

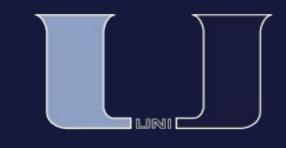


Junior Parent Coffee





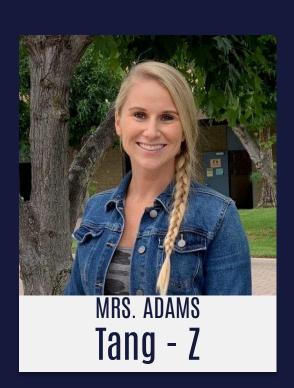
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**Meet the** Counselors

# Today's Agenda



**Graduation & A-G Requirements** 



**Post-High School Options** 



**College Admissions Overview** 



Naviance: Creating a Balanced College List



Personal/Social Resources

#### High School Diploma vs. "A-G" Requirements

CONTENT AREA	HS DIPLOMA REQUIREMENTS	A-G REQUIREMENTS (UC/CSU eligibility)	
Grade Requirement	D- or higher	C- or higher	
English	4 years	4 years	
Mathematics	2 years Must include Math 1	3 years required, (4 years recommended) Requires successful completion of Math 3	
Science	2 years	2 years required, 3 recommended 1 year physical and 1 year biological science	
Social Science World History US History Economics Political Science	3 years (1 year) (1 year) (1 semester) (1 semester)	2 years (1 year) (1 year)	
World Language/Fine Arts/CTE	1 year	2 years World Language <i>(3 years recommended)</i> <u>AND</u> 1 year Visual/Performing Arts	
Physical Education	2 years		

1 year from approved a-g course list

1 semester

70 additional credits = 215 credits total

Health

**Electives** 

# Junior Meetings and Next Steps

#### **Next Steps for Students**

- Junior Meetings take place during March 2024
- Senior Meetings take place during September 2024

#### **Senior Year Scheduling**

- Seniors must be enrolled in at least five academic courses.
- It is important for your student to challenge themselves. However, balance is key.

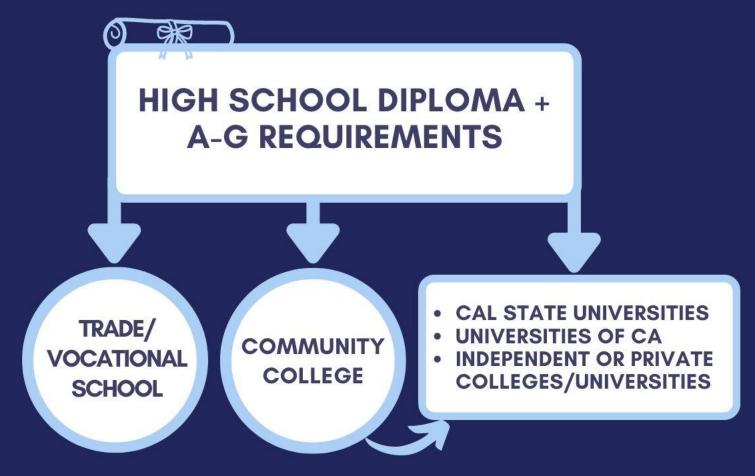
#### Finish Health, Visual/Performing Arts, P.E., Etc.

#### **ROP Courses**

Students can see Mr. Hernandez in the College/Career Center for ROP sign up.

### **Educational Options After Graduation**





# Reasons to Attend Community College



\$1,246 per year for tuition FREE two years for CA residents (CA Promise Program)





TAG (Transfer Admission Guarantee): 6/9 UC schools participate & 64-67% of transfers come from community college TAP (Transfer Alliance Program): UCLA



IVC Honors Program: 3.25 unweighted academic GPA required





#### **Transfer Admission Guarantee (TAG)**

#### **Average GPA of Students Admitted to UC System (Non-Selective Majors)**

	High School Middle 25-75%	Community College Middle 25-75%	TAG Program?	TAG GPA
UC Berkeley	4.15 - 4.29	3.65-3.95		N/A
UC Davis	4.03 - 4.27	3.47-3.88	✓	3.2 - 3.5
UC Irvine	4.07 - 4.28	3.62-3.83	✓	3.4
UC Los Angeles	4.20 - 4.31	3.80-4.00		N/A
UC Merced	3.48 - 4.08	3.11-3.69	✓	2.8 - 3.0
UC Riverside	3.76 - 4.18	3.11-3.73	✓	2.7 - 3.6
UC San Diego	4.11 - 4.29	3.48-3.91		N/A
UC Santa Barbara	4.13 - 4.29	3.55-3.91	✓	3.4
UC Santa Cruz	3.86 - 4.22	3.12-3.76	<b>✓</b>	3.0

## **CSU Overview**

- 23 campuses
- 2.5 GPA minimum needed to apply
  - 2.4 2.0 may be considered for admission based upon supplemental factors (including household income, GPA in math/science, etc.)
- SAT/ACT scores <u>not</u> considered for admission
- Campus impaction
  - More selective admission criteria
  - 3 categories: non-impacted, some majors impacted, impacted in all majors

#### Campuses not impacted (23-24)

- Bakersfield
- Channel Islands
- Dominguez Hills
- Humboldt
- Stanislaus



# **UC Application**

- Nine campuses, one application
  - https://apply.universityofcalifornia.edu/my-application/login
  - Application opens: August 1st
  - Filing period: October 1st -November 30th
  - O Due: November 30th
- Do not send any official test scores or transcripts
  - Students self-report grades and scores, and submit official information only to the UC you will attend
  - SAT/ACT scores NOT considered for admission
- No letters of recommendation accepted/required



## UC Admissions

#### Factors for Comprehensive Review:

- Academic GPA in A-G Course Completion (3.0 Minimum)
- Quality of Courses
- Honors & AP Courses
- ELC: Top 9% of Graduating Class
- Senior Year Courses
- Quality of Academic Performance
- Outstanding Academic Performance
- Outstanding Academic Accomplishments
- Improvement
- Special Talents, Achievements, Awards
- Special Projects
- Overcoming Special Circumstance
- Location



# **Private Colleges**

#### What to Consider When Applying

- Private colleges can offer generous financial aid packages
- Every school has different requirements
  - Research requirements for colleges you're interested in
- Most schools accept the Common Application
  - www.commonapp.org
- Teacher and counselor recommendations
  - Check specific school websites for requirements
  - Counselor Recommendation Packet on Canvas, if required

## Out of State Schools

Merit/need-based scholarships can offset out of state fees.

Pay reduced tuition and fees through Western Undergraduate Exchange (WUE).

#### **Participating States**

- Montana
- Nevada

- Alaska New Mexico
- ArizonaNorth Dakota
  - Colorado Oregon
  - Hawai'i South Dakota
    - Idaho Utah
      - Washington
      - Wyoming

For more information, please visit www.wiche.edu/wue.

# Standardized Testing

### SAT/ACT Testing

- CSU: Test Blind
- UC: Test Blind
- Private Schools: Most are test optional. Check specific school websites for the most current information
  - For example, MIT, Georgetown and Purdue are still requiring standardized test scores

## What does it mean to apply broadly?

Safety Schools

Target Schools Reach Schools

#### Reference the Senior Survey/Naviance

\*Please be cautious in drawing conclusions from this information. The numbers are useful only as a general guide to selectivity and not as a predictor of your chances for admission to a particular campus.

# Naviance for College Planning

Program to help with and college and career planning

- This tool includes:
  - Career Inventories
  - College search engine
    - Super Match
  - Admissions Data



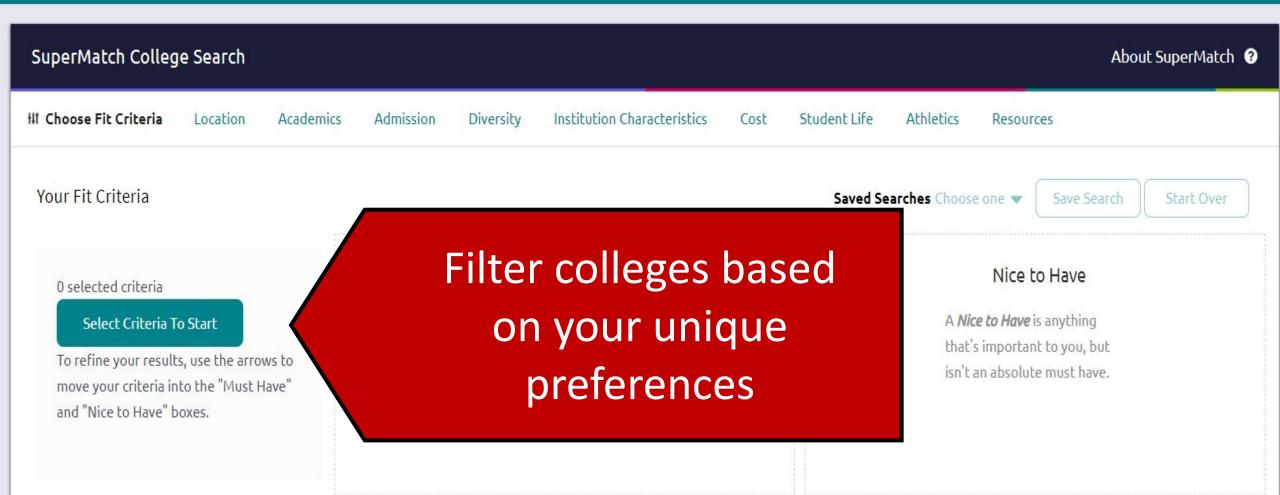
**Identifying Target Schools** 

#### Naviance – Super Match

- Location
- Major/Minors
- GPA and SAT or ACT (if applicable)
- Cost
- Size
- Special Programs
- Reach vs. Realistic



#### Naviance | Student



No Results Yet



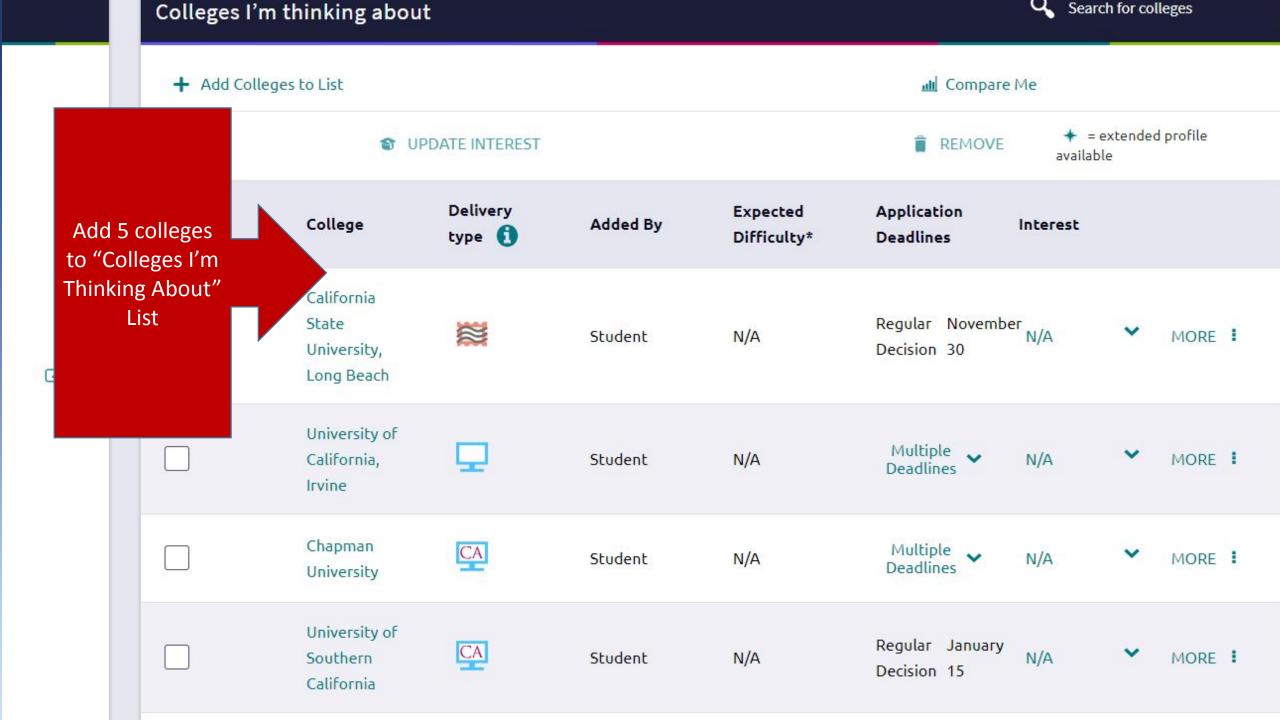












# Meet the College & Career Support Staff



Coordinator







# College & Career Center

# College & Career

#### Welcome to the UHS College & Career Center!

Felicia Rohrer Ng, College & Career Coordinator (<u>feliciang@iusd.org</u>)

Jose Hernandez, ROP Career Specialist (<u>josehernandez2@iusd.org</u>)





Look for announcements on CCC Canvas Page

# College & Career Center

- Career Fair (March 27 @ lunch)
- Work Permits
- Summer Opportunities (<u>IUSD Internship</u> Feb. 16 deadline)
- Resumes & Interviewing
- Community Service
- College Visits & Applications
- Workshops
- Standardized Test Information
- Fee Waivers
- Scholarships & Financial Aid
- Program Nominations



## What is Financial Aid?

- New FAFSA form this year
- Gift aid
  - Scholarships
  - Grants
- Self-help aid
  - Loans
  - Employment opportunities
- College and Career Center
  - Check out <u>scholarship links</u>



# Coastline Regional Occupational Program(ROP)

- Fall 2024 Registration March 11-15
- Summer 2024 Registration held in April-Dates TBD
- UC/CSU Transferable courses "G"
- Community College Articulations
- After-bell CTE provider











Contact Jose Hernandez: josehernandez2@iusd.org

### **Personal and Social Resources**

The following support is available on campus for all students



#### **School Counselors**

\*See alpha breakdown\*

Provide mental health and wellness, academic, and college and career support for all students



#### **Project Success Support Specialist**

Anela Rhodeman

Provides small group support to build resiliency skills



#### **Mental Health Specialists**

Dr. Tohidian and Mrs. Butler

Collaborate with school counselors to provide additional mental health support, crisis response services, and resource linkages to students and families

## Personal and Social Resources









### IUSD Family Counseling Center

- Short-term evidence-based mental health services for students and families
- Group counseling
- Psycho-educational workshops
- Referrals to community agencies and other programs

#### The Well Space

- Room 218
- Open to students before school, snack, office hours, lunch and for short periods of decompression time during class

#### Suicide and Crisis Lifeline: 988

- Available 24 hours
- Free and confidential support for people in distress
- Prevention and crisis resources for you or your loved ones

#### Say Something

**Anonymous Reporting System** 

- Available 24 hours
- Submit secure and anonymous safety concerns
- Help identify and intervene upon at-risk individuals before they hurt themselves or others

# Ways Parents Can Support Students







Develop strong coping skills



#### **Point Out Resiliency**

Remember past and lessons learned



#### **Encourage Self-Care**

- Getting an appropriate amount of sleep
- Eating a balanced diet
- Participating in hobbies & leisure activities



# Things to Remember

- Focus on what pertains most to your student and the rest will fall into place
  - We are here to help!
- There is not a singular path to success upon graduation
  - There is a school out there that will be just right for your student
  - Be open to those possibilities

# How to Contact Your Student's School Counselor



Send us an email



Call us on the phone



Schedule an appointment to meet via Zoom



Schedule an appointment to meet in person



# Stay Informed



Check your students' graduation year class Canvas page



Follow us on Instagram @unicounselors



Visit universityhigh.iusd.org/counseling



**Access Naviance** 



Make sure your email address is updated in Aeries!