

Junior Parent Coffee

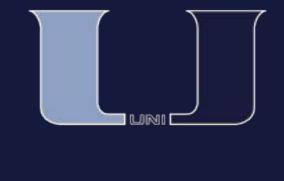








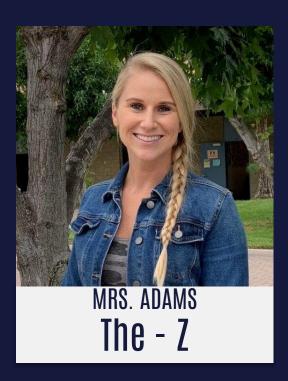




Meet the Counselors







Junior Meetings & Next Steps

Next Steps for Students

- Junior Meetings take place during March 2025.
- Senior Meetings take place during September 2025.

Senior Year Scheduling

- Seniors must be enrolled in at least five academic courses.
- It is important for your student to challenge themselves. However, balance is key.

Finish Health, Visual/Performing Arts, P.E., Etc.

ROP Courses

Students can see Mr. Hernandez in the College/Career Center for ROP sign up.

High School Diploma vs. "A-G" Requirements

CONTENT AREA	HS DIPLOMA REQUIREMENTS	A-G REQUIREMENTS (UC/CSU eligibility)
Grade Requirement	D- or higher	C- or higher
English	4 years	4 years
Mathematics	2 years Must include Math 1	3 years required, (4 years recommended) Requires successful completion of Math 3
Science	2 years	2 years required, 3 recommended 1 year physical and 1 year biological science
Social Science World History US History Economics Political Science	3 years (1 year) (1 year) (1 semester) (1 semester)	2 years (1 year) (1 year)
World Language/Fine Arts/CTE	1 year	2 years World Language <i>(3 years recommended)</i> <u>AND</u> 1 year Visual/Performing Arts
Physical Education	2 years	

1 year from approved a-g course list

1 semester

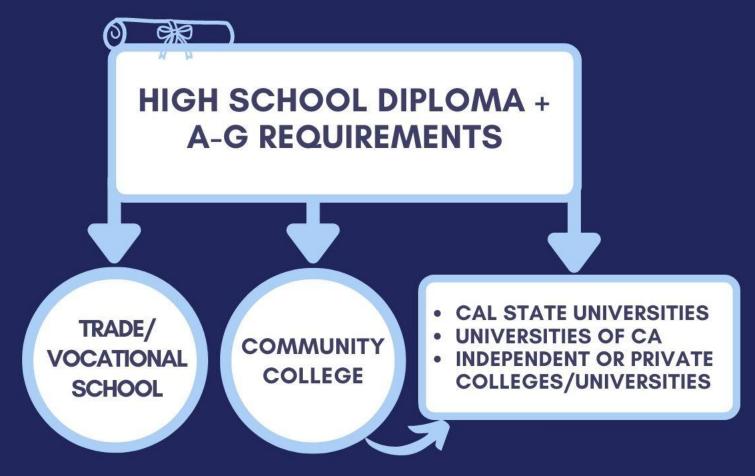
70 additional credits = 215 credits total

Health

Electives

Educational Options After Graduation





Reasons to Attend Community College



AFFORDABILITY

\$1,246 per year for tuition FREE two years for CA residents (CA Promise Program)





unweighted academic GPA



TRANSFER AGREEMENTS

TAG (Transfer Admission Guarantee): 6/9 UC schools participate & 94-97% of transfers come from community college TAP (Transfer Alliance Program): UCLA





Transfer Admission Guarantee (TAG)

Average GPA of Students Admitted to UC System (Non-Selective Majors)

	High School Middle 25-75%	Community College <i>Middle 25-75%</i>	TAG Program?	TAG GPA
UC Berkeley	4.15 - 4.29	3.61 - 3.96		N/A
UC Davis	4.0 - 4.26	3.43 - 3.89	✓	3.2 - 3.5
UC Irvine	4.04 - 4.27	3.62 - 3.83	✓	3.4
UC Los Angeles	4.20 - 4.30	3.77 - 4.00		N/A
UC Merced	3.41 - 4.04	3.11 - 3.69	✓	2.8 - 3.0
UC Riverside	3.66 - 4.15	3.11 - 3.73	✓	2.7 - 3.6
UC San Diego	4.10 - 4.28	3.45 - 3.92		N/A
UC Santa Barbara	4.13 - 4.29	3.55 - 3.91	✓	3.4
UC Santa Cruz	3.87 - 4.22	3.12 - 3.76	✓ ·	3.0

CSU Overview

- 23 campuses
- 2.5 GPA minimum needed to apply
 - 2.4 2.0 may be considered for admission based upon supplemental factors (including household income, GPA in math/science, etc.)
- SAT/ACT scores <u>not</u> considered for admission
- Campus impaction
 - More selective admission criteria
 - 3 categories: non-impacted, some majors impacted, impacted in all majors

Campuses not currently impacted

- Monterey Bay
- Maritime
- Dominguez Hills



UC Application

- Nine campuses, one application
 - https://apply.universityofcalifornia.edu/my-application/login
 - Application opens: August 1st
 - Filing period: October 1st -December 2nd
- Do not send any official test scores or transcripts
 - Students self-report grades and scores, and submit official information only to the UC you will attend
 - SAT/ACT scores NOT considered for admission
- No letters of recommendation accepted/required
- March 1-March 31: Admissions notifications received through campus portal
- May 1: SIR (Student Intent to Register) Due
 - Submit only one!
- July 1: Final Transcript Due



UC Admissions

Factors for Comprehensive Review:

- Academic GPA in A-G Course Completion (3.0 Minimum)
- Quality of Courses
- Honors & AP Courses
- ELC: Top 9% of Graduating Class
- Senior Year Courses
- Quality of Academic Performance
- Outstanding Academic Performance
- Outstanding Academic Accomplishments
- Improvement
- Special Talents, Achievements, Awards
- Special Projects
- Overcoming Special Circumstance
- Location



Private Colleges

What to Consider When Applying

- Private colleges can offer generous financial aid packages
- Every school has different requirements
 - Research requirements for colleges you're interested in
- Most schools accept the Common Application
 - www.commonapp.org
- Teacher and counselor recommendations
 - Check specific school websites for requirements
 - Counselor Recommendation Packet on Canvas, if required

Out of State Schools

Merit/need-based scholarships can offset out of state fees.

Pay 150% of in-state tuition and fees through Western Undergraduate Exchange (WUE).

Participating States

- Colorado
- Hawai'i
- ldaho
- Montana
- Nevada

- Alaska New Mexico
- ArizonaNorth Dakota
 - Oregon
 - South Dakota
 - Utah
 - Washington
 - Wyoming

For more information, please visit www.wiche.edu/wue.

Standardized Testing

SAT/ACT Testing

- CSU: Test Blind
- UC: Test Blind
- Private Schools: Most are test optional. Check specific school websites for the most current information
 - More private schools are bringing back the SAT/ACT requirement
 - For example, MIT, Georgetown, Purdue, Harvard,
 Brown, Cal Tech, Dartmouth, Yale, and more

What Does it Mean to Apply Broadly?

Safety Schools

Target Schools Reach Schools

Reference the Senior Survey

*Please be cautious in drawing conclusions from this information. The numbers are useful only as a general guide to selectivity and not as a predictor of your chances for admission to a particular campus.

California colleges. edu for 11th Graders

California Colleges is the state of California's official college and career planning platform

- Researching Post-Secondary Options
 - Students will register for their account and begin exploring post-secondary options at their Junior Meeting
 - Begin utilizing the College Search Tool and creating a College List
- Students will be able to utilize the platform to check A-G progress for public colleges in CA



Creating a Californiacolleges.edu Parent Account

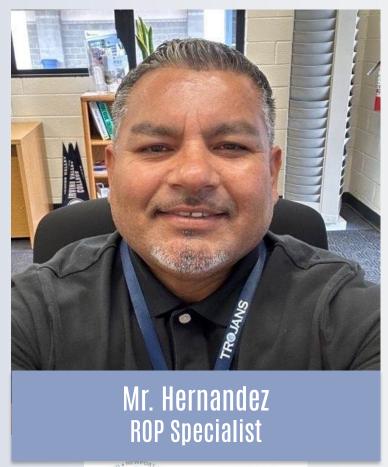
- Follow the link in your parent handout to create an account
 - Step-by-step instructions are listed on the handout
- Once the account is registered, on the Family Dashboard, there is an option to add another student (sibling)

Meet the College & Career Support Staff



Mrs. Rohrer Ng College & Career Coordinator







College & Career Center

College & Career

Welcome to the UHS College & Career Center!

Felicia Rohrer Ng, College & Career Coordinator (feliciang@iusd.org)

Jose Hernandez, ROP Career Specialist (josehernandez2@iusd.org)





College & Career Center

- IUSD Internship (CEE) due Feb. 16
- Program Nominations (Leadership Seminar) due Feb. 17
- IVC Dual Enrollment- every Thursday and alternate Mondays
- Career Fair March 26
- Work Permits, Resumes, Interviews
- Community Service
- Standardized Test Information
- Fee Waivers
- College Visits
- College Application Assistance
- Workshops/Presentations
- Scholarships & Financial Aid



Coastline ROP

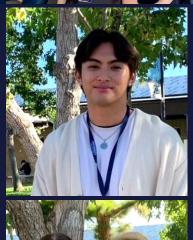
- Regional Occupational Program
- After-bell CTE provider
- UC/CSU Transferable courses "G"
- Community College Articulations
- Internships
- Personalize the elective experience
- Distinguished Student Recognition
- Contact Jose Hernandez: josehernandez2@iusd.org





Mental Health Support Team The following support is available on campus for all students





School Counselors

See alpha breakdown

Provide mental health and wellness, academic, and college and career support for all students

Project Success Support Specialist

Matthew Castillo

Provides small group support to build resiliency skills

Mental Health Specialists

Ms. Robbins and Dr. Tohidian

Collaborate with school counselors to provide additional mental health support, crisis response services, and resource linkages to students and families (Care Solace/Hazel Health)

Personal and Social Resources









Care Solace & Hazel Health

- Care Solace: concierge service to connect families with mental health support outside of school
- Hazel Health: Free short-term virtual therapy for IUSD students (approx. 8-10 sessions)
- School Counselors or MHS can refer students

The Well Space

- Room 218
- Open to students before school, snack, lunch and for short periods of decompression time during class

Suicide and Crisis Lifeline: 988

- Available 24 hours
- Free and confidential support for people in distress
- Prevention and crisis resources for you or your loved ones

Say Something

Anonymous Reporting System

- Available 24 hours
- Submit secure and anonymous safety concerns
- Help identify and intervene upon at-risk individuals before they hurt themselves or others

Ways Parents Can Support Students







Develop strong coping skills



Point Out Resiliency

Remember past and lessons learned



Encourage Self-Care

- Getting an appropriate amount of sleep
- Eating a balanced diet
- Participating in hobbies & leisure activities



Things to Remember

- Focus on what pertains most to your student and the rest will fall into place
 - We are here to help!
- There is not a singular path to success upon graduation
 - There is a school out there that will be just right for your student
 - Be open to those possibilities

How to Contact Your Student's School Counselor



Send us an email



Call us on the phone



Schedule an appointment to meet via Zoom



Schedule an appointment to meet in person



Stay Informed



Check your students' graduation year class Canvas page



Follow us on Instagram @unicounselors



Visit universityhigh.iusd.org/counseling



Access California Colleges



Make sure your email address is updated in Aeries!