



Junior Parent Coffee

Class of 2026



MR. SCHOCH
A - Col



MS. ADDESSI
Com-Hsu



MS. DEAN
Hu-Lop



MRS. CHUNG
Lor-Pie



MRS. STRAUSHEIM
Pil-Tha



MRS. ADAMS
The - Z

Meet the Counselors

Junior Meetings & Next Steps

Next Steps for Students

- Junior Meetings take place during March 2025.
- Senior Meetings take place during September 2025.

Senior Year Scheduling

- Seniors must be enrolled in at least five academic courses.
- It is important for your student to challenge themselves. However, balance is key.

Finish Health, Visual/Performing Arts, P.E., Etc.

ROP Courses

- Students can see Mr. Hernandez in the College/Career Center for ROP sign up.

High School Diploma vs. “A-G” Requirements

<i>CONTENT AREA</i>	<u>HS DIPLOMA REQUIREMENTS</u>	<u>A-G REQUIREMENTS</u> (UC/CSU eligibility)
Grade Requirement	D- or higher	C- or higher
English	4 years	4 years
Mathematics	2 years Must include Math 1	3 years required, (4 years recommended) Requires successful completion of Math 3
Science	2 years	2 years required, 3 recommended 1 year physical and 1 year biological science
Social Science World History US History Economics Political Science	3 years (1 year) (1 year) (1 semester) (1 semester)	2 years (1 year) (1 year)
World Language/Fine Arts/CTE	1 year	2 years World Language (3 years recommended) <u>AND</u> 1 year Visual/Performing Arts
Physical Education	2 years	
Health	1 semester	
Electives	70 additional credits = 215 credits total	1 year from approved a-g course list

Educational Options After Graduation



HIGH SCHOOL DIPLOMA



COMMUNITY COLLEGE

**TRADE/
VOCATIONAL
SCHOOL**

- CAL STATE UNIVERSITIES
- UNIVERSITIES OF CA
- INDEPENDENT OR PRIVATE COLLEGES/UNIVERSITIES



**HIGH SCHOOL DIPLOMA +
A-G REQUIREMENTS**



**TRADE/
VOCATIONAL
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COMMUNITY COLLEGE

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Reasons to Attend Community College



AFFORDABILITY

\$1,246 per year for tuition
FREE two years for CA residents
(CA Promise Program)



ACADEMIC FLEXIBILITY



PERSONALIZED ATTENTION

IVC Honors Program: 3.25
unweighted academic GPA



TRANSFER AGREEMENTS

TAG (Transfer Admission Guarantee):
6/9 UC schools participate & 94-97% of
transfers come from community college
TAP (Transfer Alliance Program): UCLA



SCHOOL/LIFE BALANCE



UNDECIDED MAJOR

Transfer Admission Guarantee (TAG)

Average GPA of Students Admitted to UC System (Non-Selective Majors)

	High School <i>Middle 25-75%</i>	Community College <i>Middle 25-75%</i>	TAG Program?	TAG GPA
UC Berkeley	4.15 - 4.29	3.61 - 3.96		N/A
UC Davis	4.0 - 4.26	3.43 - 3.89	✓	3.2 - 3.5
UC Irvine	4.04 - 4.27	3.62 - 3.83	✓	3.4
UC Los Angeles	4.20 - 4.30	3.77 - 4.00		N/A
UC Merced	3.41 - 4.04	3.11 - 3.69	✓	2.8 - 3.0
UC Riverside	3.66 - 4.15	3.11 - 3.73	✓	2.7 - 3.6
UC San Diego	4.10 - 4.28	3.45 - 3.92		N/A
UC Santa Barbara	4.13 - 4.29	3.55 - 3.91	✓	3.4
UC Santa Cruz	3.87 - 4.22	3.12 - 3.76	✓	3.0

CSU Overview

- 23 campuses
- 2.5 GPA minimum needed to apply
 - 2.4 - 2.0 may be considered for admission based upon supplemental factors (including household income, GPA in math/science, etc.)
- SAT/ACT scores not considered for admission
- Campus impaction
 - More selective admission criteria
 - 3 categories: non-impacted, some majors impacted, impacted in all majors

Campuses not currently impacted

- Monterey Bay
- Maritime
- Dominguez Hills



UC Application

- **Nine campuses, one application**
 - <https://apply.universityofcalifornia.edu/my-application/login>
 - Application opens: August 1st
 - Filing period: October 1st -December 2nd
- **Do not send any official test scores or transcripts**
 - Students self-report grades and scores, and submit official information only to the UC you will attend
 - SAT/ACT scores NOT considered for admission
- **No letters of recommendation accepted/required**
- **March 1-March 31: Admissions notifications received through campus portal**
- **May 1: SIR (Student Intent to Register) Due**
 - Submit only one!
- **July 1: Final Transcript Due**



UC Admissions

Factors for Comprehensive Review:

- Academic GPA in A-G Course Completion (3.0 Minimum)
- Quality of Courses
- Honors & AP Courses
- ELC: Top 9% of Graduating Class
- Senior Year Courses
- Quality of Academic Performance
- Outstanding Academic Performance
- Outstanding Academic Accomplishments
- Improvement
- Special Talents, Achievements, Awards
- Special Projects
- Overcoming Special Circumstance
- Location



Private Colleges

What to Consider When Applying

- Private colleges can offer generous financial aid packages
- Every school has different requirements
 - Research requirements for colleges you're interested in
- Most schools accept the Common Application
 - www.commonapp.org
- Teacher and counselor recommendations
 - Check specific school websites for requirements
 - Counselor Recommendation Packet on Canvas, if required

Out of State Schools

Merit/need-based scholarships can offset out of state fees.

Pay 150% of in-state tuition and fees through Western Undergraduate Exchange (WUE).

Participating States

- Alaska
- Arizona
- Colorado
- Hawai'i
- Idaho
- Montana
- Nevada
- New Mexico
- North Dakota
- Oregon
- South Dakota
- Utah
- Washington
- Wyoming

For more information, please visit www.wiche.edu/wue.

Standardized Testing

SAT/ACT Testing

- CSU: Test Blind
- UC: Test Blind
- Private Schools: Most are test optional. Check specific school websites for the most current information
 - More private schools are bringing back the SAT/ACT requirement
 - For example, MIT, Georgetown, Purdue, Harvard, Brown, Cal Tech, Dartmouth, Yale, and more

What Does it Mean to Apply Broadly?

Safety
Schools

Target
Schools

Reach
Schools

Reference the Senior Survey

*Please be cautious in drawing conclusions from this information. The numbers are useful only as a general guide to selectivity and not as a predictor of your chances for admission to a particular campus.

Californiacolleges.edu for 11th Graders

California Colleges is the state of California's official college and career planning platform

- Researching Post-Secondary Options
 - Students will register for their account and begin exploring post-secondary options at their Junior Meeting
 - Begin utilizing the College Search Tool and creating a College List
- Students will be able to utilize the platform to check A-G progress for public colleges in CA



CALIFORNIA
COLLEGES *.edu*
DISCOVER. PLAN. LAUNCH.

Creating a Californiacolleges.edu Parent Account

- Follow the link in your parent handout to create an account
 - Step-by-step instructions are listed on the handout
- Once the account is registered, on the Family Dashboard, there is an option to add another student (sibling)

Meet the College & Career Support Staff



Mrs. Rohrer Ng
College & Career Coordinator



Mr. Hernandez
ROP Specialist



Connect with us!
[Linktr.ee/coastlinerop](https://linktr.ee/coastlinerop)

College & Career Center

College & Career

Welcome to the UHS College & Career Center!

Felicia Rohrer Ng, College & Career Coordinator (feliciang@iusd.org)

Jose Hernandez, ROP Career Specialist (josehernandez2@iusd.org)

RECENT FLYERS

CAREER EXPLORATION EXPERIENCE

Open to	Time Frame	Hours
High school seniors	JUN 16 - JUL 24, MON - THU	90 hours

- 25% Career Readiness
CLAOC Workshop Series
- 25% Work Experience
Host Company Activities
- 25% Work Experience
Professional Development
- 25% Work Experience
Host Company Project

WHO WE ARE
The CEO Leadership Alliance Orange County (CLAOC) is a CEO-led member organization representing 60 prominent OC companies who are working to create a thriving OC for all.

ABOUT THE EXPERIENCE
This 6-week experience combines working with professionals from CLAOC and one of our member companies. It is designed to provide you on-the-job learning, professional skill building, networking opportunities, and enhance your career readiness.

STUDENTS AGREE, THE PROGRAM IS BENEFICIAL

- 97% feel better prepared to join the workforce
- 90% are confident identifying their strengths and areas of growth
- 95% want to explore internship or job opportunities at their host company

COLLEGE RESOURCES

- [UHS College Visits \(fall\)](#)
- [IVC Dual Enrollment](#)
- [2 & 4 Year Colleges](#)

SCHOLARSHIPS AND FINANCIAL AID

- [UHS Program Nominations](#)
- [Scholarships](#)
- [Financial Aid](#)

TESTING

- SAT
- ACT

Look for announcements on CCC Canvas Page

College & Career Center

- IUSD Internship (CEE) due Feb. 16
- Program Nominations (Leadership Seminar) due Feb. 17
- IVC Dual Enrollment- every Thursday and alternate Mondays
- Career Fair- March 26
- Work Permits, Resumes, Interviews
- Community Service
- Standardized Test Information
- Fee Waivers
- College Visits
- College Application Assistance
- Workshops/Presentations
- Scholarships & Financial Aid



Coastline ROP

- Regional Occupational Program
- After-bell CTE provider
- UC/CSU – Transferable courses “G”
- Community College Articulations
- Internships
- Personalize the elective experience
- Distinguished Student Recognition
- Contact Jose Hernandez: josehernandez2@iusd.org



Mental Health Support Team

The following support is available on campus for all students



School Counselors

See alpha breakdown

Provide mental health and wellness, academic, and college and career support for all students



Project Success Support Specialist

Matthew Castillo

Provides small group support to build resiliency skills



Mental Health Specialists

Ms. Robbins and Dr. Tohidian

Collaborate with school counselors to provide additional mental health support, crisis response services, and resource linkages to students and families (Care Solace/Hazel Health)

Personal and Social Resources



Care Solace & Hazel Health

- Care Solace: concierge service to connect families with mental health support outside of school
- Hazel Health: Free short-term virtual therapy for IUSD students (approx. 8-10 sessions)
- School Counselors or MHS can refer students

The Well Space

- Room 218
- Open to students before school, snack, lunch and for short periods of decompression time during class

Suicide and Crisis Lifeline: 988

- Available 24 hours
- Free and confidential support for people in distress
- Prevention and crisis resources for you or your loved ones

Say Something Anonymous Reporting System

- Available 24 hours
- Submit secure and anonymous safety concerns
- Help identify and intervene upon at-risk individuals before they hurt themselves or others

Ways Parents Can Support Students



Encourage Balance



Praise Effort & Hard Work



Help Them Recognize Things Beyond Their Control

Develop strong coping skills



Point Out Resiliency

Remember past and lessons learned



Encourage Self-Care

- Getting an appropriate amount of sleep
- Eating a balanced diet
- Participating in hobbies & leisure activities



Help Them Make a Plan & Seek Support

Things to Remember

- Focus on what pertains most to your student and the rest will fall into place
 - We are here to help!
- There is not a singular path to success upon graduation
 - There is a school out there that will be just right for your student
 - Be open to those possibilities

How to Contact Your Student's School Counselor



Send us an email



Call us on the phone



Schedule an appointment to meet via Zoom



Schedule an appointment to meet in person



Stay Informed



Check your students' graduation year class Canvas page



Follow us on Instagram @unicounselors



Visit universityhigh.iusd.org/counseling



Access California Colleges



Make sure your email address is updated in Aeries!