

University High School 8th Grade Parent Coffee 2026

UHS Website: <http://www.universityhigh.iusd.org>

*Please check the **Counseling Webpage** and the
College and Career Planning Webpage

<u>School Counselor</u>	<u>Phone</u>	<u>Email</u>
Mr. Schoch	949-936-7614	nateschoch@iusd.org
Ms. Addressi	949-936-7634	hannaaddressi@iusd.org
Ms. Dean	949-936-7753	shannondean@iusd.org
Mrs. Ramirez	949-936-7623	ciararamirez@iusd.org
Mrs. Strausheim*	949-936-7746	angeliquestrausheim@iusd.org
Mrs. Chung	949-936-7613	joycechung@iusd.org

*Department chair

<u>Administrator</u>	<u>Phone</u>	<u>Email</u>
Michael Georgino (Principal)	949-936-7602	michaelgeorgino@iusd.org
Matt Pate (AP)	949-936-7608	matthewpate@iusd.org
Lori Smock (AP)	949-936-7607	lorismock@iusd.org
Kris Kough (AP)	949-936-7606	kriskough@iusd.org

Other Important Contacts

Activities	Dawn Jan (ID cards, purchases)	949-936-7785	dawnjan@iusd.org
Athletic Directors	Tom Shrake Martin Stibolt	949-936-7766 949-936-7792	tomshrake@iusd.org martinstibolt@iusd.org
Athletic Clerk	Joy Liberty	949-936-7784	joyliberty@iusd.org
Attendance Clerk	Stephanie Tang	949-936-7601	stephanietang@iusd.org
College & Career Center Coordinator	Felicia Rohrer Ng	949-936-7632	feliciarohrerng@iusd.org
Counseling Clerk	Monica Moran	949-936-7621	monicamoran@iusd.org
Library	Renee Parsons	949-936-7715	reeneparsons@iusd.org
Registrar	Lennette Buckland	949-936-7630	lennettebuckland@iusd.org

Athletic Information

First Semester		Second Semester	
1st Quarter (Aug-Nov)	2nd Quarter (Nov-Jan)	3rd Quarter (Feb-April)	4th Quarter (April-June)
Fall Sports (Aug- Nov)		Winter Sports (Nov- Feb)	Spring Sports (Feb- May)
Boys & Girls Cross Country		Boys & Girls Basketball	Boys Baseball
Football		Boys and Girls Soccer	Boys Golf
Girls Tennis		Girls Water Polo	Boys & Girls Lacrosse
Girls Volleyball		Wrestling	Girls Softball
Boys Water Polo			Boys & Girls Swimming
Girls Golf			Boys Tennis
Girls Flag Football			Boys & Girls Track & Field
			Boys Volleyball

What does my student need to do to attend Summer Camp?

1. Visit <https://universityhigh.iusd.org/athletics/summer-athletic-camps> and view the Summer Camp Brochure.
2. Follow the instructions on the brochure for camp registration.
3. Complete a physical exam **AFTER May 15, 2026** using the [IUSD Physical Form](#). **Physical dated before May 15th, 2026 will not be accepted.**
4. Set up an online clearance account at <https://www.homecampus.com/login> for *University (CIF-SS), 2026-2027* **AFTER MAY 15th**
5. Upload the signed Confirmation Message, IUSD Physical Form, and proof of insurance to your student's account. Please read directions [HERE](#) under Athletic Clearance.
6. Email joyliberty@iusd.org when all athletic clearance steps are complete and the forms have been uploaded.
7. Please keep in mind, coaches are prohibited from having contact with incoming freshmen and their parents prior to May 1st. Before this date, please direct summer camp questions to joyliberty@iusd.org. After this date, contact the coach directly using the coaching directory found on the [Athletics Home page](#).

Does my student have to attend summer camp to make the team?

No, but it is *beneficial* to attend summer camp for several reasons:

1. Summer Camp is a way for the student to meet peers with similar interests which helps the transition to high school.
2. Summer Camp is a chance to assess and improve on skills which can improve your student's chances of making the team.

When are tryouts? Most tryouts are held in the quarter before the season begins. For fall sports, tryouts may be in the summer before school begins and also the first week of school. For Winter sports, tryouts will be sometime in the 1st quarter. For spring sports, most tryouts will be in the 2nd quarter. Tryout dates will be announced in the weekly bulletins, posted on instagram @uhs.sports, posted on the Athletics Home page at <https://universityhigh.iusd.org/athletics> under the heading "UPCOMING TRYOUTS" and on the white board in the Athletic Office. Students must be athletically cleared through the Athletics Office two days before a tryout.

Can my student participate in more than one sport? What will he/she do for the other quarters?

Yes, students can participate in 1, 2 or 3 sports (one in each season) once they complete the paperwork and make the team. Most sports have an offseason held during period 7. Athletes in sports that do not have an off-season may start in COED PE before their season, or go into Off-Season Sports (OSS) class after the conclusion of their season (depending on the season of their sport).

Can my student participate in Marching Band and a sport? What about Orchestra and a sport? Yes. Students can take Marching Band and a winter or a spring sport. Students cannot participate in Marching Band and a fall sport, as they will conflict. Students can participate in Orchestra and a sport as all the Orchestra classes are during the day.

****Any questions regarding Athletics please explore the Athletics Home page (<https://universityhigh.iusd.org/athletics>). If you are unable to find an answer there, contact the Athletic Secretary Joy Liberty joyliberty@iusd.org.**