University High School Senior Parent Coffee Class of 2025

*Please visit the UHS Counseling Webpage by going to "Counseling" on the UHS Website or at http://universityhigh.iusd.org/counseling as well as the UHS Counseling Canvas page

<u>Counselor</u>	<u>Phone</u>	<u>Email</u>
Nate Schoch (A-Col)	949-936-7614	nateschoch@iusd.org
Hanna Addessi (Com-Hsu)	949-936-7634	hannaaddessi@iusd.org
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Angelique Strausheim (Pil-Tha)	949-936-7746	angeliquestrausheim@iusd.org
Jamie Adams (The-Z)	949-936-7623	jamieadams@iusd.org

Important Websites/Resources

COLLEGE AND CAREER CENTER

Felicia Rohrer Ng- Coordinator (email: feliciang@iusd.org)

*Visit the College & Career Center website for information on colleges, UHS college visits, financial aid, scholarships and more (http://universityhigh.iusd.org/ccc or go to "Counseling" then "College & Career" on the UHS Website).

COLLEGE WEBSITES

- · www.universityofcalifornia.edu (UC system)
- ·www2.calstate.edu (Cal State University system)
- www2.assist.org (Explore college majors at UC, Cal State, and Community Colleges)
- · www.commonapp.org (Common Application)
- ·www.californiacolleges.edu (Links and resources for all Colleges and Universities in CA)

TESTING WEBSITES

SAT I Reasoning Test

*http://www.collegeboard.com/

SAT Test Date	Registration Deadline	Late Fee Deadline	
Oct. 5	Sep. 20	Sept. 24	
Nov. 2	Oct. 18	Oct. 22	
Dec. 7	Nov. 22	Nov. 26	

ACT Test

* http://www.actstudent.org/

ACT Test Date	Registration Deadline	Late Fee Deadline	
Oct. 26	Sep. 20	Oct. 7	
Dec. 14	Nov. 8	Nov. 22	

^{*}Please note that many universities are now test-optional and may not require SAT or ACT scores. If scores are required, students must send official test scores to colleges through these websites**

Financial Aid Websites:

http://www.fafsa.ed.gov/ (application for financial aid)

http://www.fastweb.com/ (scholarship search)

http://www.calgrants.org/ (information on Cal Grants)

SENDING OFFICIAL TRANSCRIPTS

UC and CSU do not require transcripts until you have been accepted and plan to attend (final transcript only). For schools with a portal for counselors to upload information (i.e. CommonApp, Coalition, SendEDU, MIT, Georgetown, etc.), counselors will send your official transcript (make sure that you are inviting your counselor to upload your transcript in this scenario). If schools do not provide an option for counselors to submit transcripts for you, you will be responsible for sending your own transcript. Please either see Mrs. Buckland to obtain an official copy to be mailed or visit Parchment here to send electronically and track your transcript.

UNI High School Graduation Requirements

Credit Requirement - 215 credits

A semester course = 5 credits

Typically a student earns: 30 credits/semester; 60 credits/year

All students are required to complete the following:

- A. English Forty (40) credits
- B. Social Science Thirty (30) credits (Global/World, US History, Political Science, and Economics).
- C. Health Five (5) credits
- D. Science Twenty (20) credits
- E. Mathematics Twenty (20) credits including Math 1.
- F. Physical Education Twenty (20) credits
- G. Visual Performing Art Ten (10) credits of either a visual or performing art OR World Language OR CTE (Career Technical Education)

College Eligibility Requirements

"a - g" MINIMUM Subject Requirements for UC/CSU schools

All students are required to complete the following requirements with a "C-" or higher in order to be UC / CSU eligible:

- **A. History** 2 years of history/social science, including:
 - 1 year of World History (Global)
 - 1 year of US History or ½ a year of US History and ½ a year of Civics (Econ) or Government (Poli. Sci.)
- **B.** English 4 years required of college preparatory English
- **C.** Mathematics 3 years required, 4 recommended including:
 - 1 year of Math 1, 1 year of Math 2, & 1 year of Math 3
- **D.** Science 2 years of laboratory science required, 3 years recommended including: 1 year of Biology & 1 year of Chemistry
- **E.** World Language 2 years required, 3 recommended
- F. Visual and Performing Art 1 year required
 - 1 yearlong Visual or Performing Art course
 - Examples: Dance, Drama, Art, Music, etc.
- **G.** College Preparatory Elective 1 year in addition to those required in "A F" categories (i.e. History, Social Science, Math, World Language, etc.

NEED HELP WITH YOUR COLLEGE APPLICATIONS?

Application Workshops: Get help with any of your college applications on the following Wednesdays during office hours (9:50 am-10:35 am) with Ms. Rohrer Ng and a Counselor in the MPR

Wed. Oct. 9

Wed. Oct. 16 Wed. Nov. 6
Wed. Oct. 23 Wed. Nov. 13
Wed. Nov. 20

CAL STATE UPDATES

http://www2.calstate.edu/apply

- Testing
 - o CSU schools are test blind and do no look at standardized test scores for admissions purposes
- Admissions
 - o Graduates of California high schools will be eligible for admission by earning a 2.50 or greater "a-g" GPA
 - o A GPA between 2.00 and 2.49 may be evaluated for admission based upon supplemental factors
 - Campuses and programs designated as impacted may utilize higher "a-g" GPA thresholds for applicants, as well as identify supplemental criteria in making admission decisions

NON-IMPACTED CAMPUS	IMPACTED CAMPUS	ALL PROGRAMS IMPACTED
No campus impaction for First Time Freshmen *No majors impacted	No campus impaction for First Time Freshmen *some/many majors impacted	Full campus impaction for First Time Freshmen *ALL MAJORS IMPACTED
Dominguez Hills	Bakersfield	Fullerton
Maritime Academy	Channel Islands	Long Beach
Monterey Bay	Chico	San Diego
	East Bay	San Jose
	Fresno	San Luis Obispo
	Humboldt	
	Los Angeles	
	Northridge	
	Sacramento	
	San Bernardino	
	San Francisco	
	San Marcos	
	Sonoma	
	Stanislaus	

This data comes from the 25-26 CSU admission cycle

UC INFORMATION

http://universityofcalifornia.edu

Statistics of UNI Acceptances to UCs - Class of 2024

UC Campus	Berkeley	Davis	Irvine	LA	Merced	Riverside	SD	SB	S. Cruz
Admits	26	39	74	22	28	80	44	39	57
Avg. GPA	4.40	4.35	4.27	4.30	3.95	4.02	4.36	4.38	4.16
GPA Range	3.9 - 4.81	3.88 - 4.58	3.24 - 4.58	3.24 - 4.58	3.3 - 4.49	3.17 - 4.55	3.78 - 4.58	3.89 - 4.58	3.17 - 4.51

COMPREHENSIVE REVIEW FACTORS

https://admission.universityofcalifornia.edu/how-to-apply/applying-as-a-freshman/how-applications-are-reviewed.html

- 1) **GPA** Weighted, academic GPA in all completed "a-g" courses (10-11th grade for eligibility)
- 2) **QUALITY OF COURSES** Number of, content of and performance in academic courses beyond the minimum "a-g" requirements.
- 3) HONORS & AP COURSES Number of and performance in UC-approved honors and APs
- 4) **ELC** Identification by UC as being ranked in the top 9 percent of your high school class at the end of your junior year (Eligible in the Local Context, or ELC).
- 5) **SENIOR YEAR COURSES** Quality of your senior-year program as measured by the type and number of academic courses in progress or planned.
- 6) QUALITY OF ACADEMIC PERFORMANCE relative to the educational opportunities available in your high school.
- 7) **OUTSTANDING ACADEMIC PERFORMANCES** in one or more academic subject areas.
- 8) OUTSTANDING ACADEMIC ACCOMPLISHMENTS in one or more special projects in any academic field of study.
- 9) **IMPROVEMENT** Recent, marked improvement in academic performance as demonstrated by academic GPA and the quality of coursework completed or in progress.
- 10) **SPECIAL TALENTS, ACHIEVEMENTS, AWARDS** in a particular field, such as visual and performing arts, communication or athletic endeavors; special skills, such as demonstrated written and oral proficiency in other languages; special interests, such as intensive study and exploration of other cultures; experiences that demonstrate unusual promise for leadership, such as significant community service or significant participation in student government; or other significant experiences or achievements that demonstrate the student's promise for contributing to the intellectual vitality of a campus.
- 11) **SPECIAL PROJECTS** Completion of special projects undertaken in the context of your high school curriculum or in conjunction with special school events, projects or programs.
- 12) **OVERCOMING SPECIAL CIRCUMSTANCES** Academic accomplishments in light of your life experiences and special circumstances.
- 13) **LOCATION** of your secondary school and residence.

Preparing for College and Career - Senior Year Checklist

Remember – Review your class schedule and make sure you will not be overwhelmed.

Continue to focus on your academic classes. Yes! Senior grades count.

September

Review class schedule, double check graduation and college admissions requirements. See your counselor if you have any concerns.

Sign up for and attend College Visits - contact Ms. Ng

Actively seek and apply for private and institutional scholarships.

Use Naviance College Match to find colleges.

Begin college applications. Set up username and login information.

Sign up for ACT, SAT if you plan to take them. All testing should be completed by November. Some colleges will allow for the December test.

Note: most schools are now test-optional or test-blind

Begin/continue writing college essays.

Letters of recommendation: download Counselor Recommendation Packet on Canvas. Ask teachers for their process.

October

Create calendar and keep track of deadlines for applications and financial aid submissions.

Sign up for AP Exams (contact Ms. Ng with questions).

Start UC and CSU applications.

Continue editing your college essays. Have someone that doesn't know you well read it. What did he or she learn about you?

Continue to sign up for and attend College Visits - contact Ms. Ng

Research scholarships - visit the College & Career Center and CCC Website.

Early Decision/Early Action deadline is usually November 1st. Double check the college websites for specific deadlines. Email completed counselor recommendation packet to your counselor by October 1 if applying EA/ED—including December 1 deadlines!

Start reviewing financial aid. Visit the FAFSA website and apply for an FSA ID. Contact Ms. Ng in the College and Career Center for questions and information.

November

UC/CSU applications due December 2nd - try to submit before Thanksgiving. Attend Application Workshops Thursdays during office hours with Ms. Ng and school counselors.

If you need a counselor recommendation, email your completed packet by Nov. 12 for RD. WE WILL NOT COMPLETE RECOMMENDATIONS OVER WINTER BREAK!

Take SAT/ACT if you plan to; Send your ACT, SAT scores if you plan to. Even if you sent your scores in 11th grade, re-send.

Make sure you are taking care of yourself: exercise, eat healthy foods and get extra sleep. If you are feeling overwhelmed, talk to friends, parents and your counselor.

December

UC/CSU APPLICATIONS DUE DECEMBER 2nd

Last month to take SAT or ACT if you plan to submit your scores.

If you haven't already, send in your private school applications for Regular Decision - many are due January 1st.

Start the FAFSA! Visit the FAFSA website and apply for an FSA ID to get started. Contact Ms. Ng in the College and Career Center for questions and information.

Make time to relax over winter break.

January

If you were accepted for Early Decision, you must withdraw your remaining applications.

Continue applying for financial aid.

Counselors will complete mid-year reports, but remember to continuously check your email for any correspondence from colleges.

February

Send an official transcript of first semester senior grades, if not on common app. UC/CSU don't require unless you are specifically asked.

Focus on your academics. You only have one semester left! Continue to apply for scholarships.

Complete FAFSA - deadline is June 30, 2025

If you want to be Cal Grant eligible, the FAFSA deadline is March 2! Double check housing deadlines and requirements.

March

Continue to apply for housing and double check specific guidelines for each school.

Attend IVC, OCC or Saddleback Senior days.

Study for AP Exams.

April

Attend Community College night at UNI.

Visit colleges you are considering over Spring Break

Return your intent to register to your chosen school before May 1!

May

Take AP exams.

Complete Senior Survey through Naviance account.

Take Placement test(s) at the college you are going to attend, if required (your college will notify you via e-mail).

Double check qualifications with NCAA website if you want to play a sport in a 4-year college. Athletes must be certified by the NCAA.

June

Take final exams and graduate!

Send final transcript to your chosen college after final grades come out. Send your transcript through www.parchment.com or see Mrs. Buckland, our registrar, if you have any questions.

California Community Colleges

Cost

Local Community College Tuition*	Avg. California State University Tuition + Fees*	University of California Tuition + Fees*	
\$1,350 per year	\$6,814 per year	\$16,634 per year	

^{*}Cost does not include room and board or books and supplies

Transfer-Ability

University of California

Transfer Admission Guarantee (TAG) Program:

6 UC campuses (see chart below) offer guaranteed admission to California community college students who meet the GPA and other guidelines specific to that campus, by participating in a TAG program.

GPA of Students Admitted to UC System (Non-Selective Majors)							
	High School (middle 25-75%)	Community College (average)	TAG Program?	TAG GPA			
UC Berkeley	4.15 - 4.29	3.62 - 3.97		N/A			
UC Davis	4.03 - 4.27	3.43 - 3.89	✓	3.2 - 3.5			
UC Irvine	4.07 - 4.28	3.54 - 3.92	✓	3.4			
UC Los Angeles	4.20 - 4.31	3.72 - 4.00		N/A			
UC Merced	3.48 - 4.08	3.14 - 3.75	✓	2.8 - 3.0			
UC Riverside	3.76 - 4.18	3.19 - 3.82	✓	2.7 - 3.6			
UC San Diego	4.11 - 4.29	3.45 - 3.91		N/A			
UC Santa Barbara	4.13 - 4.29	3.46 - 3.91	✓	3.4			
UC Santa Cruz	3.86 - 4.22	3.21 - 3.83	✓	3.0			

California State University Upper-Division Transfer Requirements

You will need at least 60 semester or 90 quarter transferable units completed by the time you enter a CSU. To make admission decisions, CSU admissions offices look at 3 factors:

- Your college grades
- The college coursework you have completed, especially in general education
- Whether you are in good standing at the last college or university you attended

^{*} Promise Program = First Two Years Free for CA Residents*

IVC Information

- IVC Information Night (TBD)
- IVC Freshman Advantage Program (Deadline: May 6, 2025)
- IVC counselor support
 - o Irvine Valley College Counselor, Marcy Mendoza, is available to speak to you via telephone or online chat. She will be available in the College and Career Center for application help at lunch every other Monday starting September 23rd. If you have any questions about your Matriculation, Transfer, K-12 Special Admissions, or anything else, please send an email to mmendoza94@ivc.edu. Mrs. Mendoza will then reply to you within 24-business hours to schedule an appointment.

o Please include the following in your email:

- Full name:
- *IVC Student ID# (if you have one):*
- High School:
- Short details of what you need support with:
- No placement tests! Use transcript for placement. Ask your counselor for a copy if needed.

Promise Program

- Free tuition available for 2 years at California Community Colleges
 - o Must be CA resident and first time college student
 - o Must complete FAFSA or CA Dream Act Application
 - o Must complete Promise Program application

<u>Tips for Parents of College Bound Students Regarding College Applications</u>

Communicate

- **o** It is a family decision on several levels.
- **o** Set limits at the beginning that are important to your family (e.g. cost, distance from home, etc.).
- **o** Be honest about your aims and aspirations for your child. Agree to disagree.

• Be realistic

- Look for the right fit. The chemistry between the child and the college is critical.
- **o** Check many sources, especially on the internet. Go beyond *US News & World Report* and other media sources. Double check the accuracy of the information.

• Be optimistic

o This should be an exciting time for the family so embrace the experience and explore ALL options.

Be supportive and caring

- **o** Celebrate your child's accomplishments.
- Listen to what your child is saying. Listen to what your child is NOT saying (often fears are not verbalized).
- **o** Let your child take ownership of the process. Find a comfortable place between running the college search process and remaining at a comfortable distance.
- **o** "We" are not applying to college. Your child is. Remember this is your child's journey, not yours.

US News and World Report's A Plus Schools for B Students

Below is a list of great colleges and universities that have high acceptance rates (above 60%) and strong ratings in the 2024 *US* News Best Colleges rankings.

Abilene Christian University (TX)
Agnes Scott College (GA)
Appalachian State U. (NC)
Asbury University (KY)
Augustana College (IL)
Augustana University (SD)
Austin University (TX)

Baldwin Wallace University (OH)

Belmont University (TN) Berea College (KY)

Birmingham-Southern Co. (AL) Bethany Lutheran College (MN)

Bethel University (MN)
Bowling Green State U. (OH)
Bradley University (IL)
Butler University (IN)
Cedarville University (OH)
Carthage College (WI)

Carroll College (MT)
Coe College (IA)

College of New Jersey (NJ)
College of the Ozarks (MO)
College of St. Benedict (MN)
Colorado State University (CO)

Cornell College (IA)

Cornerstone University (MI)

DePaul University (IL)
Drake University (IA)
Drury University (MO)
Earlham University (IN)

Eastern Connecticut State U. (CT)

Embry-Riddle University (FL)

Elon University (NC)
Florida Atlantic University (FL)
Florida Gulf Coast University (FL)
Florida Inst. of Technology (FL)
Florida Int'l University (FL)
Florida Southern College (FL)

Harding University (AR)

Illinois Wesleyan University (IL) Indiana Wesleyan University (IN) Iowa State U. of Sci and Tech (IA)

John Brown University (AR)

Kansas State University (KS)

Lipscomb University (TN)

Long Island University (NY)

Louisiana State University (LA)

Louisiana Tech University (LA) Marquette University (WI)

Messiah University (PA)

Miami University Oxford (OH)

Michigan State University (MI)

Michigan Technological U. (MI)

Milligan University (TN)

Mississippi State Univ. (MS)

Nebraska Wesleyan U. (NE)

New Mexico Tech (NM)

North Central College (IL)

Northwest Nazarene U. (ID)

Northwestern College (IA)

Nova Southeastern Univ. (FL)

Ohio University (OH)

Oklahoma State University (OK)

Otterbein University (OH)

Ouachita Baptist University (AR)

Providence College (RI)

Randolph Macon College (VA)

Rollins College (FL)
Samford University (AL)
Seton Hill University (PA)

S. Dakota-Mines & Tech (SD)

St. Bonaventure University (NY)

St. Francis University (PA)

St. Mary's College (IN)

St. Norbert College (WI)

St. Vincent College (PA)

Susquehanna University (PA)

Taylor University (IN)

Tennessee Tech. University (TN)

Texas State University (TX)

Transylvania University (KY)

Trine University (IN)

Truman State University (MO)

Union University (TN)

U. of Alabama-Birmingham (AL)

University of Arkansas (AR)

University of Cincinnati (OH)

University of Dayton (OH)

University of Evansville (IN)

University of Findlay (OH)

University of Houston (TX)

University of Idaho (ID)

University of Iowa (IA)

University of Kansas (KS)

University of Kentucky (KY)

U. of Minnesota-Duluth (MN)

University of Mississippi (MS)

University of Missouri (MO)

U. of Missouri-St. Louis (MO)

U. of Missouri-Kansas City (MO)

U. of Northern Iowa (IA)

U. of Northwestern St. Paul (MN)

U. of Nebraska - Lincoln (NE)

U. of N. Carolina- Charlotte (NC)

U. of N. Georgia (GA)

University of North Dakota (ND)

University of Oklahoma (OK)

University of South Florida (FL)

University of St. Thomas (MN)

U. of Texas-San Antonio (TX)

University of Toledo (OH)

University of Tulsa (OK)

U. of Wisconsin- La Crosse (WI)

U. of Wisconsin-Eau Claire (WI)

University of Wyoming (WY)

Viterbo University (WI)

Wabash College (IN)

Wartburg College (IA)

Washington & Jefferson Co. (PA)

Webster University (MO)

Western Michigan Univ. (MI)

William Jewell College (MO)

Xavier University (OH)