitte	40	Google Sheet	Tim Perez
IUSD	Hybrid: Onsite & Virtual	6/8-7/23 M-Th	12 Hours Weekly	Professional Internship University Lab Partners	60	Google Sheet	Samantha Rensch
Regional	Hybrid: Onsite & Virtual	6/8-7/23 M-Th	12 Hours Weekly	Professional Internship Financial Partners	70	Google Sheet	Tim Perez



# California Colleges

[www.californiacolleges.edu](http://www.californiacolleges.edu)

California's official college and  
career planning platform



College Search



A-G Progress



Career Exploration



Personality Inventories



Financial Aid Info

# Stay Informed



Check your students' graduation year class Canvas page



Access California Colleges.edu



Follow us on Instagram @unicounselors



Make sure your email address is updated in Aeries!



Visit [universityhigh.iusd.org/counseling](http://universityhigh.iusd.org/counseling)

# Questions



Please click on the link below or scan the QR code:

<https://tinyurl.com/w8v6tvdp>

