



# University High School Freshman Spring Parent Coffee 2024-25

UHS Website: [www.universityhigh.iusd.org](http://www.universityhigh.iusd.org)

UHS Counseling Website: [www.universityhigh.iusd.org/counseling](http://www.universityhigh.iusd.org/counseling)

## Important Contact Information

<u>Last Name</u>	<u>School Counselor</u>	<u>Phone</u>	<u>Email</u>
A-Col	Mr. Schoch	949-936-7614	nateschoch@iusd.org
Com-Hsu	Ms. Addressi	949-936-7623	hannaaddressi@iusd.org
Hu-Lop	Ms. Dean	949-936-7753	shannondean@iusd.org
Lor-Pie	Mrs. Chung	949-936-7613	joycechung@iusd.org
Pil-Tha	Mrs. Strausheim	949-936-7746	angeliquestrausheim@iusd.org
The-Z	Mrs. Adams	949-936-7623	jamieadams@iusd.org

<u>Last Name</u>	<u>Administrator</u>	<u>Phone</u>	<u>Email</u>
A- H	Matthew Pate	949-936-7608	matthewpate@iusd.org
I - P	Lori Smock	949-936-7607	lorismock@iusd.org
Q - Z	Kris Kough	949-936-7606	kriskough@iusd.org

<u>Other Support Staff</u>		
Attendance Clerk: Stephanie Tang	949-936-7603	stephanietang@iusd.org
Counseling Secretary: Monica Moran	949-936-7621	monicamoran@iusd.org
Records Clerk: Lennette Buckland	949-936-7630	lennettebuckland@iusd.org
College & Career Coordinator: Felicia Ng	949-936-7632	feliciang@iusd.org
ROP Specialist: Jose Hernandez	949-936-7633	josehernandez2@iusd.org
Canvas Support: Dominic Fratantaro	949-936-7615	dominicfratantaro@iusd.org

### **PERSONAL AND SOCIAL RESOURCES**

**School Counselors:** Provide personal-social, academic, and college and career support for all students. Please see alpha breakdown for your student's assigned counselor.

**Mental Health Specialist:** Provides additional mental health support, crisis response services, and resource linkages to students and families. Our Mental Health Specialist is **Dr. Nilou Tohidian (niloutohidian@iusd.org, 949-936-8520)**

**Project Success:** Facilitates small groups to build resiliency skills. Students learn how to make healthier, more positive choices. Our Project Success Support Specialist is **Matthew Castillo**

**IUSD Family Counseling Center:** For referrals contact Christine Guerrero at 949-936-8775

**Crisis Hotlines:** 1-800-273-TALK or text HOME to 74174; National Hotline 988

### **UHS SUPPORT RESOURCES**

**Office Hours:** Office Hours are Tuesday-Thursday from 9:55-10:35 and Friday from 10:10-10:35. All students are expected to be on campus for office hours. This includes students with an open 1st or 2nd period. Students should sign up through 5 Star for office hours with one of their assigned teachers as attendance is taken. Students should spend time in the classes in which they need additional help or clarification. For ease with check-in, your student should bring their student ID.

**After-School Peer Tutoring:** Monday-Friday after school in the library from 2:15pm - 4:15pm, no prior registration required.

**Free Online Tutoring:** Paper.co is a free tutoring service for all students to use in IUSD. They log in using their school username and password. This service is with a live credentialed teacher and for any, and all, subjects, including essay/writing review.

**Academy:** This after-school program is offered for students in need of additional support with organizing, tracking and completing their school work. Although this program is optional, once signed-up students are expected to attend regularly or they will be dropped to accommodate other students interested in the program. Speak to your Counselor to sign up.

**Parent Portal: Report Cards will NOT be mailed home.** All parents should have an online MyIUSD Parent Portal account to check attendance and grades. Progress Reports, Quarter grade reports, and Semester grade reports will be posted on Parent Portal for parents' viewing. Teachers are only required to report Progress Reports for students with C- and below.

**California Colleges:** An online college and career resource program for students and parents. We utilize this tool for college and career planning, classroom guidance activities, and as a helpful informational and interactive resource for families.

### **Important Dates for Freshman and Parents Second Semester**

**3/31 - 4/4** Spring Break

**4/28** Summer school registration (health)

**4/14** Freshman course selection

**5/20** Grade 9-11 Awards Night

**6/3 - 6/6** Finals week

### **Course Selection for Grade 10**

- 1. English 2 (CP or Honors)**
- 2. US History (CP or AP)**
- 3. Chemistry (CP or Honors)**

4. **Math (depends on student's individual level)**
5. **World Language or Visual/Performing Art or other elective**
6. **PE (Sports/Band/Dance)**
7. **Optional Open Elective**

**Honors Science and Enhanced Math** placement depends on grades and teacher recommendation

**Honors English** depends on performance in previous English class and teacher recommendation

**AP US History** placement depends on grades in previous history course and teacher recommendation

The schedule allows for a 7-period day if a student enrolls in an "open elective" course (Adv. Theater Production\*, UHS Choir, Canta Bella\*, Madrigals\*, UNison Choir, Pop/Rock Acapella Choir\*, Drama, Technical Theater, Musical Wheel, Intro to Musical Theater, Musical Theater Performance, Broadway Bound, Song Writing, Improvisation, Orchestra, Band, Marching Band, Color Guard, ASB\*, Journalism & Adv. Journalism, Photojournalism, Video Production, Advanced Video Production\*, Music Technology, Dance, Guitar Studio, Art Studio, Art of Fashion, Ceramics, Printmaking, Graphic Design, Visual Imagery) (\*with teacher permission only)

**Please note that enrollment in a 7 period day is not guaranteed. --- BALANCE IS KEY**

### Summer School

**Duration: June 16 - July 25**

#### **How do I know if my student needs summer school?**

If your student received a D or F in a class first semester, or is in danger of receiving a D or F in a class second semester, your student's counselor will be entering recommended courses in Aeries. You will be contacted to log in to Aeries to confirm or make adjustments to course selections. Please keep in mind that recommendations are based on fall semester grades and 3rd quarter grades, which are not final.

#### **What are some appropriate classes for my 9<sup>th</sup> grader to take?**

It is possible for your student to take Health over summer, but it is not necessary. Your student will have room to fit this graduation requirement in their schedule during the regular school year. There are no other options in terms of electives. The remainder of summer school offerings are for remediation purposes. Please refer to the summer school course catalog for details.

#### **How do I register my student for summer school?**

Registration information was shared by the school district via email. That email contained the summer course catalog and the link to register. Summer school information can also be found on the IUSD website. Registration for health will take place on April 28 from 4 - 6pm at Creekside Education Center. The form included in the summer school catalog will be needed on the registration date listed above.