



Junior Parent Coffee

Class of 2025



MR. SCHOCH
A - Cor



MS. ADDESSI
Cos - Hom



MS. DEAN
Hon - Lim



Meet the Counselors



MRS. CHUNG
Lin - Pay



MRS. STRAUSHEIM
Ped - Tan



MRS. ADAMS
Tang - Z

Today's Agenda



Graduation & A-G Requirements



Post-High School Options



College Admissions Overview



Naviance: Creating a Balanced College List



Personal/Social Resources

High School Diploma vs. “A-G” Requirements

<i>CONTENT AREA</i>	<u>HS DIPLOMA REQUIREMENTS</u>	<u>A-G REQUIREMENTS</u> (UC/CSU eligibility)
Grade Requirement	D- or higher	C- or higher
English	4 years	4 years
Mathematics	2 years Must include Math 1	3 years required, (4 years recommended) <i>Requires successful completion of Math 3</i>
Science	2 years	2 years required, 3 recommended <i>1 year physical and</i> <i>1 year biological science</i>
Social Science World History US History Economics Political Science	3 years (1 year) (1 year) (1 semester) (1 semester)	2 years (1 year) (1 year)
World Language/Fine Arts/CTE	1 year	2 years World Language (3 years recommended) <u>AND</u> 1 year Visual/Performing Arts
Physical Education	2 years	
Health	1 semester	
Electives	70 additional credits = 215 credits total	<i>1 year from approved a-g course list</i>

Junior Meetings and Next Steps

Next Steps for Students

- Junior Meetings take place during March 2024
- Senior Meetings take place during September 2024

Senior Year Scheduling

- Seniors must be enrolled in at least five academic courses.
- It is important for your student to challenge themselves. However, balance is key.

Finish Health, Visual/Performing Arts, P.E., Etc.

ROP Courses

- Students can see Mr. Hernandez in the College/Career Center for ROP sign up.

Educational Options After Graduation



HIGH SCHOOL DIPLOMA



COMMUNITY COLLEGE

**TRADE/
VOCATIONAL
SCHOOL**



- CAL STATE UNIVERSITIES
- UNIVERSITIES OF CA
- INDEPENDENT OR PRIVATE COLLEGES/UNIVERSITIES



**HIGH SCHOOL DIPLOMA +
A-G REQUIREMENTS**



**TRADE/
VOCATIONAL
SCHOOL**

COMMUNITY COLLEGE

- CAL STATE UNIVERSITIES
- UNIVERSITIES OF CA
- INDEPENDENT OR PRIVATE COLLEGES/UNIVERSITIES



Reasons to Attend Community College



AFFORDABILITY

\$1,246 per year for tuition
FREE two years for CA residents
(CA Promise Program)



ACADEMIC FLEXIBILITY



PERSONALIZED ATTENTION

IVC Honors Program: 3.25
unweighted academic GPA
required



TRANSFER AGREEMENTS

TAG (Transfer Admission Guarantee):
6/9 UC schools participate & 64-67% of
transfers come from community college
TAP (Transfer Alliance Program): UCLA



SCHOOL/LIFE BALANCE



UNDECIDED ON MAJOR

Transfer Admission Guarantee (TAG)

Average GPA of Students Admitted to UC System (Non-Selective Majors)

	High School <i>Middle 25-75%</i>	Community College <i>Middle 25-75%</i>	TAG Program?	TAG GPA
UC Berkeley	4.15 - 4.29	3.65-3.95		N/A
UC Davis	4.03 - 4.27	3.47-3.88	✓	3.2 - 3.5
UC Irvine	4.07 - 4.28	3.62-3.83	✓	3.4
UC Los Angeles	4.20 - 4.31	3.80-4.00		N/A
UC Merced	3.48 - 4.08	3.11-3.69	✓	2.8 - 3.0
UC Riverside	3.76 - 4.18	3.11-3.73	✓	2.7 - 3.6
UC San Diego	4.11 - 4.29	3.48-3.91		N/A
UC Santa Barbara	4.13 - 4.29	3.55-3.91	✓	3.4
UC Santa Cruz	3.86 - 4.22	3.12-3.76	✓	3.0

CSU Overview

- 23 campuses
- 2.5 GPA minimum needed to apply
 - 2.4 - 2.0 may be considered for admission based upon supplemental factors (including household income, GPA in math/science, etc.)
- SAT/ACT scores not considered for admission
- Campus impactation
 - More selective admission criteria
 - 3 categories: non-impacted, some majors impacted, impacted in all majors

Campuses not impacted (23-24)

- Bakersfield
- Channel Islands
- Dominguez Hills
- Humboldt
- Stanislaus



UC Application

- Nine campuses, one application
 - <https://apply.universityofcalifornia.edu/my-application/login>
 - Application opens: August 1st
 - Filing period: October 1st -November 30th
 - Due: November 30th
- Do not send any official test scores or transcripts
 - Students self-report grades and scores, and submit official information only to the UC you will attend
 - SAT/ACT scores NOT considered for admission
- No letters of recommendation accepted/required



UC Admissions

Factors for Comprehensive Review:

- Academic GPA in A-G Course Completion (3.0 Minimum)
- Quality of Courses
- Honors & AP Courses
- ELC: Top 9% of Graduating Class
- Senior Year Courses
- Quality of Academic Performance
- Outstanding Academic Performance
- Outstanding Academic Accomplishments
- Improvement
- Special Talents, Achievements, Awards
- Special Projects
- Overcoming Special Circumstance
- Location



Private Colleges

What to Consider When Applying

- Private colleges can offer generous financial aid packages
- Every school has different requirements
 - Research requirements for colleges you're interested in
- Most schools accept the Common Application
 - www.commonapp.org
- Teacher and counselor recommendations
 - Check specific school websites for requirements
 - Counselor Recommendation Packet on Canvas, if required

Out of State Schools

Merit/need-based scholarships can offset out of state fees.

Pay reduced tuition and fees through Western Undergraduate Exchange (WUE).

Participating States

- Alaska
- Arizona
- Colorado
- Hawai'i
- Idaho
- Montana
- Nevada
- New Mexico
- North Dakota
- Oregon
- South Dakota
- Utah
- Washington
- Wyoming

For more information, please visit www.wiche.edu/wue.

Standardized Testing

SAT/ACT Testing

- CSU: Test Blind
- UC: Test Blind
- Private Schools: Most are test optional. Check specific school websites for the most current information
 - For example, MIT, Georgetown and Purdue are still requiring standardized test scores

What does it mean to apply broadly?

Safety
Schools

Target
Schools

Reach
Schools

Reference the Senior Survey/Naviance

*Please be cautious in drawing conclusions from this information. The numbers are useful only as a general guide to selectivity and not as a predictor of your chances for admission to a particular campus.

Naviance for College Planning

Program to help with and college and career planning

- This tool includes:
 - Career Inventories
 - College search engine
 - Super Match
 - Admissions Data



NAVIANCE

+ BY POWERSCHOOL

Identifying Target Schools

Naviance – Super Match

- Location
- Major/Minors
- GPA and SAT or ACT (if applicable)
- Cost
- Size
- Special Programs
- Reach vs. Realistic



SuperMatch College Search

About SuperMatch ?

☰ Choose Fit Criteria Location Academics Admission Diversity Institution Characteristics Cost Student Life Athletics Resources

Your Fit Criteria

Saved Searches Choose one ▼

Save Search

Start Over

0 selected criteria

Select Criteria To Start

To refine your results, use the arrows to move your criteria into the "Must Have" and "Nice to Have" boxes.

Filter colleges based on your unique preferences

Nice to Have

A *Nice to Have* is anything that's important to you, but isn't an absolute must have.

No Results Yet



Search by College Name

0

PINNED ▼

INTERESTED IN YOU

2

THINKING ABOUT

0

APPLYING TO

0

MORE !

+ Add Colleges to List

Compare Me

UPDATE INTEREST

REMOVE

* = extended profile available

Add 5 colleges to "Colleges I'm Thinking About" List



	College	Delivery type	Added By	Expected Difficulty*	Application Deadlines	Interest		
	California State University, Long Beach		Student	N/A	Regular Decision November 30	N/A	▼	MORE ⋮
<input type="checkbox"/>	University of California, Irvine		Student	N/A	Multiple Deadlines ▼	N/A	▼	MORE ⋮
<input type="checkbox"/>	Chapman University		Student	N/A	Multiple Deadlines ▼	N/A	▼	MORE ⋮
<input type="checkbox"/>	University of Southern California		Student	N/A	Regular Decision January 15	N/A	▼	MORE ⋮

Meet the College & Career Support Staff



Mrs. Rohrer Ng
College & Career
Coordinator



Mr. Hernandez
ROP Specialist



College & Career Center



Welcome to the UHS College & Career Center!

Felicia Rohrer Ng, College & Career Coordinator (feliciang@iusd.org)

Jose Hernandez, ROP Career Specialist (josehernandez2@iusd.org)

RECENT FLYERS

Career Exploration Experience

About Us
The CEO Leadership Alliance Orange County represents CEOs from prominent Orange County companies who are working together to build a thriving OC for all.

Why Participate?
During this experience, you will:

- Learn about careers at local companies
- Develop your technical and professional skills
- Invest in building your social capital

Schedule
6/10/24-7/18/24

- Bootcamp
- Training
- Micro-Internship

Current Juniors 16+ are eligible to apply!

Spots are limited! Apply by February 16, 2024

Career Paths

- Business & Finance
- Engineering & Design
- Fleet or Facilities Maintenance
- Healthcare and/or Medical Devices
- Information Technology
- Marketing (Including

COLLEGE RESOURCES

 UHS College Visits	 IVC	 2 & 4 Year Colleges
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SCHOLARSHIPS AND FINANCIAL AID

 UHS Program Nominations	 Scholarships	 Financial Aid
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TESTING

 UHS AP Website	 SAT	 ACT
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Look for announcements on [CCC Canvas Page](#)

College & Career Center

- Career Fair (March 27 @ lunch)
- Work Permits
- Summer Opportunities ([IUSD Internship](#) Feb. 16 deadline)
- Resumes & Interviewing
- Community Service
- College Visits & Applications
- Workshops
- Standardized Test Information
- Fee Waivers
- Scholarships & Financial Aid
- Program Nominations



What is Financial Aid?

- New FAFSA form this year
- Gift aid
 - Scholarships
 - Grants
- Self-help aid
 - Loans
 - Employment opportunities
- College and Career Center
 - Check out [scholarship links](#)



Personal and Social Resources

The following support is available on campus for all students



School Counselors

See alpha breakdown

Provide mental health and wellness, academic, and college and career support for all students



Project Success Support Specialist

Anela Rhodeman

Provides small group support to build resiliency skills



Mental Health Specialists

Dr. Tohidian and Mrs. Butler

Collaborate with school counselors to provide additional mental health support, crisis response services, and resource linkages to students and families

Personal and Social Resources



IUSD Family Counseling Center

- Short-term evidence-based mental health services for students and families
- Group counseling
- Psycho-educational workshops
- Referrals to community agencies and other programs

The Well Space

- Room 218
- Open to students before school, snack, office hours, lunch and for short periods of decompression time during class

Suicide and Crisis Lifeline: 988

- Available 24 hours
- Free and confidential support for people in distress
- Prevention and crisis resources for you or your loved ones

Say Something

Anonymous Reporting System

- Available 24 hours
- Submit secure and anonymous safety concerns
- Help identify and intervene upon at-risk individuals before they hurt themselves or others

Ways Parents Can Support Students



Encourage Balance



Praise Effort & Hard Work



Help Them Recognize Things Beyond Their Control

Develop strong coping skills



Point Out Resiliency

Remember past and lessons learned



Encourage Self-Care

- Getting an appropriate amount of sleep
- Eating a balanced diet
- Participating in hobbies & leisure activities



Help Them Make a Plan & Seek Support

Things to Remember

- Focus on what pertains most to your student and the rest will fall into place
 - We are here to help!
- There is not a singular path to success upon graduation
 - There is a school out there that will be just right for your student
 - Be open to those possibilities

How to Contact Your Student's School Counselor



Send us an email



Call us on the phone



Schedule an appointment to meet via Zoom



Schedule an appointment to meet in person



Stay Informed



Check your students' graduation year class Canvas page



Follow us on Instagram @unicounselors



Visit universityhigh.iusd.org/counseling



Access Naviance



Make sure your email address is updated in Aeries!